



JANUARY

JASA CLUB 76

Funded by NYC Department of the Aging (DFTA)

Partially funded by a grant from Council Member
Helen Rosenthal

MONDAY

CONCERTS IN MOTION: CLASSICAL

11a - 12p [Zoom](#)

Phone: +1-646-558-8656
+1-312-626-6799

CHAIR DANCE with JESSICA CASTRO:

1p - 1:45p

[Zoom](#)

Phone: +1 929-205-6099
Passcode: 405405
ID: 996 1713 5043

TUESDAY

DRAMA / COMMUNITY THEATRE

9:30a - 10:30a [Zoom](#)

ID: 919 5349 4544

Passcode: 997028

CONCERTS IN MOTION: JAZZ

12p - 1p [Zoom](#)

Phone: +1-929-205-6099

+1-301-715-8592

ID: 835 6035 3700

ED'S CURRENT EVENTS:

12:30p -2:00p [Zoom](#)

Phone: +1 929-205-6099

ID: 971 4992 0222

Passcode: 872572

KNITTING WITH JUDITH

2:30 - 3:30 p [Zoom](#)

Phone: +1 929 205 6099

ID: 948 5512 9807

Passcode: 075671

WEDNESDAY

CONCERTS IN MOTION: RUSSIAN MUSIC

11a - 12p [Zoom](#)

Phone: +1-646-558-8656
+1-312-626-6799

ID: 869-9164-0881

CONCERTS IN MOTION: BROADWAY

12p - 1p [Zoom](#)

Phone: +1-929-205-6099
+1-301-715-8592

ID: 835-6035-3700

THURSDAY

YITZY YOGA:

[Meditation](#) (call ins
welcome)

11:30a - 12p

[Chair Yoga](#) (video only)

12:05p - 1:10p

[Zoom](#)

Phone: +1-646-558-8656
ID: 774-754-599

FRIDAY

KEN GRAY TAI CHI:

10a - 11a [Zoom](#)

ID: 747-8071-1699

Password: kengong-

CONCERTS IN MOTION: KLEZMER MUSIC

1p - 2p [Zoom](#)

Phone: +1-646-558-8656
+1-312-626-6799

ID: 829-0688-1632

MORE INFORMATION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out

www.jasa.org/events/senior-center-virtual-events

CONTACT

Phyllis Roth LCSW, Director
proth@jasa.org
(646) 740-7683
120 W. 76th Street, N.Y. 10023

jasa.org

