



# JASA Senior Alliance Older Adult Center

Phone Number (718) 646-4100

161 Corbin Place, Brooklyn, NY, 11235

## JUNE 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>9:15 am-10:15 am</b> Silver Sneakers with Mike <b>10:00 am -12:00 pm</b> Classical Art Class -Tatiana <b>10:00 am - 4:00 pm</b> TECH 101-Tablets Free Time Library <b>10:30 am-11:15 am</b> Dance Class with Angela <b>11:00 am-12:00 pm</b> ESL English Conversation Club with Galina <b>11:15 am -12:00 pm</b> <b>Presentation Ready NY</b> <b>Heat and Hurricane Preparedness</b> <b>2:00 pm-4:00 pm</b> Tech Support with devices with Alexandr <b>3:00 pm-4:45 pm</b> Table Games	<b>2</b> <b>9:00 am-9:45 am</b> SAIL - Anatoly <b>10:00 am-10:45 am</b> Zumba- Lisa <b>10:00 am-11:00 am</b> Computer with Anatoly <b>10:00 am - 4:00 pm</b> TECH 101 <b>11:00 am-12:00 pm</b> ESL Intermediate with Larisa <b>11:00 am-12:00 pm</b> Soul Workout (Rus) Discussion Club with Galina <b>11:00 am-12:00 pm</b> Crochet Club with Krystyna <b>12:00 pm-2:00 pm</b> "Dance with Us"with Irina <b>2:00 pm-4:00 pm</b> Tech Support with Alexandr <b>3:45 pm-4:45 pm</b> Table Games	<b>3</b> <b>9:00 am-10:00 am</b> Yoga with Lena <b>10:00 am-11:00 am</b> Latin Dance with Valerii <b>10:00 am-4:00 pm</b> TECH 101 <b>11:00 am-12:00 pm</b> Exercise Class - Iouri <b>1:00 pm-2:00 pm</b> ESL with Irina <b>2:00 pm-4:00 pm</b> Notary Public Services with Jolanta room #4 <b>2:00pm-4:00pm</b> Tech Support with devices with Alexandr <b>2:15 pm-3:30 pm</b> ESL Elementary with Lana <b>3:00pm-5:00pm</b> Tango Social Club <b>3:45 pm-4:45 pm</b> Table Games	<b>4</b> <b>9:00 am-9:45 am</b> SAIL - Anatoly <b>10:00 am-10:45 am</b> Zumba- Lisa <b>10:00 am-11:00 am</b> Computer with Anatoly <b>10:00 am-4:00 pm</b> TECH 101-Tablets Free Time <b>10:00 am-12:00 pm</b> Book Club with Zoya <b>10:00 am-11:00 am</b> Blood Pressure Monitoring <b>11:00 am-12:00 pm</b> <b>Art Mosaic Discussion Club by</b> <b>Experienced tour guide Galina</b> <b>2:00pm-4:00pm</b> Tech Support with Alexandr <b>2:00 pm- 3:30 pm New!</b> <b>Musical Theater with Candaceia</b> <b>2:45 pm-3:45pm</b> Cognitive Games with Lana <b>3:45 pm-4:45pm</b> Table Games	<b>5</b> <b>9:15 am-10:15 am</b> Chair Exercise with Mike <b>10:00 am - 4:00 pm</b> TECH 101-Tablets Free Time <b>10:30am-11:15am</b> Dance Class with Angela <b>11:45 am-12:45 pm</b> Exercise Class with Iouri <b>10:30 am-12:00 pm</b> ESL advanced with Yelena <b>1:00 pm-2:00 pm</b> Spirituality Hour with Rabbi Barry Melman. <b>2:00 pm-4:00 pm</b> Tech Support with devices with Alexandr <b>2:15 pm-3:45 pm</b> Art Culture & World Tradition with Lana <b>3:45 pm-4:45pm</b> Table Games
Monday	Tuesday	Wednesday	Thursday	Friday

