



JASA MECHLER HALL OLDER ADULT CENTER
2158 Watson Avenue Bronx, NY 10472
June 2022 ACTIVITIES



Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">Call to reserve your meal a week in advance 718-892-1396</p>	<p align="center">Lunch Contribution \$1.50</p> <p align="center">Lunch is from 12:00pm - 1:00pm</p>	<p align="center">1. CENTER CLOSED</p>	<p align="center">2. 10:00 Tech Class - In Person 11:00 Zumba- In-Person 12:00 Congregate Lunch 1:00 Discussion Group - In Person</p>	<p align="center">3. 10:00 Tech Class- Hybrid 11:00 Zumba - In Person 12:00 Congregate Lunch 1:00 Coloring For Relaxation - In Person</p>
<p align="center">6. CENTER CLOSED</p>	<p align="center">7. CENTER CLOSED</p>	<p align="center">8. CENTER CLOSED</p>	<p align="center">9. 10:00 Pride Awareness Discussion - In Person 11:00 Zumba- In-Person 12:00 Congregate Lunch 1:00 Discussion Group - In Person</p>	<p align="center">10. 10:00 Tech Class- Hybrid 11:00 Zumba - In Person 12:00 Congregate Lunch 1:00 Coloring For Relaxation - In Person</p>
<p align="center">13. CENTER CLOSED</p>	<p align="center">14 CENTER CLOSED</p>	<p align="center">15. CENTER CLOSED</p>	<p align="center">16. 10:00 Tech Class - In Person 11:00 Zumba- In-Person 12:00 Congregate Lunch 1:00 Discussion Group - In Person</p>	<p align="center">17. 10:00 Tech Class- Hybrid 11:00 Zumba - In Person 12:00 Congregate Lunch 1:00 Coloring For Relaxation - In Person</p>
<p align="center">20. CENTER CLOSED</p>	<p align="center">21. CENTER CLOSED</p>	<p align="center">22. CENTER CLOSED</p>	<p align="center">23. 10:00 Tech Class - In Person 11:00 Zumba- In-Person 12:00 Congregate Lunch 1:00 Discussion Group - In Person</p>	<p align="center">24. 10:00 Tech Class- Hybrid 11:00 Zumba - In Person 12:00 Congregate Lunch 1:00 Coloring For Relaxation - In Person</p>
<p align="center">27. CENTER CLOSED</p>	<p align="center">28 CENTER CLOSED</p>	<p align="center">29. CENTER CLOSED</p>	<p align="center">30. 10:00 Tech Class - In Person 11:00 Zumba- In-Person 12:00 Congregate Lunch 1:00 Discussion Group - In Person</p>	<p align="center">JASA MECHLER HALL OLDER ADULT CENTER</p> <p align="center">Director: Michelle Parchment Email: mparchment@jasa.org PHONE : 718-892-1396 ADDRESS: 2158 Watson Avenue Bronx NY 10472</p>



JASA Mechler Hall Older Adult Center
2158 Watson Avenue Bronx, NY 10472



JUNE 2022 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1. CENTER CLOSED	2. Banana Stewed Codfish w/ Eggplant Barley Steamed Green Beans Whole Wheat Bread	3. Orange Arroz con Pollo (Chicken w/ Rice) Broccoli w/ Toasted Garlic Whole Wheat Bread
6. CENTER CLOSED	7. CENTER CLOSED	8. CENTER CLOSED	9. Orange Spanish Style Beef Stew Baked Red Potato Wedges Roasted Zucchini	10. Pear Coconut Bread Tilapia Quinoa Sautéed Spinach
13. CENTER CLOSED	14. CENTER CLOSED	15 CENTER CLOSED	16. Banana Stewed Codfish Steamed Spinach Yucca	17. Father's Day Lunch Cupcake Steak w. mushroom sauce Macaroni Salad Corn on the Cob
20. CENTER CLOSED	21. CENTER CLOSED	22. CENTER CLOSED	23. Banana Fish w/ Fresh Salsa Relish Baked Mac & Cheese Normandy Blend	24. Kiwi Curried Chicken Legs Brown Rice w/ Pigeon Peas Okra
27. CENTER CLOSED	28. CENTER CLOSED	29. CENTER CLOSED	30. Banana Baked Chicken Couscous Italian Blend Vegetables	JASA MECHLER HALL OLDER ADULT CENTER Director: Michelle Parchment Email: mparchment@jasa.org PHONE : 718-892-1396 ADDRESS: 2158 Watson Avenue Bronx NY 10472



JASA MECHLER HALL OLDER ADULT CENTER

Director: MICHELLE PARCHMENT - Email: mparchment@jasa.org

PHONE NUMBER: 718- 892- 1396

ADDRESS 2158 Watson Avenue Bronx NY 10472

Hours: Monday through Friday 8am- 2pm

