



Brookdale Village Older Adult Center
(718) 471-3200
131 Beach 19th Street, Far Rockaway, NY 11691
June 2026 Activities Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

1

- 10:00am - (In Person) Movie Matinee- Dining Rm;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10:00am - (In Person) **ESL CLASS with Evelyn** - Dining Rm;
- 10am – (In Person) - Billiards - Pool Rm;
- 12:00pm (In Person)-Computer LAB;
- 2:00pm- (In Person) **Art Class**

2

- **10:30am- Movies & Lunch**
- 10:00am- (In Person) Billiards -Pool Room;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 1:00pm- (In Person) - **CHAIR YOGA WITH CYNTHIA**– Dining room;
- 2:00pm- (In Person)- **Ceramics Class**;
- 2:00pm- (In Person) – **LINE DANCE WITH ANATOLY**- Pool Room;
- 1:00pm-2:15pm (In Person)- **OATS Technology**- Spanish - Exploring Smartphone Apps - Computer Room;
- 3:00pm- (In Person) – **Computer class Intermediate level**;
- 3:45pm-- (In Person) – **Technology Class**

3

- 10:00am-4:00pm (In Person) Billiards -Pool Room;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10:00am - (In Person)- **Get your blood pressure checked** – Dining room;
- 12:00pm (In Person)-Computer LAB;
- 1:00pm- (In Person) - **ZUMBA GOLD WITH CYNTHIA** – Dining room;

4

- **10:45am- International Buffet**
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10am – (In Person) Billiards- Pool Rm;
- 10:30am-12pm- (In person)- **Ailey Dance**- Dining Room/Pool Room
- 12:00pm- **(In Person) Boardwalk Talks with Robbie (Don't Push Me!)** - **OHEL** Engagement Group- Dining Room;
- 12:00pm (In Person)-Computer LAB;
- 1:00pm- (In Person) - **CHAKRA DANCE WITH CYNTHIA**– Dining room;
- 1:00pm-2:15pm (In Person)- **OATS Technology**- Spanish - Exploring Smartphone Apps - Computer Room;

5

- **10:30am-Bank Trip**
- 9:30am- (In Person) - **WALKING CLUB WITH RACHEL**- Dining room;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10:00am-11:00am (In Person)- **Technology Lab Computers with Seva**- Computer Room;
- 11:00am-12:00pm (In Person)- **Technology Lab Computers with Seva**- Computer Room;
- 10:00am (In Person) Crocheting class with Joyce – Dining room;
- 10:00am-4:00pm (In Person) Billiards -Pool Room- **LADIES ONLY**

Partially funded by: Councilwoman Selvena Brooks-Powers & Queens BP Donovan Richards

Monday	Tuesday	Wednesday	Thursday	Friday

Monday

8

- 8:30am-DMV
- 10:00am - (In Person) Movie Matinee- Dining Rm;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10:00am - (In Person) ESL CLASS with Evelyn - Dining Rm;
- 10am – (In Person) - Billiards - Pool Rm;
- 12:00pm (In Person)-Computer LAB;
- 2:00pm- (In Person) Art Class

Tuesday

9

- 10:40am- Bowling
- 10:00am- (In Person) Billiards -Pool Room;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 1:00pm- (In Person) - CHAIR YOGA WITH CYNTHIA– Dining room;
- 2:00pm- (In Person)- Ceramics Class;
- 2:00pm- (In Person) – LINE DANCE WITH ANATOLY- Pool Room;
- 1:00pm-2:15pm (In Person)- OATS Technology- Spanish - Exploring Smartphone Apps - Computer Room;
- 3:00pm- (In Person) – Computer class Intermediate level;
- 3:45pm-- (In Person) – Technology Class

Wednesday

10

- 10:00am-4:00pm (In Person)
- Billiards -Pool Room;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 12:00pm- (In Person) Boardwalk Talks with Robbie (HELP! My Head is Spinning) - OHEL Engagement Group- Dining Room;
- 12:00pm (In Person)-Computer LAB;
- 1:00pm- (In Person) - ZUMBA GOLD WITH CYNTHIA – Dining room;
- 2:00pm- (In Person) Library;