<p><b>8</b>  <b>9:15 am-10:15 am</b>  Silver Sneakers with Mike  <b>10:00 am -12:00 pm</b>  <b>Classical Art Class -Tatiana</b>  <b>Workshop themed World Ocean Day Part 1</b>  <b>10:00 am - 4:00 pm</b>  TECH 101-Tablets Free Time Library  <b>10:30 am-11:15 am</b>  Dance Class with Angela  <b>11:00 am-12:00 pm</b>  ESL English Conversation Club with Galina  <b>2:00 pm-3:30 pm</b>  <b>Poetry Club with Yelana Silver</b>  <b>Russian Poetry lovers meeting themed Sergei Esenin</b>  <b>2:00 pm-4:00 pm</b>  Tech Support with devices with Alexandr  <b>3:00 pm-4:45 pm</b>  Table Games</p>	<p><b>9</b>  <b>9:00 am-9:45 am</b> SAIL - Anatoly  <b>10:00 am-10:45 am</b> Zumba- Lisa  <b>10:00 am-11:00 am</b>  Computer with Anatoly  <b>10:00 am - 4:00 pm</b> TECH 101  <b>11:00 am-2:00 pm</b>  <b>Food Packages</b>  <b>11:00 am-12:00 pm</b>  ESL Intermediate with Larisa  <b>11:00 am-12:00 pm</b> Soul Workout (Rus) Discussion Club with Galina  <b>11:00 am-12:00 pm</b>  Crochet Club with Krystyna  <b>12:00 pm-2:00 pm</b>  "Dance with Us"with Irina  <b>2:00 pm-4:00 pm</b>  Tech Support with Alexandr  <b>3:45 pm-4:45 pm</b>  Table Games</p>	<p><b>10</b>  <b>9:00 am-10:00 am</b>  Yoga with Lena  <b>10:00 am-11:00 am</b>  Latin Dance with Valerii  <b>10:00 am-4:00 pm</b> TECH 101  <b>11:00 am-2:00 pm</b>  <b>Food Packages</b>  <b>11:00 am-12:00 pm</b>  Exercise Class - Iouri  <b>1:00 pm-2:00 pm</b>  ESL with Irina  <b>2:00 pm-4:00 pm</b>  Notary Public Services with Jolanta room #4  <b>2:00pm-4:00pm</b>  Tech Support with devices with Alexandr  <b>2:15 pm-3:30 pm</b>  ESL Elementary with Lana  <b>3:00pm-5:00pm</b>  Tango Social Club  <b>3:45 pm-4:45 pm</b>  Table Games</p>	<p><b>11</b>  <b>8:30am TRIP to Hindu Temple "BAPS MANDIR"</b>  <b>9:00 am-9:45 am</b> SAIL - Anatoly  <b>10:00 am-10:45 am</b>  Zumba- Lisa  <b>10:00 am-11:00 am</b>  Computer with Anatoly  <b>10:00 am-4:00 pm</b>  TECH 101-Tablets Free Time Library with Alexandr  <b>10:00 am-12:00 pm</b>  Book Club with Zoya  <b>10:00 am-11:00 am</b>  Blood Pressure Monitoring  <b>11:00 am-12:00 pm</b>  <b>Art Mosaic Discussion Club by Experienced tour guide Galina</b>  <b>2:00pm-4:00pm</b>  Tech Support with devices with Alexandr  <b>2:00 pm- 3:30 pm</b>  <b>Musical Theater with Candaceia</b>  <b>2:45 pm-3:45pm</b>  Cognitive Games with Lana  <b>3:45 pm-4:45pm</b>  Table Games</p>	<p><b>12</b>  <b>9:15 am-10:15 am</b>  Chair Exercise with Mike  <b>10:00 am - 4:00 pm</b>  TECH 101-Tablets Free Time  <b>10:30am-11:15am</b>  <b>Dance Class with Angela themed Summer Time Vibe +Photoshoot Backdrop</b>  <b>11:45 am-12:45 pm</b>  Exercise Class with Iouri  <b>10:30 am-12:00 pm</b>  ESL advanced with Yelena  <b>1:00 pm-2:00 pm</b>  Spirituality Hour with Rabbi Barry Melman.  <b>2:00 pm-4:00 pm</b>  Tech Support with devices with Alexandr  <b>2:15 pm-3:45 pm</b>  Art Culture &amp; World Tradition with Lana  <b>3:45 pm-4:45pm</b>  Table Games</p>
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>

