

MAY 2023 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 10:00 Zumba (in person) 11:30am-1:00pm Lunch 12:00 Mixed Media Open Art Studio w/Jennifer (in-person) 2:00-4:00 pm Leisure Games</p>	<p>2 10:00am Belly Dancing with Dinara 11:30am-1:00pm Lunch 1:00pm FINE ART CLASS w/Roza 2:00-4:00 pm Leisure Games</p>	<p>3 10:00 Pilates (In person) 11:30am-1:00pm Lunch 11:30 Lunch and a Movie (+discussion)</p>	<p>4 9:30am – 11:30am African Jewelry Making 11:00am Chat with Staff (in-person) 11:30am-1:00pm Lunch 12:15pm EB SAIL FITNESS w/Anatoly 1:15pm Technology in Class 2:00-4:00 pm Leisure Games</p>	<p>5 11:00am- Health Lecture (in-person) 11:30am-1:00pm Lunch 12:30 pm EB SAIL FITNESS w/Anatoly 1:15pm AEROBIC w/louri (in-person)</p>
<p>8 WWII VICTORY DAY 10:00 Zumba (in person) 11:30am-1:00pm Lunch 11:00-12:30 Nuremberg Trials Documentary 12:00 Mixed Media Open Art Studio 2:00-4:00 pm Leisure Games</p>	<p>9 10:00am Belly Dancing 11:30 FINE ART CLASS w/Roza 11:30am-1:00pm Lunch 2:00-4:00 pm Leisure Games</p>	<p>10 12:00 pm MOTHERS DAY PARTY 10:00 Pilates (In person) 11:30am-1:00pm Lunch 1:30pm Lunch and a Movie (+discussion)</p>	<p>11 9:00 TRIP TO STATEN ISLAND MALL 9:30am – 11:30am African Jewelry Making 11:00am Chat with Staff (in-person) 11:30am-1:00pm Lunch 12:15pm EB SAIL FITNESS w/Anatoly 1:15pm Technology in Class 2:00-4:00 pm Leisure Games</p>	<p>12 11:00am- Health Lecture (in-person) 11:30am-1:00pm Lunch 12:30 pm EB SAIL FITNESS w/Anatoly 1:15pm AEROBIC w/louri (in-person)</p>
<p>15 10:00 Zumba (in person) 11:30am-1:00pm Lunch 12:00 Mixed Media Open Art Studio w/Jennifer (in-person) 2:00-4:00 pm Leisure Games</p>	<p>16 10:30am Belly Dancing 11:30 FINE ART CLASS w/Roza 11:30am-1:00pm Lunch 2:00-4:00 pm Leisure Games</p>	<p>17 12:00 OLDER AMERICAN MONTH PARTY 10:00 Pilates (In person) 11:30am-1:00pm Lunch 11:30 Lunch and a Movie (+discussion)</p>	<p>18 9:30am – 11:30am African Jewelry Making 11:00am Chat with Staff (in-person) 11:30am-1:00pm Lunch 12:15pm EB SAIL FITNESS w/Anatoly 1:15pm Technology in Class 2:00-4:00 pm Leisure Games</p>	<p>19 11:00am- Health Lecture (in-person) 11:30am-1:00pm Lunch 12:30 pm EB SAIL FITNESS w/Anatoly 1:15pm AEROBIC w/louri (in-person)</p>
<p>22 10:00 Zumba (in person) 11:30am-1:00pm Lunch 12:00 Mixed Media Open Art Studio w/Jennifer (in-person) 2:00-4:00 pm Leisure Games</p>	<p>23 10:00am Belly Dancing 11:30 FINE ART CLASS w/Roza 11:30am-1:00pm Lunch 2:00-4:00 pm Leisure Games</p>	<p>24 10:00 Pilates (In person) 11:30am-1:00pm 11:30 Lunch and a Movie (+discussion)</p>	<p>25 9:30 TRIP TO VANDERBILT ONE 9:30am – 11:30am African Jewelry Making 11:00am Chat with Staff (in-person) 11:30am-1:00pm Lunch 12:15pm EB SAIL FITNESS w/Anatoly 1:15pm Technology in Class 2:00-4:00 pm Leisure Games</p>	<p>26 11:00am- Health Lecture (in-person) 11:30am- 1:00pm Lunch 12:30 pm EB SAIL FITNESS w/Anatoly 1:15pm AEROBIC w/louri (in-person)</p>
<p>29 CENTER IS CLOSED IN OBSERVANCE OF THE MEMORIAL DAY</p>	<p>30 10:00am Belly Dancing 11:30 FINE ART CLASS w/Roza 11:30am-1:00pm Lunch 2:00-4:00 pm Leisure Games</p>	<p>31 10:00 Pilates (In person) 11:30am-1:00pm Lunch 11:30 Lunch and a Movie (+discussion)</p>	<p>SCHEDULE IS SUBJECT TO CHANGE</p>	



