



NOVEMBER

Van Cortlandt Senior Center

MONDAY

2PM-3PM

Chinese Calligraphy w/Wei Tang

Meets on Mondays: 11/2, 11/9, 11/16, 11/30.

On Mon. November 16, 2020, 4PM: Thanksgiving Solo Piano Concert by Isaac ben Ayala, pianist/composer.

Mon. Nov. 23rd, Mini-Thanksgiving Concert by JASA Van Cortlandt virtual Chorus at 3:00 PM.

Tuesday

11AM-12PM: Guided Tour of Highlights of Derfner Judaica Museum + The Art Collection

Pre-register with swolfe@jasa.org by 11/5.

2PM-3PM

Upper Body Aerobics w/Judy Farnum

WEDNESDAY

11AM-12PM

Elder Abuse Prevention by J. Laguerra, Neighborhood Shopp on Nov. 17th. Pre-register by 11/15 with c. taveras@jasa.org for zoom information.

3PM-4PM

Flowing Yoga w/ Kathleen O'Hanlon

THURSDAY

1AM-11:45AM

Zumba Gold w/Maria Such

2PM-3PM

Virtual Chorus w/ Cheryl Warfield
Meets on Thursdays

5PM-6PM

Music and Memories w/Lauren Scales.

Meet twice a month on Thursdays.
Nov.5 & Nov.19

FRIDAY

Concerts in Motion:
Every Friday at 11:00 AM.

CONTACT

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MORE INFORMATION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out www.jasa.org/events/senior-center-virtual-events

