

**ROY REUTHER OLDER ADULT CENTER**  
 711C Seagirt Avenue, Apt. 2N Far Rockaway, NY 11691 718-471-3110  
**JUNE 2022**



Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b>1</b>  <b>10:00 Bible Discussion (IN CENTER)</b></p> <p><b>11:30 Congregate Lunch</b></p> <p><b>12:30 Bingo (IN CENTER)</b></p> <p><b>1:30 Wednesday Afternoon Movie Matinee (IN CENTER)</b></p>	<p><b>2</b>  <b>11:00 Wrapping and Packing (IN CENTER)</b></p> <p>11:00 Yoga Dance with Christine</p> <p><b>11:30 Congregate Lunch</b></p> <p><b>1:30 Crafting with Marie (IN CENTER)</b></p> <p>2:30 Virtual Tours</p>	<p><b>3</b>  <b>10:00 - Walk Away the Blues (IN CENTER)</b></p> <p>10:30 Elder Abuse</p> <p><b>11:00 Dancercise (IN CENTER)</b></p> <p><b>11:30 Congregate Lunch</b></p> <p><b>1:30 Beads and Jewelry with Marie (IN CENTER)</b></p> <p><b>2:30 Games with Ellen (IN CENTER)</b></p>
<p><b>6</b>  <b>10:00 Walk Away the Blues (IN CENTER)</b></p> <p>11:00- Concerts In Motion Classical Series</p> <p><b>11:30 Congregate Lunch</b></p> <p><b>12:30 - Games with Ellen (IN CENTER)</b></p> <p>1:00 Food for Life</p>	<p><b>7</b>  <b>9:30 Quilting Club (IN CENTER)</b></p> <p>11:00 Yoga Dance with Christine</p> <p><b>11:30 Congregate Lunch</b></p> <p><b>1:00 Technology Tuesday (IN CENTER)</b></p> <p>2:00 Dancercise</p>	<p><b>8</b>  <b>10:00 Bible Discussion (IN CENTER)</b></p> <p><b>11:30 Congregate Lunch</b></p> <p><b>12:30 Bingo (IN CENTER)</b></p> <p><b>1:30 Wednesday Afternoon Movie Matinee (IN CENTER)</b></p>	<p><b>9</b>  <b>11:00 Wrapping and Packing (IN CENTER)</b></p> <p>11:00 Yoga Dance with Christine</p> <p><b>11:30 Congregate Lunch</b></p> <p><b>1:30 Crafting with Marie (IN CENTER)</b></p> <p>2:30 Virtual Tours</p>	<p><b>10</b>  <b>10:00 - Walk Away the Blues (IN CENTER)</b></p> <p><b>11:00 Dancercise (IN CENTER)</b></p> <p><b>11:30 Congregate Lunch</b></p> <p><b>1:30 Beads and Jewelry with Marie (IN CENTER)</b></p> <p><b>2:30 Games with Ellen (IN CENTER)</b></p>

<p><b>13</b>  <b>10:00 Walk Away the Blues (IN CENTER)</b></p> <p>11:00- Concerts In Motion Classical Series</p> <p><b>11:30 Congregate Lunch</b></p> <p><b>12:30 Games with Ellen (IN CENTER)</b></p>	<p><b>14</b>  <b>10:00 Breakfast for Juneteenth</b></p> <p><b>11:00 Elder Abuse (IN CENTER)</b></p> <p><b>11:30 Congregate Lunch</b></p> <p>12:00 Food For Life</p> <p><b>1:00 Technology Tuesday (IN CENTER)</b></p> <p>2:00 Dancercise</p>	<p><b>15</b>  <b>10:00 Bible Discussion (IN CENTER)</b></p> <p><b>11:30 Congregate Lunch</b></p> <p><b>12:30 Bingo (IN CENTER)</b></p> <p><b>1:30 Wednesday Afternoon Movie Matinee (IN CENTER)</b></p>	<p><b>16</b>  <b>11:00 Wrapping and Packing (IN CENTER)</b></p> <p>11:00 Yoga Dance with Christine</p> <p><b>11:30 Congregate Lunch</b></p> <p><b>1:30 Crafting with Marie (IN CENTER)</b></p> <p>2:30 Virtual Tours</p>	<p><b>17</b>  <b>10:00 Walk Away the Blues (IN CENTER)</b></p> <p><b>11:00 Dancercise (IN CENTER)</b></p> <p><b>11:30 Congregate Lunch</b></p> <p><b>1:30 Beads and Jewelry with Marie (IN CENTER)</b></p> <p><b>2:30 Games with Ellen (IN CENTER)</b></p>
<p><b>20</b></p> <p><b>CENTER CLOSED FOR JUNETEENTH</b></p>	<p><b>21</b>  <b>9:30 Quilting Club (IN CENTER)</b></p> <p>11:00 Yoga Dance with Christine</p> <p><b>11:30 Congregate Lunch</b></p> <p><b>1:00 Technology Tuesday (IN CENTER)</b></p> <p>2:00 Dancercise</p>	<p><b>22</b>  <b>10:00 Bible Discussion (IN CENTER)</b></p> <p><b>11:30 Congregate Lunch</b></p> <p><b>12:30 Bingo (IN CENTER)</b></p> <p>1:00 Food for Life</p> <p><b>1:30 Wednesday Afternoon Movie Matinee (IN CENTER)</b></p>	<p><b>23</b>  <b>11:00 Wrapping and Packing (IN CENTER)</b></p> <p><b>11:00 PPMNY Cooking Demo (IN CENTER)</b></p> <p><b>12:00 Congregate Lunch</b></p> <p><b>1:30 Crafting with Marie (IN CENTER)</b></p> <p>2:30 Virtual Tours</p>	<p><b>24</b>  <b>10:00 - Walk Away the Blues (IN CENTER)</b></p> <p><b>11:00 Dancercise (IN CENTER)</b></p> <p><b>11:30 Congregate Lunch</b></p> <p><b>1:30 Beads and Jewelry with Marie (IN CENTER)</b></p> <p><b>2:30 Games with Ellen (IN CENTER)</b></p>