Thursday

11

- 10:30am- Grand Lux & Dollar Tree
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10am – (In Person) Billiards- Pool Rm;
- 10:30am-12pm- (In person)- Ailey Dance- Dining Room/Pool Room
- 12:00pm (In Person)-Computer LAB;
- 1:00pm- (In Person) - CHAKRA DANCE WITH CYNTHIA– Dining room;
- 1:00pm-2:15pm (In Person)- OATS Technology- Spanish - Exploring Smartphone Apps - Computer Room;

Friday

12

- 10:30am- Burlington & Target
- 9:30am- (In Person) - WALKING CLUB WITH RACHEL- Dining room;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10:00am-11:00am (In Person)- Technology Lab Computers with Seva- Computer Room;
- 11:00am-12:00pm (In Person)- Technology Lab Computers with Seva- Computer Room;
- 10:00am (In Person) Crocheting class with Joyce – Dining room;
- 10:00am-4:00pm (In Person) Billiards -Pool Room- LADIES ONLY
- 12:00pm- (In Person-) KOSHER RULES- Educational Presentation

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Monday

15

- 10:00am - (In Person) Movie Matinee- Dining Rm;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10am – (In Person) - Billiards - Pool Rm;
- 10:30am-12pm- (In person)- **Ailey Dance-** Dining Room/Pool Room
- 12:00pm (In Person)-Computer LAB;
- 2:00pm- (In Person) **Art Class**

Tuesday

16

- 10:00am- **Green Acres Mall**
- 10:00am- (In Person) Billiards -Pool Room;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 1:00pm- (In Person) - **CHAIR YOGA WITH CYNTHIA**– Dining room;
- 1:00pm-2:15pm (In Person)- **OATS Technology**- Spanish - Exploring Smartphone Apps - Computer Room;
- 2:00pm- (In Person)- **Ceramics Class**;
- 2:00pm- (In Person) – **LINE DANCE WITH ANATOLY**- Pool Room;
- 3:00pm- (In Person) – **Computer class Intermediate level**;
- 3:45pm-- (In Person) – **Technology Class**

Wednesday

17

- 9:30am- **Stop & Shop; Five Towns**
- 9am-11am- (In Person)-BINGO- Dining Room
- 10am-3:30pm- (In Person)- Puzzle Time - Dining Room
- 10:00am - (In Person)- **Get your blood pressure checked** – Dining room;
- 10:00am-4:00pm (In Person) Billiards -Pool Room;
- 12:00pm (In Person)-Computer LAB;
- 1:00pm- (In Person) - **ZUMBA GOLD WITH CYNTHIA** – Dining room

Thursday

18

- 9:00am- **Brighton Beach**
- 10:00am - (In Person) Art Movie- Dining Rm;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10am – (In Person) Billiards- Pool Rm;
- 11:00am- (In Person-) Health Discussions- Dining Room;
- 12:00pm- **(In Person) Boardwalk Talks with Robbie (Can I Choose It) - OHEL** Engagement Group- Dining Room;
- 12:00pm (In Person)-Computer LAB;
- 1:00pm- (In Person) - **CHAKRA DANCE WITH CYNTHIA**– Dining room;
- 1:00pm-2:15pm (In Person)- **OATS Technology**- Spanish - Exploring Smartphone Apps - Computer Room;

Friday

19

JASA
CLOSED

22

- 10:00am - (In Person) Movie Matinee- Dining Rm;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10:00am - (In Person) **ESL CLASS with Evelyn** - Dining Rm;
- 10am – (In Person) - Billiards - Pool Rm;
- 10:00am - (In Person) **ESL CLASS with Evelyn** - Dining Rm;
- 11:00am -1:00pm (In Person) **JASA Care- BINGO and Presentation Event-** Dining Rm;
- 12:00pm (In Person)-Computer LAB;
- 2:00pm- (In Person) **Art Class**