**15**  
**9:15 am-10:15 am**  
 Silver Sneakers with Mike  
**10:00 am -12:00 pm**  
**Classical Art Class -Tatiana**  
**Workshop themed World Ocean Day Part 2 Seasheels Decorating**  
**10:00 am - 4:00 pm**  
 TECH 101 Tablets Free Time Library  
**10:30 am-11:15 am**  
 Dance Class with Angela  
**11:00 am-12:00 pm**  
 ESL English Conversation Club with Galina  
**2:00 pm-4:00 pm**  
 Tech Support with devices with Alexandr  
**2:00pm-4:00pm**  
**Tea-Time with JASA Team Questions & Answers (Dining room)**  
**3:00 pm-4:45 pm**  
 Table Games

**16**  
**9:00 am-9:45 am** SAIL - Anatoly  
**10:00 am-10:45 am** Zumba- Lisa  
**10:00 am-11:00 am**  
 Computer with Anatoly  
**10:00 am - 4:00 pm** TECH 101  
**11:00 am-12:00 pm**  
 ESL Intermediate with Larisa  
**11:00 am-12:00 pm** Soul Workout (Rus) Discussion Club with Galina - dining room  
**11:00 am-12:00 pm**  
 Crochet Club with Krystyna  
**12:30 pm-2:00 pm**  
 Ladies Pearl Club with Inna  
**12:00 pm-2:00 pm**  
 "Dance with Us" - Irina  
**2:00 pm-4:00 pm**  
 Tech Support with Alexandr  
**2:15 pm-3:30 pm**  
 ESL Elementary with Lana  
**3:45 pm-4:45 pm**  
 Table Games

**17**  
**9:00am-10:00am**  
 Yoga with Lena  
**10:00 am-11:00 am**  
 Latin Dance with Valerii  
**10:00 am-4:00 pm** TECH 101  
**11:00 am-12:00 pm**  
 Exercise Class - Iouri  
**1:00 pm-2:00 pm**  
**ESL with Irina Juneteenth History & Symbols of the holiday**  
**2:00 pm-4:00 pm**  
 Notary Public Services with Jolanta room #4  
**2:00 pm-4:00 pm**  
 Tech Support with devices with Alexandr  
**2:15 pm-3:30 pm**  
 ESL Elementary with Lana  
**3:00pm-5:00pm**  
 Tango Social Club  
**3:45 pm-4:45pm**  
 Table Games

**18**  
**9:00am-9:45am** SAIL - Anatoly  
**10:00am-10:45am** Zumba- Lisa  
**10:00am-11:00am**  
 Computer with Anatoly  
**10:00am-4:00pm** TECH 101  
**10:00am-12:00pm**  
 Book Club with Zoya  
**10:00 am-11:00 am**  
 Blood Pressure Monitoring  
**11:00 am-12:00pm**  
**Juneteenth Celebration**  
**Dance Party with Alexander Li**  
**11:00 am-12:00 pm New!**  
**Art Mosaic Discussion Club by Experienced tour guide Galina**  
**2:00pm-4:00pm**  
 Tech Support with devices with Alexandr  
**2:00 pm- 3:30 pm New!**  
**Musical Theater with Candaceia**  
**3:45 pm-4:45pm**  
 Table Games

