



**JASA Bartow Older Adult Center**  
**2049 Bartow Ave, Room 31, Bronx, NY 10475**  
**929 399 1394**  
**JUNE 2026**  
**Activities Calendar**

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 9:30 am Walking w/ Odessa 11:00 am Health and Wellness w/ Ann 1:45 pm: Smartphone &amp; Tablet Class w/ LIZ  3:00 pm: Dinner Hour</p>	<p>3 10:00 am: Stay-Well Exercise W/ Odessa 12:30 pm: Line Dance W/ Cynthia  <b>SUCASA</b> <b>Exploring New Voices w/Dion</b> <b>2:00 pm to 4:00 pm</b> <b>Room 28</b>  3:00 pm: Dinner Hour</p>	<p>4 10:00 am: Arthritis Exercise W/ Damion 10:00 am: Virtual Arts w/ Laura 11:00 am: Hooked on Happy Knitting and Crochet Class W/ Lynn and Betty  <b>1:45 pm: Computer Learning w/ Liz</b>  2:00 pm Card Games W/Frankie 3:00 pm Dinner Hour</p>	<p>5 10:00 am: <b>Manicure</b> <b>10:00 am: Massage</b> <b>12:30 pm: Line Dance W/Cynthia</b> 2:00 pm: Theater Ars w/ Dazee 3:00 pm: Dinner Hour</p>	<p>6 10:00 am: Intergenerational Arts and Crafts W/ Denise 10:00 am: Salsa W/Rasheem 12:30 pm: Lunch Hour 1:30 pm: BINGO W/Jose</p>

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9</p> <p><b>9:30 am Walking w/ Odessa</b></p> <p>11:00 am Health and Wellness w/ Ann <b>Nutrition Presentation w/Amelia</b></p> <p>12:00 pm: Blood Pressure w/ Gertie and Phyliss</p> <p>1:45 pm Smartphone &amp; Tablet Class w/ Liz</p> <p>3:00 pm: Dinner Hou</p>	<p>10</p> <p>10:00 am: Stay-Well Exercise W/ Odessa</p> <p>12:30 pm: Line Dance W/ Cynthia</p> <p><b>FDNY Fire Safety Presentation</b></p> <p><b>1:30 pm -2:30 pm</b></p> <p><b>SUCASA</b></p> <p><b>Exploring New Voices w/Dion</b></p> <p><b>2:00 pm to 4:00 pm</b></p> <p><b>Room 28</b></p> <p>3:00 pm: Dinner Hour</p>	<p>11</p> <p>10:00 am: Arthritis Exercise W/ Damion</p> <p>10:00 am: Virtual Arts w/ Laura</p> <p>11:00 am: Hooked on Happy Knitting and Crochet Class W/ Lynn and Betty</p> <p><b>1:45 pm: Computer Learning w/ Liz</b></p> <p>2:00 pm Card Games W/Frankie</p> <p>3:00 pm Dinner Hour</p>	<p>12</p> <p>10:00 am: <b>Manicure</b></p> <p><b>10:00 am: Massage</b></p> <p>12:30 pm: Line Dance W/Cynthia</p> <p>2:00 pm: Theater Ars w/ Dazee</p> <p>3:00 pm: Dinner Hour</p>	<p>13</p> <p>10:00 am: Intergenerational Arts and Crafts W/ Denise</p> <p>10:00 am: Salsa W/Rasheem</p> <p>12:30 pm: Lunch Hour</p> <p>1:30 pm: BINGO W/Jose</p>

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>9:30 am Walking w/ Odessa</p> <p>11:00 am Health and Wellness w/ Ann</p> <p>1:45 pm: Smartphone &amp; Tablet Class w/ LIZ</p> <p>3:00 pm: Dinner Hour</p>	<p>17</p> <p><b>Bartow OAC</b></p> <p><b>Juneteenth Celebration</b></p> <p><b>11:00 am -2:30 pm</b></p> <p><b>SUCASA</b></p> <p><b>Exploring New Voices w/Dion</b></p> <p><b>2:00 pm to 4:00 pm</b></p> <p><b>Room 28</b></p> <p>3:00 pm: Dinner Hour</p>	<p>18</p> <p>10:00 am: Arthritis Exercise W/ Damion</p> <p>10:00 am: Virtual Arts w/ Laura</p> <p>11:00 am: Hooked on Happy Knitting and Crochet Class W/ Lynn and Betty</p> <p><b>1:45 pm: Computer Learning w/ Liz</b></p> <p>2:00 pm Card Games W/Frankie</p> <p>3:00 pm Dinner Hour</p>	<p>19</p> <p><b>JASA CLOSED IN RECOGNITION OF JUNETEENTH HOLIDAY</b></p>	<p>20</p> <p>10:00 am: Intergenerational Arts and Crafts W/ Denise</p> <p>10:00 am: Salsa W/Rasheem</p> <p>12:30 pm: Lunch Hour</p> <p>1:30 pm: BINGO W/Jose</p>