23

- **10:40am- Bowling**
- 10:00am- (In Person) Billiards -Pool Room;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 1:00pm- (In Person) - **CHAIR YOGA WITH CYNTHIA**– Dining room;
- 1:00pm-2:15pm (In Person)- **OATS Technology-** Spanish - Exploring Smartphone Apps - Computer Room;
- 2:00pm- (In Person)- **Ceramics Class;**
- 2:00pm- (In Person) – **LINE DANCE WITH ANATOLY**- Pool Room;
- 3:00pm- (In Person) – **Computer class Intermediate level;**
- 3:45pm-- (In Person) – **Technology Class**

24

- **9:30am- Trader's Joes**
- 10:00am-4:00pm (In Person) Billiards -Pool Room;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 12:00pm (In Person)-Computer LAB;
- 1:00pm- (In Person) - **ZUMBA GOLD WITH CYNTHIA** – Dining room

25

- **9:45am- Costco**
- **10:00am- Dallas BBQ**
- 10:00am - (In Person) Art Movie- Dining Rm;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10am – (In Person) Billiards- Pool Rm;
- 10:30am-12pm- (In person)- **Ailey Dance-** Dining Room/Pool Room
- 11:00am- (In Person-) Health Discussions- Dining Room;
- 12:00pm- (In Person) **“Senior Safety” Lecture- with 101st Precinct Crime Prevention Officer- New York City Police Department-**Dining;
- 12:00pm (In Person)-Computer LAB;

26

- **10:00am- IKEA**
- 9:30am- (In Person) - **WALKING CLUB WITH RACHEL**- Dining room;
- 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room
- 10:00am-11:00am (In Person)- **Technology Lab Computers with Seva-** Computer Room;
- 11:00am-12:00pm (In Person)- **Technology Lab Computers with Seva-** Computer Room;
- 10:00am (In Person) Crocheting class with Joyce – Dining room;
- 10:00am-4:00pm (In Person) Billiards -Pool Room- **LADIES ONLY**
- 12:00pm- (In Person-) **Ailey Dance Presentation-** Dining Rm

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Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> • 1:00pm-2:15pm (In Person)- OATS Technology- Spanish - Exploring Smartphone Apps - Computer Room; • 1:00pm- (In Person) - CHAKRA DANCE WITH CYNTHIA– Dining room; 	

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>29</p> <ul style="list-style-type: none"> ● 9:45am-Roosevelt Field Mall ● 10:00am - (In Person) Movie Matinee- Dining Rm; ● 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room ● 10:00am - (In Person) ESL CLASS with Evelyn - Dining Rm; ● 10am – (In Person) - Billiards - Pool Rm; ● 12:00pm (In Person)-Computer LAB; ● 2:00pm- (In Person) Art Class 	<p>30</p> <ul style="list-style-type: none"> ● 10:00am- (In Person) Billiards -Pool Room; ● 10:00am- 3:30pm- (In Person)- Puzzle Time - Dining Room ● 1:00pm- (In Person) - CHAIR YOGA WITH CYNTHIA– Dining room; ● 1:00pm-2:15pm (In Person)- OATS Technology- Spanish - Exploring Smartphone Apps - Computer Room; ● 2:00pm- (In Person)- Ceramics Class; ● 2:00pm- (In Person) – LINE DANCE WITH ANATOLY- Pool Room; ● 3:00pm- (In Person) – Computer class Intermediate level; ● 3:45pm-- (In Person) – Technology Class 			

Brookdale Village Older Adult Center
Phone Number (718) 471-3200
131 Beach 19th Street, Far Rockaway, NY 11691
June 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <ul style="list-style-type: none"> ● Chicken Spaghetti Casserole ● Tossed Salad ● Whole Wheat Bread ● Fruit ● Low Fat Milk ● Egg Salad 	<p>2</p> <ul style="list-style-type: none"> ● Kasha Knish ● Chickpea Salad ● Israeli Salad ● Whole Wheat Bread ● Fruit ● Low Fat Milk 	<p>3</p> <ul style="list-style-type: none"> ● Stuffed Cabbage w/ Beef ● Kasha Varnishkes ● Steamed Carrots ● Whole Wheat Bread ● Fruit ● Low Fat Milk ● Turkey Salad 	<p>4</p> <ul style="list-style-type: none"> ● Fish Francaise ● Mashed Potatoes ● Cucumber Dill Salad ● Whole Wheat Bread ● Fruit ● Low Fat Milk 	<p>5</p> <ul style="list-style-type: none"> ● Hawaiian Chicken ● Roasted Sweet Potatoes ● Capri Blend Vegetables ● Challah Bread ● Fruit ● Low Fat Milk ● Tuna Salad

