

JOSD Luna Park Older Adult Center; 2880 West 12 St; Brooklyn, N.Y. 11224; 718-996-6666 *
JANUARY 2022 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 11am Classical Concert 1pm Creative Writing HYBRID Both on Zoom and at the center See link below</p>	<p>4 9:30 am-Tai Chi For Arthritis w/ Oreta from DFTA AT THE CENTER 12 pm-JAZZ Concert HYBRID 1pm- Holocaust Survivor Concert HYBRID</p>	<p>5 10:30 am- Arts and Crafts w/ Wilhemina AT THE CENTER 11 am Russian Concert 12 pm Broadway Concert 1 pm Chinese Concert HYBRID</p>	<p>6 11 am- Variety Concert Concerts in Motion HYBRID 11 am Chat with Staff AT THE CENTER 1 pm-Klezmer Music HYBRID</p>	<p>7 11am- Health Lecture AT THE CENTER 12 pm- Latin Music 2 pm – Motown Concerts in Motion Both HYBRID</p>
<p>10 11am- Clascal Concert 1pm- Creative Writing</p>	<p>11 9:30 am-Tai Chi For Arthritis 12 pm- JAZZ Concert 1pm- Holocaust Survivor Concert</p>	<p>12 10:30 am- Arts and Crafts 11 am Russian Concert 12 pm Broadway Concert 1 pm Chinese Concert</p>	<p>13 11 am- Variety Concert Concerts in Motion 11am Chat with staff 1 pm- Klezmer Music</p>	<p>14 11am- Health lecture 12 pm- Latin Music 2 pm – Motown Concerts in Motion</p>
<p>17 CENTER CLOSED In honor of Dr. Martin Luther King Jr's Birthday</p>	<p>18 9:30 am Tai Chi For Arthritis 12 pm- JAZZ Concert 1pm- Holocaust Survivor Concert</p>	<p>19 10:30 am- Arts and Crafts 11 am Russian Concert 12 pm Broadway Concert 1 pm Chinese Concert</p>	<p>20 11 am- Chat with Staff Variety Concert Concerts in Motion 1 pm- Klezmer Music</p>	<p>21 11am Health Lecture 12 pm- Latin Music 2 pm – Motown Concerts in Motion</p>
<p>24 11am-Tech class w/ Tracy 1pm- Creative Writing</p>	<p>25 9:30 am Tai Chi For Arthritis 12 pm- JAZZ Concert 1pm- Holocaust Survivor Concert</p>	<p>26 10:30 am- Arts and Crafts 11 am Russian Concert 12 pm Broadway Concert 1 pm Chinese Concert</p>	<p>27 11 am- Chat with Staff Variety Concert Concerts in Motion 1 pm Klezmer Music</p>	<p>28 11am- Health Lecture 12 pm- Latin Music 2 pm – Motown Concerts in Motion</p>
<p>31 11am-Tech class w/ Tracy 1pm- Creative Writing</p>				



JANUARY 2022 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Fish with Tomatoes & Herbs Roasted Vegetables Jeera Rice Whole Wheat Bread Kale with garlic Sauce Apple Juice & Canned Mandarin Orange</p>	<p>4 Chicken Marsala Roasted Beets Smashed Red Potatoes Whole Wheat Bread Applesauce & Orange Juice</p>	<p>5 Lasagna Rolatini Chicken Cutlet Mixed Vegetables Sautéed Vegetables Whole Wheat Bread Fruit Cocktail Orange Pineapple Juice</p>	<p>6 Sweet & Sour Meatballs Mauzone Toasted Barley & Onions Whole Wheat Bread Green Beans Banana Orange Juice</p>	<p>7 Roasted Chicken Challah Bread Potato Kugel Carrot Tzimmes Apple Juice Kiwi</p>
<p>10 Baked Fish Fillets Dill Lemon Sauce Rice Pilaf Whole Wheat Bread Kale with Garlic Sauce Apple Juice & Fruit Cocktail</p>	<p>11 Baked Turkey Breast Whole Wheat Bread Mashed Sweet Potato Vegetable Mix Apple & Orange Juice</p>	<p>12 Vegan Stuffed Bell Peppers Whole Wheat Bread Cous Cous Steamed Carrots Orange Pineapple Juice & Sliced Peaches</p>	<p>13 Beef Meatloaf with Mushroom Gravy Kasha Varnishes Whole Wheat Bread Italian Cut Green Beans Orange Juice Banana</p>	<p>14 Lemon Chicken Challah Bread Roasted Potatoes Winter Blend Vegetables Apple Juice Orange</p>
<p>17 CENTER CLOSED</p>	<p>18 Baked Onions Turkey Burger Whole wheat bread Creamy Spinach Spiced Sweet Potatoes Orange juice Applesauce</p>	<p>19 Cheese Blintzes Whole Wheat Bread Italian Blend Vegetables Roasted Butternut Squash Kiwi Apple Juice</p>	<p>20 Breaded Southern Steak Green Beans Whole Wheat bread Homemade Mashed Potatoes Banana Orange juice</p>	<p>21 Chicken Shawarma Oven Roasted Challah bread Lentils With Spiced Rice & Caramelized Onions Capri Blend Vegetables Apple juice Kiwi</p>
<p>24 Baked Fish Fillets Dill Lemon Sauce Rice Pilaf Whole Wheat Bread Kale with Garlic Sauce Apple Juice & Orange</p>	<p>25 Chicken Marsala Roasted Beets Smashed Red Potatoes Whole wheat bread Orange juice Pear</p>	<p>26 Lasagna Rolatini Whole Wheat Bread Mixed Vegetables Sautéed Zucchini Apple Juice & Fruit Cocktail</p>	<p>27 Stuffed Cabbage with Beef Whole Wheat bread Toasted Barley With Onions Roasted Zucchini Banana Orange Juice</p>	<p>28 Roasted Chicken Challah bread Carrot Tzimmes Potato Kugel Apple Orange Pineapple Juice</p>
<p>31 Teriyaki Tilapia Chinese Style Spaghetti Whole Wheat Bread Oriental Blend Vegetables Pear & Orange Juice</p>				



**Luna Park Older Adult Center
2880 West 12 St
Brooklyn, N.Y. 11224
Tele. No 718-996-6666
aslomin@jasa.org
www.jasa.org**

**Hours
8am to 4pm**

On behalf of JASA Luna Park Staff

We wish you all a very happy and healthy New Year!!!



LUNCH PROGRAM

**is staggered from 11am to 1:30pm to assist with social distancing
during the pandemic**

ZOOM LINKS FOR ACTIVITIES

Monday- Creative Writing 11 am Join Zoom Meeting

<https://us02web.zoom.us/j/83419585328>

Meeting ID: 834 1958 5328

One tap mobile

[+19292056099,,83419585328#](https://us02web.zoom.us/j/83419585328) US (New York)

CONCERTS IN MOTION

To join the Zoom meeting, go to this link:

<https://us02web.zoom.us/j/83560353700>

Or you can dial in by phone:

+1-646-558-8656 (New York)

+1-312-626-6799 US

The Meeting ID is: 835-6035-3700