



MAY 2021

Van Cortlandt Senior Center

MONDAY

2:00PM-3:00PM
Chinese Calligraphy w/Wei Tang
Meets on Mondays.

TUESDAY

2:00PM-3:00PM
Upper Body Aerobics w/Judy
Farnum, May 4th.

2:00PM-3:00PM
New: Walk w/Ease & Travel on
Monday, May 11 & 25th..

4:30PM-5:30PM
New: Chinese Dance & Culture with
Ling Tang, Dancer & Educator.
Starts on May 4th.

WEDNESDAY

3:00PM-4:00PM
Flowing Yoga w/ Kathleen
O'Hanlon

Concert series:
Sigal Chen, soprano w/J. Dzik,
pianist on Wed.May 5th at 5:30PM.

Klezmer Concert by Debra
Kreisberg, clarinet and Ismail
Butera, accordion on May 12th at
5:30PM.

Solo Piano concert by Isacc Ben
Ayala. Theme: Big Band
Era/patriotic music on May 26th at
5:30PM

THURSDAY

11:00AM-12:00 PMM
New: Zumba Gold & Toning
w/Maria Such

1:00PM-2:30PM
Virtual Chorus w/ Cheryl Warfield
Meets on Mondays & Thursdays.

5:30PM-6:30PM
Music and Memories w/ new
instructor Sequoia Sellinger.
Meets twice a month on Thursday.
May 6th: - Lin Manuel-Miranda
May 20th- Pete Seeger

FRIDAY

New Pro Concerts from Concerts
in Motion:

Fridays at 12PM:
Spanish/Latin Music

Thursdays at 1 PM:
Klezmer/Jewish Music

CONTACT

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MORE INFORMATION

JASA offers numerous additional FREE virtual
classes through our other senior centers. Check out
www.jasa.org/events/senior-center-virtual-events