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>8</p> <ul style="list-style-type: none"> • Chicken Marsala • White Rice • Steamed Broccoli • Whole Wheat Bread • Fruit • Low Fat Milk • Egg Salad 	<p>9</p> <ul style="list-style-type: none"> • Meaty Vegetarian Moussaka • Tossed Salad • Whole Wheat Bread • Fruit • Low Fat Milk 	<p>10</p> <ul style="list-style-type: none"> • Sweet & Sour Meatballs • Egg Barley • Spinach Souffle • Whole Wheat Bread • Fruit • Low Fat Milk • Turkey Salad 	<p>11</p> <ul style="list-style-type: none"> • Salmon Salad • Orzo • Beets & Onions Salad • Whole Wheat Bread • Fruit • Low Fat Milk 	<p>12</p> <ul style="list-style-type: none"> • Roasted Chicken • Potato Kugel • Carrot Tzimmes • Challah Bread • Fruit • Low Fat Milk • Tuna Salad
<p>15</p> <ul style="list-style-type: none"> • Turkey Burger • Roasted Sweet Potato • California Blend Vegetables • Whole Wheat Pita • Fruit • Low Fat Milk • Egg Salad 	<p>16</p> <ul style="list-style-type: none"> • Basic Shepherd's Pie • Tossed Salad • Whole Wheat Bread • Fruit • Low Fat Milk 	<p>17</p> <ul style="list-style-type: none"> • Baked Breaded Fish • Rice A Roni • Cucumber Dill Salad • Whole Wheat Bread • Fruit • Low Fat Milk • Turkey Salad 	<p>18</p> <ul style="list-style-type: none"> • Eggplant Rollatini • Pasta • Green Bean Salad • Whole Wheat Bread • Fruit • Low Fat Milk 	<p>19</p> <p style="text-align: center;">JASA CLOSED</p>

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(718) 471-3200

www.jasa.org

Hours

Mondays - Fridays 8:30am - 4:30pm

Closed for Federal and Jewish Holidays

Daily Lunch

Daily Hot Kosher Lunch-(Monday-Friday)

11:00 AM-1:00 PM- DINING ROOM

Brookdale Village Older Adult Center Staff

Program Director: Viktoriya Krugolets - vkrugolets@jasa.org

Assistant Program Director: Rachel Fields - rfields2@jasa.org

Transportation Coordinator: Gregorio Vera - gvera@jasa.org

NEW June 2026 Activities/Programming

Make Up Sunday- June 28th

Ailey Dance- Dining room/Pool Room- every Thursday April 9th- June 25th

OATS Technology- Spanish - Exploring Smartphone Apps - every Tuesday & Thursday from April 14th - June 18th

Get your blood pressure checked – Dining room- Wednesday, June @10:00am - (In Person);

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Boardwalk Talks with Robbie - OHEL Engagement Group -Wednesday, June 4th & 18th@12:00pm;
“Senior Safety” Lecture- with 101st Precinct Crime Prevention Officer- New York City Police-Thursday,June 25@12:00pm
Ailey Dance Presentation- Dining Room- Friday June 26 @12pm
Nutrition Lecture - **“Nutrition and Brain Health”**- Wednesday, June 24@11:00am
ZUMBA GOLD WITH CYNTHIA- every Wednesday @1:00pm-2:00pm-Dining Room
Technology Lab Computers with Seva- Computer Room- every Friday@ 10:00am-12:00pm (In Person)
ESL CLASS with Evelyn - Dining Rm- every Monday@10:00am - (In Person)
CHAKRA DANCE WITH CYNTHIA– Dining room every Thursday@1:00pm;

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