SEPTEMBER

JASA Rockaway Park Senior Center

MONDAY

Zoom/ Tai-Chi/Falls Prevention with Joe
11:00 AM- 12:00 PM
Join Zoom Meeting
https://zoom.us/j/97843538023?pwd=QUYzZ1I4TlUxS014c2hNTDZBdXJCZz09
Meeting ID: 978 4353 8023
Passcode: 737852
Jasa Closed Monday September 7th Labor Day

Concerts in Motion
2:00 PM
Zoom:
https://us02web.zoom.us/j/426474125
Call 929-205-6099
Meeting ID 426 474 125

TUESDAY

Current Events with Ed Sommerfeld
12:30 PM-1:30PM
Join with Google Meet
https://meet.google.com/zue-hwng-rvp
Join by phone
413-489-4134
PIN # 485 134 762

Zoom/Yoga Dance with Christine
Tuesdays 11:00 AM- 12:00 PM
Join Zoom Meeting

https://zoom.us/j/98773651212?pwd=aW8xVUdqVHB2UVRJdjlmWjkzZzVMQT09

Meeting ID: 987 736 512 12
Password: 100731

Concerts in Motion
11:00 AM-12:00 PM
Zoom meeting, go to this link:

https://us02web.zoom.us/j/86991640881

Meeting ID: 869 916 408 81
Call in 646-558-8656

WEDNESDAY

Elder Abuse Lecture with Josh
Wednesday, September 9th @ 1:00 PM
Join Zoom Meeting
https://zoom.us/j/94804856684?pwd=ZTIraDBjNEdlN045MWRaTHEvNWwrUT09
Meeting ID: 948 0485 6684
Passcode: 103555

Nutritional Lecture with Stephanie
Wednesday, September 23rd @ 12:30 PM
Join Zoom Meeting
https://zoom.us/j/97866724413?pwd=djlxYllvRm5ZYzVJbGwzVjdkT1hBQT09
Meeting ID: 97866724413
Passcode: 869979

Dance Therapy with Lisa
10:30 AM-11:15 AM
https://zoom.us/j/93131744357?pwd=NUtlSFpQZm5IeGVPK3hNTHIwRjRkUT09
Meeting ID: 931 3174 4357
Passcode: 215186

Concerts in Motion
11:00 AM-12:00 PM
Zoom meeting, go to this link:
https://us02web.zoom.us/j/86991640881
Meeting ID: 869 916 408 81
Call in 646-558-8656

Uterine Cancer Presentation
Wednesday, September 9th
10:00 AM-11:00 AM
Join with Zoom
Meeting ID: 772 662 335
Or dial in 646-558-8656

Ovarian Cancer Presentation
Wednesday, September 23rd
10:00AM-11:00A
Join with Zoom
Meeting ID: 772 662 335
Or dial in 646-558-8656

THURSDAY

Zoom/Yoga with Christine
11:00 AM-12:00 PM
https://zoom.us/j/95324331717?pwd=WWwyeThlOVFsOTU4dkh2UkcrdXh6QT09
Meeting ID: 953 2433 1717
Passcode: 318692

FRIDAY

Latin Concert 12:00 PM

Dial in 929-205-6099
ID # 835 603 537 00

Here is the link to the Latin concerts:
https://us02web.zoom.us/j/83560353700

Evidence Based Zoom/Tai Chi With Ken Gray
10:00 AM
Meeting ID: 747 807 1699
Password: kengong
https://us02web.zoom.us/j/74780711699?pwd=dDhJVGs0YXUzbFRDTUtBZW0raDJSQT09

NIA Stretching with Monica
9:00 AM
Join Zoom Meeting
https://zoom.us/j/91367480147?pwd=WkhaUytIdElvSHZScUZ3NTN1ZnN0UT09

Meeting ID: 913 6748 0147
Password: 640790

CONTACT

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MORE INFORMATION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out www.jasa.org/events/senior-center-virtual-events