



OCTOBER

JASA Club 76

MONDAY

CONCERTS IN MOTION: CLASSICAL

11a - 12p [Zoom](#)

Phone: +1-646-558-8656
+1-312-626-6799

CHAIR DANCE with JESSICA CASTRO:

1p - 1:45p

[Google Meet](#)

Phone: +1-916-836-2750
PIN: 255277188

TUESDAY

DRAMA / COMMUNITY THEATRE

9:30a - 10:30a [Zoom](#)

ID: 984 9506 9644

CONCERTS IN MOTION: JAZZ

12p - 1p [Zoom](#)

Phone: +1-929-205-6099
+1-301-715-8592

ID: 835-6035-3700

ED'S CURRENT EVENTS:

12:30p -2:00p [Zoom](#)

Phone: +1-929-205-6099
ID: 924-7567-3598
Passcode: 540135

WEDNESDAY

CONCERTS IN MOTION: RUSSIAN MUSIC

11a - 12p [Zoom](#)

Phone: +1-646-558-8656
+1-312-626-6799

ID: 869-9164-0881

CONCERTS IN MOTION: BROADWAY

12p - 1p [Zoom](#)

Phone: +1-929-205-6099
+1-301-715-8592

ID: 835-6035-3700

THURSDAY

Call your attention to fall prevention': 10:45am - 11:45am on Zoom. This is the WEEKLY zoom link:

<https://zoom.us/j/96361337822?pwd=K0N3TU8xSWdoQk5xY1dRU0VsY1E1dz09>

YITZY YOGA:

[Meditation](#) (call ins welcome)

11:30a - 12p

[Chair Yoga](#) (video only)

12:05p - 1:10p

[Mat Yoga](#) (video only)

12:40p - 1:10p

[Zoom](#)

Phone: +1-646-558-8656
ID: 774-754-599

FRIDAY

KEN GRAY TAI CHI:

10a - 11a [Zoom](#)

ID: 747-8071-1699

Password: kengong-

CONCERTS IN MOTION: KLEZMER MUSIC

1p - 2p [Zoom](#)

Phone: +1-646-558-8656
+1-312-626-6799

ID: 829-0688-1632

MORE INFORMATION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out

www.jasa.org/events/senior-center-virtual-events

CONTACT

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Office for the Aging