**19**  
**CENTER IS CLOSED**  
**JUNETEENTH CELEBRATION**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>22</b>  <b>9:15 am-10:15 am</b>  Silver Sneakers with Mike  <b>10:00 am -12:00 pm</b>  Classical Art Class -Tatiana  <b>10:00 am - 4:00 pm</b> TECH 101  <b>10:30 am-11:15 am</b>  Dance Class with Angela  <b>11:00 am-12:00 pm</b>  ESL English Conversation Club with Galina  <b>11:15 am-12:00 pm</b>  <b>Father's Day Celebration</b>  <b>Ice-Cream Party</b>  <b>Circle of Friends with Alla</b>  <b>Meet the Author of the book</b>  <b>"Poets of the time"</b>  <b>Vladimir Andreyev</b>  <b>2:00 pm-4:00 pm</b>  Tech Support with devices with Alexandr  <b>3:00 pm-4:45 pm</b>  Table Games</p>	<p><b>23</b>  <b>9:00 am-9:45 am</b> SAIL - Anatoly  <b>10:00 am-10:45 am</b> Zumba- Lisa  <b>10:00 am-11:00 am</b>  Computer with Anatoly  <b>10:00 am - 4:00 pm</b> TECH 101  <b>11:00 am-12:00 pm</b>  ESL Intermediate with Larisa  <b>11:00 am-12:00 pm</b> Soul Workout (Rus) Discussion Club with Galina  <b>11:00 am-12:00 pm</b>  Crochet Club with Krystyna  <b>12:00 pm-2:00 pm</b>  <b>"Dance with Us" - Irina</b>  <b>Siciliana -Italian themed Party</b>  <b>+Fun Fotoshoot Session -Sicily</b>  <b>2:00 pm-4:00 pm</b> Tech Support  <b>3:45 pm-4:45 pm</b>  Table Games</p>	<p><b>24</b>  <b>9:00am-10:00am</b> Yoga with Lena  <b>10:00am-11:00am</b>  Latin Dance with Valerii  <b>10:00am-4:00pm</b> TECH 101  <b>11:00am-12:00pm</b>  Exercise Class - Iouri  <b>1:00pm-2:00pm</b>  ESL with Irina  <b>2:00pm-4:00pm NEW!</b>  Notary Public Services with Jolanta room #4  <b>2:00pm-4:00pm</b>  Tech Support with Alexandr  <b>2:15 pm-3:30 pm</b>  ESL Elementary with Lana  <b>3:00pm-5:00pm</b>  Tango Social Club  <b>3:45 pm-4:45pm</b>  Table Games</p>	<p><b>25</b>  <b>9:00 am-9:45 am</b> SAIL - Anatoly  <b>10:00 am-10:45 am</b> Zumba- Lisa  <b>10:00 am-11:00 am</b>  Computer with Anatoly  <b>10:00 am-4:00 pm</b> TECH 101  <b>10:00 am-12:00 pm</b>  Book Club with Zoya  <b>10:00 am-11:00 am</b>  Blood Pressure Monitoring  <b>2:00 pm-4:00 pm</b>  Tech Support with devices with Alexandr  <b>2:00 pm- 3:30 pm New!</b>  <b>Musical Theater with Candaceia</b>  <b>Class Performance</b>  <b>3:45 pm-4:45 pm</b>  Table Games</p>	<p><b>26</b>  <b>9:15 am-10:15 am</b>  Chair Exercise with Mike  <b>10:00 am - 4:00 pm</b>  TECH 101-Tablets Free Time  <b>10:30 am-11:15 am</b>  Dance Class with Angela  <b>11:45 am-12:45 pm</b>  Exercise Class with Iouri  <b>10:30 am-12:00 pm</b>  ESL advanced with Yelena  <b>1:00 pm-2:00 pm</b>  Spirituality Hour with Rabbi Barry Melman  <b>2:00 pm-4:00 pm</b>  Tech Support with devices with Alexandr  <b>2:15 pm-3:45 pm</b>  Art Culture &amp; World Tradition with Lana  <b>3:45 pm-4:45pm</b>  Table Games</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>29</b>  <b>9:15 am-10:15 am</b>  Silver Sneakers with Mike  <b>10:00 am -12:00 pm</b>  Classical Art Class -Tatiana  <b>10:00 am - 4:00 pm</b>  TECH 101-Tablets Free Time Library  <b>10:30 am-11:15 am</b>  Dance Class with Angela  <b>11:00 am-12:00 pm</b>  ESL English Conversation Club with Galina  <b>2:00 pm-4:00 pm</b>  Tech Support with devices with Alexandr  <b>3:00 pm-4:45 pm</b>  Table Games</p>	<p><b>30</b>  <b>9:00 am-9:45 am</b> SAIL - Anatoly  <b>10:00 am-10:45 am</b> Zumba- Lisa  <b>10:00 am-11:00 am</b>  Computer with Anatoly  <b>10:00 am - 4:00 pm</b> TECH 101  <b>11:00 am-12:00 pm</b>  ESL Intermediate with Larisa  <b>11:00 am-12:00 pm</b>  Crochet Club with Krystyna  <b>11:00 am-12:00 pm</b> Soul Workout (Rus) Discussion Club with Galina  <b>12:00 pm-2:00 pm</b>  "Dance with Us" - Irina  <b>2:00 pm-4:00 pm</b>  Tech Support with Alexandr  <b>2:15 pm-3:30 pm</b>  ESL Elementary with Lana  <b>3:45 pm-4:45 pm</b>  Table Games</p>	<p><b>JUNE-PRIDE MONTH</b></p>		<p><b>*Calendar is subject to change*</b></p>