27

**10:00 Walk Away the Blues (IN CENTER)**

11:00- Concerts In Motion Classical Series

**11:30 Congregate Lunch**

**12:30 Games with Ellen (IN CENTER)**

1:00 Food for Life

28

**9:30 Quilting Club (IN CENTER)**

11:00 Yoga Dance with Christine

**11:30 Congregate Lunch**

**1:00 Technology Tuesday (IN CENTER)**

2:00 Dancercise

29

**10:00 Bible Discussion (IN CENTER)**

**11:30 Welcome Summer Pizza Lunch**

**12:30 Bingo (IN CENTER)**

**1:30 Wednesday Afternoon Movie Matinee (IN CENTER)**

30

**11:00 Wrapping and Packing (IN CENTER)**

**11:00 PPMNY Cooking Demo (IN CENTER)**

**12:00 Congregate Lunch Followed by an Ice Cream Social**

**1:30 Crafting with Marie (IN CENTER)**

2:30 Virtual Tours



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## JUNE 2022



Monday	Tuesday	Wednesday	Thursday	Friday
NOTE: MENU SUBJECT TO CHANGE		1 Pasta w/Meat Sauce Italian Blend Vegetables Strawberry Applesauce Orange Juice Milk	2 Roasted Chicken Potato Kugel Carrot Tzimmes Banana Orange Juice Milk	3 Egg Salad Red Potato Salad Health Salad Kiwi Apple Juice Milk
6 Fish Francaise Rice A Roni Steamed Carrots Kiwi Apple Juice Milk	7 Baked Turkey Breast Mashed Sweet Potatoes Whole Grain Stuffing Vegetable Mix Apple Orange Juice Milk	8 Turkey Burger Mashed Sweet Potatoes Creamy Spinach Peach Applesauce Orange Pineapple Juice Milk	9 Cranberry Chicken Noodle Kugel Green Beans Banana Orange Juice Milk	10 Egg Salad Bowtie Pasta Salad Three Bean Salad Challah Bread Orange Apple Juice Milk
13 Peppered Steak Chow Fun Noodles Oriental Blend Vegetables Orange Apple Juice Milk	14 Black Bean and Mushroom Burger Smashed Red Potatoes Green Bean Salad Applesauce Orange Juice Milk	15 Chicken Patty Smashed Red Potatoes Roasted Beets Kiwi Apple juice Milk	16 Chicken Schwarma Lentils with Spiced Rice Israeli Salad Banana Orange Juice Milk	17 Egg Salad Macaroni and Pea Salad Russian Coleslaw Pear Apple Juice Milk

<b>20</b> <b>CENTER CLOSED FOR</b> <b>JUNETEENTH</b>	<b>21</b> <b>Stuffed Cabbage</b> <b>Toasted Barley</b> <b>Capri Blend Vegetables</b> <b>Pear</b> <b>Apple Juice</b> <b>Milk</b>	<b>22</b> <b>Pasta w/Meat Sauce</b> <b>Italian Blend Vegetables</b> <b>Strawberry Applesauce</b> <b>Orange Juice</b> <b>Milk</b>	<b>23</b> <b>Roasted Chicken</b> <b>Potato Kugel</b> <b>Carrot Tzimmes</b> <b>Banana</b> <b>Orange Juice</b> <b>Milk</b>	<b>24</b> <b>Turkey Salad</b> <b>Bowtie Pasta Salad</b> <b>Cucumber and Red Bean</b> <b>Salad</b> <b>Apple</b> <b>Orange Pineapple Juice</b> <b>Milk</b>
<b>27</b> <b>Salmon Cakes</b> <b>Mashed Potatoes</b> <b>Creamed Spinach</b> <b>Pear</b> <b>Apple Juice</b> <b>Milk</b>	<b>28</b> <b>Beef Pot Roast</b> <b>Kasha Varnishkes</b> <b>Steamed Broccoli</b> <b>Apple</b> <b>Orange Juice</b> <b>Milk</b>	<b>29</b> <b>Pizza Lunch -</b> <b>Special Event</b>	<b>30</b> <b>Lemon Chicken</b> <b>Roast Potatoes</b> <b>Winter Blend Chicken</b> <b>Banana</b> <b>Orange Juice</b> <b>Milk</b>	





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Fran Simon, Program Director

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718-471-3110

**Open 9AM-4PM**