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>23</p> <p><b>9:30 am Walking w/ Odessa</b></p> <p>12:00 pm: Blood Pressure w/ Gertie and Phyliss</p> <p>1:45 pm: Smartphone &amp; Tablet Class w/Liz</p> <p>3:00 pm: Dinner Hour</p>	<p><b>24</b></p> <p>10:00 am: Stay-Well Exercise W/ Odessa</p> <p>12:30 pm: Line Dance W/ Cynthia</p> <p><b>SUCASA FINALLY SHOW</b></p> <p><b>Exploring New Voices w/Dion</b></p> <p><b>2:00 pm to 4:00 pm</b></p> <p><b>Room 28</b></p> <p>3:00 pm: Dinner Hour</p>	<p>25</p> <p>10:00 am: Arthritis Exercise W/ Damion</p> <p>10:00 am: Virtual Arts w/ Laura</p> <p><b>April, May, and June</b></p> <p><b>Birthday</b></p> <p><b>Celebrations</b></p> <p><b>1:30 pm -4:30 pm</b></p>	<p>26</p> <p>10:00 am: <b>Manicure</b></p> <p><b>10:00 am: Massage</b></p> <p>12:30 pm: Line Dance W/Cynthia</p> <p>2:00 pm: Theater Ars w/ Dazee</p> <p>3:00 pm: Dinner Hour</p>	<p>27</p>

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30</p> <p><b>9:30 am Walking w/ Odessa</b></p> <p>11:00 am Health and Wellness w/ Ann</p> <p>1:45 pm: Smartphone &amp; Tablet Class w/Liz</p> <p>3:00 pm: Dinner Hour</p>				

Partially funded by:

# **JASA Bartow Older Adult Center**

**929 399 1394**

**2049 Bartow Ave, Room 3,1 Bronx, NY 10475**

## **JUNE 2026 Dinner Menu**

**Generously Funded by Councilman Kevin Riley and Senator J. Bailey**

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>2</b>  <b>Kosher: BBQ Chicken w/ Brown Rice and Steamed Carrots</b>  <b>Non-Kosher: Chickpea and Kale Stir-Fry w/ Brown Rice and Cauliflower with Carrots and Parsley</b></p>	<p><b>3</b>  <b>Kosher: Moroccan Salmon w/Couscous and Steamed Yellow Squash</b>  <b>Non-Kosher: Grilled Caribbean Chicken Breast w/ Quinoa and Cabbage- Carrot Slaw</b></p>	<p><b>4</b>  <b>Kosher: Teriyaki Baked Fish with Mexican Confetti Rice and Steamed Squash</b>  <b>Non-Kosher: Baked Chicken w/Red Beans and Rice Normandy Blend Vegetables</b></p>	<p><b>5</b>  <b>Kosher: Classic Chicken Cacciatore w/Pearled Parley and Roasted Eggplant</b>  <b>Non-Kosher: Cobb Salad w/ Grilled Chicken; Rotini w/ Black Olives and Tomatoes, and Broccoli and Red Pepper Salad</b></p>	<p><b>6</b>  <b>Kosher: Vegetarian Three Bean Chilli, Cornbread, and Prince Edward Blend Vegetables</b>  <b>Non-Kosher: Spanish Chicken w/Potatoes and Garlic w/Yellow Rice and Steamed Green Beans</b></p>
<p><b>9</b>  <b>Kosher: Beef and String Beans w/Brown Rice and Steamed Mixed Vegetables</b>  <b>Non-Kosher: Roasted Pork in Mango Chutney Sauce with Cooked Cabbage</b></p>	<p><b>10</b>  <b>Kosher: Grilled Chicken w/ Baked Red Potato with Yellow Squash</b>  <b>Non-Kosher: Blackeye Peas Curry with Instant Mashed Potatoes and Steamed Broccoli</b></p>	<p><b>11</b>  <b>Kosher: Lentil and Bean Chilli w/Brown Rice and Steamed Vegetables</b>  <b>Non-Kosher: Baked Chicken with Sweet Mashed Potatoes and California Blend Vegetables</b></p>	<p><b>12</b>  <b>Kosher: BBQ Chicken with/ Baked Potato and Steamed Carrot</b>  <b>Non-Kosher: Jerk Chicken W/ Black Beans and Rice with Steamed Broccoli</b></p>	<p><b>13</b>  <b>Kosher: Roasted Turkey Breast w/ Baked Sweet Potato Steamed Mixed Vegetables</b>  <b>Non-Kosher: Coconut Breaded Fish w/ Brown rice and Quinoa and Steamed Spinach</b></p>

