



JASA Bartow Older Adult Center
2049 Bartow Ave, Room 31, Bronx, NY 10475
929 399 1394
April 2026
Activities Calendar

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>10:00 am: Stay-Well Exercise W/ Odessa</p> <p>12:30 pm: Line Dance W/ Cynthia</p> <p>3:00 pm: Dinner Hour</p>	<p>2</p> <p>JASA CLOSED FIRST DAY OF PASSOVER</p>	<p>3</p> <p>10:00 am: Manicure</p> <p>10:00 am: Massage</p> <p>12:30 pm: Line Dance W/Cynthia</p> <p>2:00 pm: Theater Ars w/ Dazee</p> <p>3:00 pm: Dinner Hour</p>	<p>4</p> <p>10:00 am: Intergenerational Arts and Crafts W/ Denise</p> <p>10:00 am: Salsa W/Rasheem</p> <p>12:30 pm: Lunch Hour</p> <p>1:30 pm: BINGO W/Jose</p>

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>7</p> <p>9:30 am Walking w/ Odessa</p> <p>11:00 am Health and Wellness w/ Ann</p> <p>12:00 pm: Blood Pressure w/ Gertie and Phyliss</p> <p>1:45 pm Smartphone & Tablet Class w/ Liz</p> <p>3:00 pm: Dinner Hou</p>	<p>8</p> <p>10:00 am: Stay-Well Exercise W/ Odessa</p> <p>12:30 pm: Line Dance W/ Cynthia</p> <p>3:00 pm: Dinner Hour</p>	<p>9</p> <p>10:00 am: Arthritis Exercise W/ Damion</p> <p>10:00 am: Virtual Arts w/ Laura</p> <p>11:00 am: Hooked on Happy Knitting and Crochet Class W/ Lynn and Betty</p> <p>1:45 pm: Computer Learning w/ Liz</p> <p>2:00 pm Card Games W/Frankie</p> <p>3:00 pm Dinner Hour</p>	<p>10</p> <p>10:00 am: Manicure</p> <p>10:00 am: Massage</p> <p>12:30 pm: Line Dance W/Cynthia</p> <p>2:00 pm: Theater Ars w/ Dazee</p> <p>3:00 pm: Dinner Hour</p>	<p>11</p> <p>10:00 am: Intergenerational Arts and Crafts W/ Denise</p> <p>10:00 am: Salsa W/Rasheem</p> <p>12:30 pm: Lunch Hour</p> <p>1:30 pm: BINGO W/Jose</p>

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Tuesday	Wednesday	Thursday	Friday	Saturday
14 9:30 am Walking w/ Odessa 11:00 am Health and Wellness w/ Ann 1:45 pm: Smartphone & Tablet Class w/ LIZ 3:00 pm: Dinner Hour	15 10:00 am: Stay-Well Exercise W/ Odessa 12:30 pm: Line Dance W/ Cynthia 3:00 pm: Dinner Hour	16 10:00 am: Arthritis Exercise W/ Damion 10:00 am: Virtual Arts w/ Laura 11:00 am: Hooked on Happy Knitting and Crochet Class W/ Lynn and Betty 1:45 pm: Computer Learning w/ Liz 2:00 pm Card Games W/Frankie 3:00 pm Dinner Hour	17 The 2020's Drama with Dazee and Friends New Era, Same Madness 12:00 pm -2; 30pm 10:00 am: Manicure 10:00 am: Massage 12:30 pm: Line Dance W/Cynthia 3:00 pm: Dinner Hour	18 10:00 am: Intergenerational Arts and Crafts W/ Denise 10:00 am: Salsa W/Rasheem 12:30 pm: Lunch Hour 1:30 pm: BINGO W/Jose

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Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>9:30 am Walking w/ Odessa “Turn Recycle into Beautiful Arts Earth Day Project” 10:00 am -12:00 pm Citizen Preparedness w/ New York National Guard 12:00 pm -1: 30pm</p> <p>12:00 pm: Blood Pressure w/ Gertie and Phyliss</p> <p>1:45 pm: Smartphone & Tablet Class w/Liz</p> <p>3:00 pm: Dinner Hour</p>	<p>22</p> <p>10:00 am: Stay-Well Exercise W/ Odessa</p> <p>12:30 pm: Line Dance W/ Cynthia</p> <p>Fall Prevention Presentation W/ Terry 1:30-2:30 pm</p> <p>3:00 pm: Dinner Hour</p>	<p>23</p> <p>10:00 am: Arthritis Exercise W/ Damion</p> <p>10:00 am: Virtual Arts w/ Laura</p> <p>11:00 am: Hooked on Happy Knitting and Crochet Class W/ Lynn and Betty</p> <p>1:45 pm: Computer Learning w/ Liz</p> <p>2:00 pm Card Games W/Frankie</p> <p>3:00 pm Dinner Hour</p>	<p>24</p> <p>10:00 am: Manicure</p> <p>10:00 am: Massage</p> <p>12:30 pm: Line Dance W/Cynthia</p> <p>2:00 pm: Theater Ars w/ Dazee</p> <p>3:00 pm: Dinner Hour</p>	<p>25</p> <p>10:00 am: Intergenerational Arts and Crafts W/ Denise</p> <p>10:00 am: Salsa W/Rasheem</p> <p>12:30 pm: Lunch Hour</p> <p>1:30 pm: BINGO W/Jose</p>

