



JANUARY

JASA LUNA PARK SENIOR

MONDAY

11am
Classical Concerts in Motion

1pm
Creative Writing

TUESDAY

10:15 am
Chair Yoga

WEDNESDAY

11am
Russian Concerts in Motion

12pm
Broadway Concerts in Motion

1pm
Drawing with Deji

THURSDAY

2pm
EAT FOR SUCCESS
Weight support class

FRIDAY

10am to 12pm
Jan. 22

Introductory class
PLANT BASED NUTRITION
COVID19 IMMUNITY

11:30am
WALK WITH EASE
Walk to music

CONTACT

Adrienne Slomin Director
Tele. No. 718-996-6666
718-996-6666
2880 West 12 St; BKLYN. NY 11224

MORE INFORMTAION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out www.jasa.org/events/senior-center-virtual-events