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>16</b>  <b>Kosher: Beef of Pot Roast w/Mashed Potatoes and Green Beans</b>  <b>Non-Kosher: Baked Asian Style Honey Chicken w/ Pasta and Steamed Cabbage</b></p>	<p><b>17</b>  <b>Kosher: Lentil and Bean Chilli w/Brown Rice and Steamed Capri Blend Vegetables</b>  <b>Non-Kosher: BBQ Pork Ribs w/ White Rice and California Blend Vegetable</b></p>	<p><b>18</b>  <b>Kosher: Grilled Chicken w/ Baked Red Potato with Yellow Squash</b>  <b>Non-Kosher: Lentil Stew w/ Carrots and Turnips, White Rice, and Steamed Cauliflower</b></p>	<p><b>19</b>  <b>JASA CLOSED IN RECOGNITION OF JUNETEENTH HOLIDAY</b></p>	<p><b>20</b>  <b>Kosher: BBQ Chicken with/ Brown Rice and Steamed Carrots</b>  <b>Non-Kosher: Fish w/Mushrooms, Peppers and Tomatoes with Coconuts Rice and Peas; Normandy Blend</b></p>
<p><b>23</b>  <b>Kosher: BBQ Chicken with/ Baked Potato and Steamed Carrot</b>  <b>Non-Kosher: Jerk Chicken W/ Black Beans and Rice with Steamed Broccoli</b></p>	<p><b>24</b>  <b>Kosher: Baked Breaded Chicken Cutlet w/ Garlic and Rosemary Roasted Potato; Cucumber Dill Salad</b>  <b>Non-Kosher: Buffalo Chickpeas Power Grain Bowl w/ Steamed Carrots</b></p>	<p><b>25</b>  <b>April, May, and June Birthday Celebrations</b>  <b>1:30 pm -4:30 pm</b></p>	<p><b>26</b>  <b>Kosher: Teriyaki Chicken Breast w/ Pasta and Marinated Mushroom</b>  <b>Non-Kosher: Pork Tenderloin w/ Zesty Cilantro Sauce; Baked Red Potato Wedge and Steamed Carrots</b></p>	<p><b>27</b>  <b>Kosher: Beef of Pot Roast w/Mashed Potatoes and Green Beans</b>  <b>Non-Kosher: Baked Asian Style Honey Chicken w/ Pasta and Steamed Cabbage</b></p>

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30</p> <p><b>Kosher: Roasted Turkey Breast w/ Baked Sweet Potato Steamed Mixed Vegetables</b></p> <p><b>Non-Kosher: Coconut Breaded Fish w/ Brown rice and Quinoa and Steamed Spinach</b></p>				

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## **Bartow Older Adult Center**

**2049 Bartow Ave rm 31 Bronx NY 10475**

**(929) 399-1394**

**www.jasa.org**

### **Hours**

**Tuesdays - Saturdays 9:30 am - 5:30 pm**

**\*Closed for Federal and Jewish Holidays\***

### **JASA Bartow Older Adult Center Staff**

**Ann Moncrieffe, Program Director [amoncrieffe@jasa.org](mailto:amoncrieffe@jasa.org)**

**Dennis Hугee Program Assistant Director [dhugee@jasa.org](mailto:dhugee@jasa.org)**

**Carolyn Ximines-Robinson, Program Coordinator [cximines-robinson@jasa.org](mailto:cximines-robinson@jasa.org)**

**Karl Custer, Social Worker/Clinician [kcuster@jasa.org](mailto:kcuster@jasa.org)**

**Available by appointment only on Tuesdays and Thursdays**

**Generously Funded by Councilman Kevin Riley and Senator J. Bailey**

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