# JASA Senior Alliance Older Adult Center

Phone Number (718) 646-4100

161 Corbin Place, Brooklyn, NY, 11235

## JUNE 2026 Kosher Lunch Menu 11:00am-2:00pm

Menu subject to change depending on food availability

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> CHICKEN SPAGHETTI CASSEROLE TOSSED SALAD WITH DRESSING WHOLE WHEAT BREAD FRUIT MILK	<b>2 VEGAN</b> KASHA KHISH HUMUS CHICKPEA SALAD ISRAELI SALAD FRUIT MILK	<b>3</b> STUFFED CABBAGE WITH BEEF KASHA VARNISHKES STEAMED CARROTS WHOLE WHEAT BREAD FRUIT MILK	<b>4</b> FISH FRANCAISE CUCUMBER DILL SALAD MASHED POTATOES WHOLE WHEAT BREAD FRUIT MILK	<b>5</b> HAWAIIAN CHICKEN CAPRI BLEND VEGETABLES ROASTED SWEET POTATO CHALLAH BREAD FRUIT MILK
<b>8</b> CHICKEN MARSALA WHITE RICE STEAMED BROCCOLI WHOLE WHEAT BREAD FRUIT MILK	<b>9 VEGAN</b> MEATY VEGETARIAN MOUSSAKA TOSSED SALAD WITH DRESSING WHOLE WHEAT BREAD FRUIT MILK	<b>10</b> SWEET AND SOUR BEEF MEATBALLS EGG BARLEY SPINACH SOUFFLE WHOLE WHEAT BREAD FRUIT MILK	<b>11</b> GEFILTE FISH ORZO BEETS AND ONION SALAD WHOLE WHEAT BREAD FRUIT MILK	<b>12</b> ROASTED CHICKEN POTATO KUGEL CARROT TZIMMES CHALLAH BREAD FRUIT MILK
<b>15</b> SAUTEED ONIONS & PEPPERS TURKEY BURGER ROASTED SWEET POTATO SLICES BLEND VEGETABLES PLAIN HAMBURGER BUN FRUIT MILK	<b>16</b> SHEPHERD'S PIE TOSSED SALAD WITH DRESSING WHOLE WHEAT BREAD FRUIT MILK	<b>17</b> BAKED BREADED FISH RICE A RONI CUCUMBER DILL SALAD WHOLE WHEAT BREAD FRUIT MILK	<b>18 VEGAN</b> FREE EGGPLANT ROLLATINI PASTA GREEN BEAN SALAD FRUIT MILK	<b>19</b> <p style="text-align: center;"><b>CENTER IS CLOSED</b></p> <p style="text-align: center;"><b>JUNETEENTH CELEBRATION</b></p>

Monday	Tuesday	Wednesday	Thursday	Friday
<b>22</b> CHINESE STYLE PEPPER STEAK VEGETABLE LO MEIN STEAMED BROCCOLI WHOLE WHEAT BREAD FRUIT MILK	<b>23</b> INDIVIDUAL CHICKEN POT PIE TOMATO SALAD WITH BASIL * WHOLE WHEAT BREAD FRUIT MILK	<b>24</b> SALMON CAKE DILL LEMON SAUCE COUS COUS CUCUMBER DILL SALAD WHOLE WHEAT BREAD FRUIT MILK	<b>25 VEGAN</b> WHOLE WHEAT BEAN BURRITO BROWN RICE GARDEN SALAD FRUIT MILK	<b>26</b> BACKED ASIAN STYLE HONEY CHICKEN FRIED BROWN RICE BLEND VEGETABLES CHALLAH BREAD FRUIT MILK
<b>29</b> CLASSIC CHICKEN CACCIATORE PASTA, GARDEN SALAD STEAMED GREEN BEANS WHOLE WHEAT BREAD FRUIT MILK	<b>30 VEGAN</b> BLACK BEAN SOUP HUMMUS ISRAELI SALAD WHOLE WHEAT PITA FRUIT MILK	<b>*ALL MEALS ARE SUBJECT TO            CHANGE</b>		