LUNA PARK ANNEX * 2880 West 12th Street, Brooklyn, NY 11224 * Tel 718-996-6666



MAY 2023 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 SHEPHERD PIE (beef/turkey) • Garden Salad • Juice • Milk, low fat, 1% • Fruit • Margarine Whole wheat bread	2 CHICKEN MARSALA Yellow rice, roasted beets • Juice • Milk, low fat, 1% • Fruit • Margarine Whole wheat bread	3 VEGAN STUFFED PEPPERS Roast potatoes, green beans • Juice • Milk, low fat, 1% • Fruit • Margarine Whole wheat bread	4 SWEET & SOUR MEATBALLS Toasted barley & onions, creamy spinach • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole wheat bread	5 ROAST CHICKEN (brown gravy) Potato Kugel, Carrot tsimmiss • Juice • Milk, low fat, 1% • Fruit • Margarine • Challah bread
8 EGGPLANT MOUSSAKA (VEG) Blended Vegetables • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole wheat bread	9 CHICKEN FRANCAISE Mashed sweet potatoes, vegetable medley • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole wheat bread	10 BEEF MEATLOAF w/mushroom gravy Homemade Mashed Potatoes • creamy spinach (non-dairy) • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole wheat bread	11 FISH FRANCAISE (Creole sauce) Rice-a-Roni, steamed carrots • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole wheat bread FROZEN MEAL OPTION: Beef meatloaf w/mushroom gravy	12 CRANBERRY CHICKEN Noodle Kugel, carrot tsimmiss • Juice • Milk, low fat, 1% • Fruit • Margarine • Challah Bread
15 CHINESE STYLE PEPPER STEAK Chow Fun Noodles • Oriental blend vegetables • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	16 VEGAN BURGER • Roasted Potatoes • Green bean salad • Juice • Milk, low fat, 1% • Fruit • Margarine • Hamburger bun FROZEN MEAL OPTION: Turkey burger	17 TURKEY MEATLOAF • Mashed Potatoes • mixed veg • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	18 BREADED FISH Brown rice/beans • steamed carrots • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	19 CHICKEN SHAWARMA • Lentils w/spiced brown rice & caramelized onions • cucumber dill salad • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole wheat pita
22 STUFFED CABBAGE (beef) Toasted barley/onions • Capri blend veg • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	23 BAKED FALAFFEL Hummus • Spiced Israeli salad • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole wheat pita	24 TURKEY W/GRAVY Mashed potatoes • Green beans • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole grain stuffing	25 BAKED FISH TERYAKI • Yellow Rice • Oriental veg • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread FROZEN MEAL OPTION: Stuffed cabbage with beef	26 ROAST CHICKEN (brown gravy) Potato Kugel, Carrot tsimmiss • Juice • Milk, low fat, 1% • Fruit • Margarine • Challah bread
29 CENTER IS CLOSED IN OBSERVANCE OF THE MEMORIAL DAY	30 BREADED EGGPLANT CUTLETS Pasta w/parsley, Italian veg • Juice • Milk, low fat, 1% • Fruit • Margarine • Garlic bread	31 BEEF POT ROAST Homemade Mashed Potatoes • creamy spinach (non-dairy) • Juice • Milk, low fat, 1% • Fruit • Margarine • Whole Wheat Bread	MENU IS SUBJECT TO CHANGE	



SCHEUER HOUSE OF CI OAC & LUNA PARK ANNEX
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Hours

Open Daily Monday thru Friday 8:00 am-4:00 pm

Staff:

Program Director: Lidia Shneyer
Assistant Director: Anatoli Kardiukov
Program Coordinator: Dianne Russell
Case Manager: Nansi Harb

Daily Lunch

Daily Hot Kosher Lunch-(Monday-Friday)
11:30 AM-1:00 PM- DINING ROOM

Additional funding with generous grants from Councilman I. Vernikov

