

MARCH 2023 ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*Calendar is subject to change*</p> 		<p>1 9:15am -10:45am Hybrid Yoga with Lena 10:00am -12:00pm Classic Art Class - Tatiana 10:00am -12:00pm Numismatic Coin Club 10:00am - 4:00pm Tablets Free Time Library 12:30pm -2:00pm ESL Class with Irina 1:00pm-2:15pm LAST Technology Class Tablets with Kesha</p> 	<p>2 9am-10am Hybrid SAIL with Anatoly 10:00am-10:45am Zumba with Lisa 10:00am-11:00am Hybrid Computers with Anatoly 10:00am - 4:00pm Tablets Free Time Library 10:00am-12:00pm Book Club -Library Zoya 11:00am-12:00pm Hybrid Line dancing with Anatoly 12:00pm- 2:00pm "Dance with Us" Irina 12:00pm-1:00pm Blood Pressure Monitoring 12:00pm-1:30pm ESL-MID with Lyuba 2:00pm-3:00pm Virtual World City Tours - Anatoliy</p>	<p>3 9:30am-10:30am Chair exercise with Mike 10:00am -11:00am Current Events Discussion Club 10:45am-11:30am Dance Class with Angela 11:00am-12:00pm Virtual Dance Class Arkady 11:00am-12:30pm Ladies Pearl Club 11:30am-1:00pm Virtual Technology with Marina 11:45am-12:45pm Exercise Class with Iouri 12:30pm-2:00pm ESL Class with Yelena advanced 1:00pm-2:00pm Spirituality - Rabbi Barry Melman 1:00pm-4:00pm Tea Talk</p>
<p>6 9:15am -10:45am Hybrid Yoga with Lena 9:30am-10:30am Silver Sneaker with Mike 10:00am -11:00am Current Events Discussion 10:00am - 4:00pm Tablets Free Time Library 10:45am-11:30am Dance Class with Angela 12:30pm- 2:00pm ESL Class with Irina 1:00pm-4:00pm Tea Talk 2:00pm-3:00pm BINGO with prizes NEW!</p> 	<p>7 9am-10am Hybrid SAIL with Anatoly 10:00am-10:45am Zumba with Lisa 10:00am-11:00am Hybrid Computer with Anatoly 10:00am - 4:00pm Tablets Free Time Library 11:00am-12:00pm Virtual Exercise Class w/Iouri 11:00am-12:30pm "Ladies Pearl Club" 11:00am-12:00pm Crochet Club 12:00pm-1:00pm Blood Pressure Monitoring 12:00pm-2:00pm "Dance with Us" with Irina 1:30pm- 2:30pm ESL for Beginners 2:00pm 3:00pm PURIM CELEBRATION</p>  <p>MEGILLAH READING - CHABAD</p>	<p>8 9:15am -10:45am Hybrid Yoga with Lena 10:00am -12:00pm Classic Art Class - Tatiana 10:00am -12:00pm Numismatic Coin Club 10:00am -11:00am HAPPY WOMEN'S DAY ICE-CREAM PARTY</p>  <p>10:00am - 4:00pm Tablets Free Time Library 12:30pm -2:00pm ESL Class with Irina</p>	<p>9 9am-10am Hybrid SAIL with Anatoly 10:00am-10:45am Zumba with Lisa 10:00am-11:00am Hybrid Computers with Anatoly 10:00am - 4:00pm Tablets Free Time Library 10:00am-12:00pm Book Club -Library Zoya 11:00am-12:00pm Hybrid Line dancing with Anatoly 12:00pm- 2:00pm "Dance with Us" Irina 12:00pm-1:00pm Blood Pressure Monitoring 12:00pm-1:30pm ESL-MID with Lyuba 2:00pm-3:00pm Virtual World City Tours – Anatoliy 2:00pm-3:30pm DANCE PARTY - LIVE MUSIC</p> 	<p>10 9:30am-10:30am Chair exercise with Mike 10:00am -11:00am Current Events Discussion Club 10:45am-11:30am Dance Class with Angela 11:00am-12:00pm Virtual Dance Class Arkady 11:00am-12:30pm Ladies Pearl Club 11:30am-1:00pm Virtual Technology with Marina 11:45am-12:45pm Exercise Class with Iouri 12:30pm-2:00pm ESL Class with Yelena advanced 1:00pm-2:00pm Spirituality - Rabbi Barry Melman 1:00pm-4:00pm Tea Talk</p> 
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JASA SENIOR ALLIANCE OLDER ADULT CENTER

161 Corbin Place, Brooklyn,

NY, 11235

(718)646-4100

www.jasa.org

Hours

Open Daily Monday - Friday 9:00am -5:00pm

Daily Lunch

Daily Hot Kosher Lunch -(Monday-Friday)

11:00 AM - 2:00 PM- Dining room

Staff:

Program Director: [Anna Bella](#)

Assistant Director: [Diana Vinnitsky](#)

Social Worker: [Natalya Koverzneva](#)

Program Coordinator: [Jolanta Tomaszewski](#)

Program Coordinator: [Oksana Anistratenko](#)