\*MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. \*FUNDED UNDER CONTRACT BY NYC DEPARTMENT FOR THE AGING\***PLEASE NOTE:** IF YOU TAKE FOOD HOME WITH YOU FROM MEAL SITE, IT IS DONE AT YOUR OWN RISK. BE SURE TO EAT FOOD OR REFRIGERATE IT WITHIN 30 MINUTES OF LEAVING THE SITE. REHEAT IN 350 DEGREE OVEN UNTIL BUBBLY FOR 5 MINUTES. DISCARD ANY FOOD LEFT AFTER 3 DAYS.



**JASA Senior Alliance Older Adult Center**  
**161 Corbin Place, Brooklyn, NY 11235, (718) 646-4100 www.jasa.org**

**Hours: Mondays - Fridays 9:00am - 5:00pm** \*Closed for Federal and Jewish Holidays\*

**JASA Senior Alliance Older Adult Center Staff:**

Anna Bella, Program Director abella@jasa.org (718)646-4100 press 4  
 Elena Lembersky, Assistant Director (718)646-4100 press 3  
 Yelena Pozina, Case Manager/Social Worker (718)646-4100 press 2, (929)620-0846  
 Jolanta Tomaszewski, Program Coordinator (718)646-4100 press 1  
 Oksana Anistratenko, Program Coordinator (718)646-4100 press 1

**JUNE 2026** Highlight Important Program or Activity:

- New! Monday 11:00 am-12:00 pm** ESL English Conversation Club with Galina
- New! Tuesday 11:00 am-12:00 pm** Soul Workout Discussion Club with Galina - (Russian) Dining Room
- New! Thursday 11:00 am-12:00 pm** Art Mosaic Discussion Club by experienced tour guide Galina
- New! Thursday 2:00 pm- 3:30 pm** Musical Theater with actor, singer, songwriter, vocal instructor -Candaceia Charles

- JUNE 1** 11:15 am –12:00 pm Ready NY, NYC Emergency Management Presentation Heat and Hurricane Preparedness
- JUNE 8** 10:00 am -12:00 pm Classical Art Class -Tatiana Workshop themed World Ocean Day Part 1
- JUNE 8** 2:00 pm-3:30 pm Poetry Club with Yelana Silver Russian Poetry lovers meeting themed Sergei Esenin
- JUNE 9, 10 11:00 am- 2:00 pm** **FOOD PACKAGES DISTRIBUTION**
- JUNE 11** 8:30am TRIP to Hindu Temple “BAPS MANDIR”
- JUNE 12** 10:30am-11:15am Dance Class with Angela themed Summer Time Vibe + Fun Fotoshoot Session -Summer Beach backdrop
- JUNE 15** 10:00 am -12:00 pm Classical Art Class -Tatiana Workshop themed World Ocean Day Part 2 Seasheels Decorating
- JUNE 17** 1:00 pm-2:00 pm ESL with Irina Juneteenth themed Class History & Symbols of the Holiday
- JUNE 18** 11:00 am-12:00pm Juneteenth Celebration Dance Party with Alexander Li
- JUNE 22** 11:15 am-12:00 pm Father’s Day Celebration Ice-Cream Party
- JUNE 22** 11:15 am-12:00 pm Circle of Friends with Alla. Meet the Author of the book “Poets of the time” Vladimir Andreyev
- JUNE 23** 12:00 pm-2:00 pm “Dance with Us” - Irina Siciliana -Italian themed Party +Fun Fotoshoot Session -Sicily backdrop

**JUNE 25** 2:00 pm- 3:30 pm

Musical Theater with Candaceia Class Performance