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>28</p> <p>9:30 am Walking w/ Odessa</p> <p>11:00 am Health and Wellness w/ Ann</p> <p>1:45 pm: Smartphone & Tablet Class w/Liz</p> <p>3:00 pm: Dinner Hour</p>	<p>29</p> <p>10:00 am: Stay-Well Exercise W/ Odessa</p> <p>12:30 pm: Line Dance W/ Cynthia</p> <p>3:00 pm: Dinner Hour</p>	<p>30</p> <p>10:00 am: Arthritis Exercise W/ Damion</p> <p>10:00 am: Virtual Arts w/ Laura</p> <p>11:00 am: Hooked on Happy Knitting and Crochet Class W/ Lynn and Betty</p> <p>1:45 pm: Computer Learning w/ Liz</p> <p>2:00 pm Card Games W/Frankie</p> <p>3:00 pm Dinner Hour</p>		

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Tuesday	Wednesday	Thursday	Friday	Saturday

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929 399 1394

2049 Bartow Ave, Room 3,1 Bronx, NY 10475

Partially funded by:

APRIL 2026 Dinner Menu

Generously Funded by Councilman Kevin Riley and Senator J. Bailey

Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Kosher: Chicken Salad with Coleslaw and Potato Salad	2 JASA CLOSED FIRST DAY OF PASSOVER	3 Kosher: Beef Meat Sauce with Mashed Potatoes and Steamed Carrots	4 Kosher: Roasted Chicken with Baked Potato and Steamed Butternut Squash

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>7 Kosher: Roasted Chicken w/ Pearled Barley and Carrot Salad</p>	<p>8 Kosher: Grilled Chicken w/ Baked Red Potato with Yellow Squash</p>	<p>9 Kosher: Lentil and Bean Chilli w/Brown Rice and Steamed</p>	<p>10 Kosher: BBQ Chicken with/ Baked Potato and Steamed Carrot Non-Kosher: Jerk Chicken W/ Black Beans and Rice with Steamed Broccoli</p>	<p>11 Kosher: Roasted Turkey Breast w/ Baked Sweet Potato Steamed Mixed Vegetables Non-Kosher: Coconut Breaded Fish w/ Brown rice and Quinoa and Steamed Spinach</p>
<p>14 Kosher: Beef of Pot Roast w/Mashed Potatoes and Green Beans Non-Kosher: Baked Asian Style Honey Chicken w/ Pasta and Steamed Cabbage</p>	<p>15 Kosher: Lentil and Bean Chilli w/Brown Rice and Steamed Capri Blend Vegetables Non-Kosher: BBQ Pork Ribs w/ White Rice and California Blend Vegetable</p>	<p>16 Kosher: Grilled Chicken w/ Baked Red Potato with Yellow Squash Non-Kosher: Lentil Stew w/ Carrots and Turnips, White Rice, and Steamed Cauliflower</p>	<p>17 Kosher: BBQ Chicken w/ Brown Rice and Steamed Carrots Non-Kosher: Chickpea and Kale Stir-Fry w/ Brown Rice and Cauliflower with Carrots and Parsley</p>	<p>18 Kosher: BBQ Chicken with/ Brown Rice and Steamed Carrots Non-Kosher: Fish w/Mushrooms, Peppers and Tomatoes with Coconuts Rice and Peas; Normandy Blend</p>

Partially funded by:

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21 Kosher: BBQ Chicken with/ Baked Potato and Steamed Carrot Non-Kosher: Jerk Chicken W/ Black Beans and Rice with Steamed Broccoli</p>	<p>22 Kosher: Baked Breaded Chicken Cutlet w/ Garlic and Rosemary Roasted Potato; Cucumber Dill Salad Non-Kosher: Buffalo Chickpeas Power Grain Bowl w/ Steamed Carrots</p>	<p>23 Kosher: Moroccan Salmon w/Couscous and Steamed Yellow Squash Non-Kosher: Grilled Caribbean Chicken Breast w/ Quinoa and Cabbage- Carrot Slaw</p>	<p>24 Kosher: Teriyaki Chicken Breast w/ Pasta and Marinated Mushroom Non-Kosher: Pork Tenderloin w/ Zesty Cilantro Sauce; Baked Red Potato Wedge and Steamed Carrots</p>	<p>25 Kosher: Classic Chicken Cacciatore w/Pearled Parley and Roasted Eggplant Non-Kosher: Cobb Salad w/ Grilled Chicken; Rotini w/ Black Olives and Tomatoes, and Broccoli and Red Pepper Salad</p>
<p>28 Kosher: Roasted Turkey Breast w/ Baked Sweet Potato Steamed Mixed Vegetables Non-Kosher: Coconut Breaded Fish w/ Brown rice and Quinoa and Steamed Spinach</p>	<p>29 Kosher: Grilled Chicken w/ Baked Red Potato with Yellow Squash Non-Kosher: Lentil Stew w/ Carrots and Turnips, White Rice, and Steamed Cauliflower</p>	<p>30 Kosher: Beef of Pot Roast w/Mashed Potatoes and Green Beans Non-Kosher: Baked Asian Style Honey Chicken w/ Pasta and Steamed Cabbage</p>		

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Bartow Older Adult Center

2049 Bartow Ave rm 31 Bronx NY 10475

(929) 399-1394

www.jasa.org

Hours

Tuesdays - Saturdays 9:30 am - 5:30 pm

Closed for Federal and Jewish Holidays

JASA Bartow Older Adult Center Staff

Ann Moncrieffe, Program Director amoncrieffe@jasa.org

Dennis Hугee Program Assistant Director dhugee@jasa.org

Carolyn Ximines-Robinson, Program Coordinator cximines-robinson@jasa.org

Karl Custer, Social Worker/Clinician kcuster@jasa.org

Available by appointment only on Tuesdays and Thursdays

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