



# MAY 2021

## BROOKDALE VILLAGE SENIOR CENTER

### VIRTUAL CLASSES call 718-471-3200 to register

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>11:00am -12:00pm Concerts in Motion classical</p> <p>11:00am-12:00pm Tai Chi with Joe Rockaway Park</p> <p>1:00pm-2:00pm CREATIVE WRITING WITH ELIZABETH</p> <p>2:00pm -3:30pm <u>April 12<sup>th</sup>- June 14<sup>th</sup></u> OATS Russian Computer with KES</p> <p>3:30pm-4:30pm Russian Virtual city tours</p>	<p>9:30am-10:30am SILVER SNEAKERS IN RUSSIAN</p> <p>10:00am-11:00am ENGLISH Computer</p> <p>10:00am-11:00am Yoga Dance with Christine</p> <p>3:00pm-4:00pm English Virtual city tours</p>	<p>9:30am-10:15am Dance Movement with Lisa</p> <p>11:00am-12:00pm NIA Stretching with Monica Rockaway Park</p> <p>11:00pam-12:00pm <u>May 26<sup>th</sup> ONLY</u> Health Discussions with Maria</p> <p>12:00pm-1:00pm Concerts in Motion BROADWAY</p> <p>12:00pm-1:00pm <u>May 26<sup>th</sup> ONLY</u> OHEL Boardwalk Talks</p> <p>1:00pm-2:00pm <u>May 26<sup>th</sup> ONLY</u> Nutrition Lecture with Stephanie Cordaro</p>	<p>9:30am-10:30am CHAIR EXERCISE in RUSSIAN</p> <p>10:00am-11:00am ENGLISH Computer</p> <p>11:00am -12:00pm Yoga from Rockaway Park</p> <p>1:00pm-1:45pm <u>May 20<sup>th</sup> and May 27<sup>th</sup></u> Walking club with Rachel</p> <p>1:00pm-2:00pm RUSSIAN Computer</p> <p>2:00pm - 4:00pm <u>May 13<sup>th</sup> and May 27<sup>th</sup></u> Crocheting Class with Joyce</p>	<p>9:00am-10:00am NIA Stretching with Monica</p> <p>10:00am-11:00am Tai Chi for Arthritis with Joe</p> <p>11:00am-12:00pm RUSSIAN Computer</p> <p>12:00pm-1:00pm Latin Concert</p> <p>2:00pm-4:00pm Movie club</p>

**CONTACT**  
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