


















January 2022 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>10:00 - Zoom Stretching & Toning</p> <p>12:00 - Reminiscence</p> <p>2:00 – Being Positive</p> <p>1:00 – Health Lecture w/Nurse: “Gastritis & H Pylori Symptoms” Nurse is in 4A</p>	<p>4</p> <p>11:00 – Zoom Art Class</p> <p>1:00 – CIM Dedicated Holocaust Survivors Concert</p>	<p>5</p> <p>10:00 – Zoom People, Food &</p> <p>11:00 – CIM Russian Music</p> <p>11:00 – Brain Fitness </p> <p>2:00 – Russian Group</p>	<p>6</p> <p>10:00 – Zoom Sing-Along</p> <p>1:00 – CIM Klezmer Music</p> 	<p>7</p> <p>10:15 – Zoom Aerobics </p> <p>11:00 – Telephone Support Group</p> <p>12:00 – Russian Health Lecture</p> <p>2:00 – Telephone/Zoom CIM Concert Nurse is in by remote</p>
<p>10</p> <p>10:00 - Zoom Stretching & Toning</p> <p>12:00 - Reminiscence </p>	<p>11</p> <p>11:00 – Zoom Art Class</p> <p>1:00 – CIM Dedicated Holocaust Survivors Concert</p> <p>2:00 – Wheel of Fortune Game Nurse is in by remote </p>	<p>12</p> <p>10:00 – Zoom People, Food &</p> <p>11:00 – CIM Russian Music</p> <p>2:00 – Russian Group </p>	<p>13</p> <p>10:00 – Zoom Sing-Along</p> <p>1:00 – CIM Klezmer Music</p> <p>2:00 – Coloring for Adults - -in-person – 4A</p>	<p>14</p> <p>10:15 – Zoom Aerobics </p> <p>2:00 – Telephone/Zoom CIM Concert Nurse is in by remote</p>
<p>17</p> <p>JASA CLOSED</p>  <p>Martin Luther King Day</p>	<p>18</p> <p>11:00 – Zoom Art Class </p> <p>1:00 – CIM Dedicated Holocaust Survivors Concert</p> <p>Nurse is in by remote</p>	<p>19</p> <p>10:00 – Zoom People, Food &</p> <p>11:00 – CIM Russian Music</p> <p>11:00 – Brain Fitness </p> <p>2:00 – Russian Group</p>	<p>20</p> <p>10:00 – Zoom Sing-Along</p> <p>1:00 – CIM Klezmer Music</p> <p>2:00 – Current Events with Linda </p>	<p>21</p> <p>10:15 – Zoom Aerobics</p> <p>11:00 – Telephone Support Group</p> <p>2:00 – Telephone/Zoom CIM Concert </p> <p>Nurse is in by remote</p>
<p>24</p> <p>10:00 – Zoom Stretching & Toning</p> <p>12:00 - Reminiscence</p> <p>2:00 – Being Positive</p> <p>Nurse is in 4A </p>	<p>25</p> <p>11:00 – Zoom Art Class</p> <p>1:00 - CIM Dedicated Holocaust Survivors Concert</p> <p>2:00 – Wheel of Fortune Game </p>	<p>26</p> <p>10:00 – Zoom People, Food &</p> <p>11:00 – CIM Russian Music</p> <p>1:30 – Movie in 4A Rec Room</p> <p>2:00 – Russian Group</p>	<p>27</p> <p>10:00 – Zoom Sing-Along</p> <p>12:00 – Being Positive</p> <p>1:00 – CIM Klezmer Music</p>	<p>28</p> <p>10:15 – Zoom Aerobics </p> <p>2:00 – Telephone/Zoom CIM Concert </p> <p>Nurse is in by remote</p>
<p>31</p> <p>10:00 – Zoom Stretching & Toning</p> <p>12:00 - Reminiscence</p> <p>2:00 – Being Positive</p> <p>Nurse is in 4A</p>				



Trumps United
 458 Neptune Ave
 Brooklyn, NY 11224
 718-372-8815

Telephone Reminiscence Group
 Telephone Russian Group
 Telephone Being Positive Group
 Telephone Wheel of Fortune Game
 VNS Telephone Health Promotion Group

929 – 299 – 1045 Pin: 2345

Telephone Support Coping Group - 929 – 299 – 1045 Pin: 1234

 Telephone/Video Concerts in Motion (Fridays) – 1 - 301 – 715 – 8592; Meeting ID: 426 474 125
 Zoom meeting: <https://zoom.us/j/426474125>

Telephone/Video Concerts in Motion Russian Music (Wednesdays)
<https://us02web.zoom.us/j/86991640881>

1-646-558-8656 (New York); +1-312-626-6799 US Meeting ID: 869 9164 0881



Zoom Aerobic Class -

<https://us06web.zoom.us/j/83690337299?pwd=SWJaREw2azdsSEt4d1UwOFFBWmduUT09>
 Meeting ID: 836 9033 7299 Passcode: 381896

Zoom Stretching and Toning w/Sofia Ioffe –

<https://zoom.us/j/93570593451?pwd=ZHNMOwTiYUk3MWI4NIhJUFiWbGZ5dz09>
 Meeting ID: 935 7059 3451 Passcode: 187559



Telephone/Video Concerts in Motion Klezmer Music(Thursdays)

Zoom: <https://us02web.zoom.us/j/82906881632> Meeting ID: 829 0688 1632
 Phone: 1-646-558-8656 Meeting ID: 829 0688 1632



 Telephone/Video Concerts in Motion Dedicated Holocaust Survivors (Tuesdays)

Zoom: <https://concertsinmotion-org.zoom.us/j/89147660204>
 Meeting ID: 891 4766 0204 Phone: 1 646- 558- 8656

Zoom Art Class

Zoom: <https://us02web.zoom.us/j/88034283583?pwd=cnA0blNnSGIsMEtmTyt6bTZHMVZlZz09>
 Meeting ID: 880 3428 3583 Passcode: 432712



Sing-Along (Thursdays) and People, Food and Culture (Wednesdays)

Zoom: <https://zoom.us/j/9367994040?pwd=Z3lrZStsS3dwRTh2NlZkS0hPWmFuQT09>
 Meeting ID: 936 799 4040 Password: 0DgYuV

JASA Trumps United, conducted in partnership with VNSNY Health Services, is funded by DFTA, SOFA, Trump Village 3 Estates, and NYC Council.

