

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Program Director ALMA GONZALEZ, X2203 AGONZALEZ@JASA.ORG</p> <p>Assistant Program Director Mariah Bailey, X2198 MBAILEY@JASA.ORG</p> <p>Program Coordinator Michelle Restrepo, X2567 MRESTREPO@JASA.ORG</p>			<p>1 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Daily Exercise w/ Mary Grace 12:30pm Town Hall Meeting w / Alma 2:00pm Activate Your Brain w/ Aziza & Michelle (PASSOVER BEGINS)</p>	<p>2 JASA Holliswood OAC CLOSED For Passover</p>	<p>3 JASA Holliswood OAC CLOSED For Passover</p>
<p>Program are subject to change</p> <p>HABLAMOS ESPANOL AQUI</p>	<p>6 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Modern Dance w/ Rudy 12:30pm Nutrition w/Dr. Rick 1:30PM Holliswood OAC Easter Hunt Celebration w Alma (PASSOVER)</p>	<p>7 10:00am Daily Exercise w/ Mary Grace 11:00am Advisory & Grievance Council meeting 12:30PM Building Strong Bones w/ JASA Nutrition's Tiana Rainford 1:30PM-3PM SuCasa - Line Dancing w/ Shell (PASSOVER)</p>	<p>8 JASA Holliswood OAC CLOSED For Passover</p>	<p>9 JASA Holliswood OAC CLOSED For Passover</p>	<p>10 10:00am Bridge Instruction w/ David 10:30am Chair Yoga w/ Laura 1:00pm Senior Tech Help/Info w/ Mariah (PASSOVER ENDS)</p>
	<p>13 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Modern Dance w/ Rudy 12:30pm Health Management w/Dr. Rick 1:30pm Trivia Games w/ Michelle</p>	<p>14 10:00am Karaoke w/ Alma 11:00am Dance Therapy w / Lisa 1:30-3PM SuCasa - Line Dancing w/ Shell</p>	<p>15 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Daily Exercise w/ Mary Grace 12:00PM Estate Planning Trust Wills Webinar w / Evelyn S. 2:00PM Jewelry Making w/ Theresa</p>	<p>16 10:00am Bridge Tournament/ Supervision w/ David 11:00am Daily Exercise w/ Mary Grace 1PM Mobile Library Book Bus Visit w/ QPL 1:00pm Hollis Knitting Club w/ Florence 2:00PM National Stress Awareness Day presentation w / Aziza</p>	<p>17 10:00am Bridge Instruction w/ David 10:30am Daily Exercise w / Mary Grace 12:30pm Celebrating April Birthday w / Ernest (Alma 50th Bday milestone)</p>
	<p>20 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Modern Dance w/ Rudy 12:30pm Nutrition w/Dr. Rick 1:30 Bingo w/ Michelle</p>	<p>21 10:00am Daily Exercise w/ Mary Grace 11:00am Rhinestone Art Project w/ Michelle 1:30PM-3PM SuCasa - Line Dancing w/ Shell</p>	<p>22 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Daily Exercise w/ Mary Grace 1:30pm Activate Your Brain w/ Aziza & Michelle 2:00PM Jewelry Making w/ Theresa</p>	<p>23 9:30AM Departure to JASA Volunteer Day Celebration for Participating Members w / Mariah 10:00am Bridge Tournament/ Supervision w/ David 11:00am Daily Exercise w/ Mary Grace 1:00pm Hollis Knitting Club w/ Florence 1:30pm Creative Writing- Travel Prompt w/ Cheryl</p>	<p>24 10:00am Bridge Instruction w/ David 10:30am Chair Yoga w/ Laura 1:00pm Senior Tech Help/Info w/ Michelle 2:00pm Karaoke w/ Michelle</p>
<p>26 11am Daily Exercise w Mary Grace 12:30pm National Gardening Day presentation w Aziza 1:00PM Earth Day Planting flowers w / Jennifer & BBYO</p>	<p>27 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 11:00am Modern Dance w/ Rudy 12:30pm Health Management w/Dr. Rick 1:30pm Trivia Games w/ Michelle</p>	<p>28 10:00am Karaoke w/ Michelle 11:00am Dance Therapy w/ Lisa 1:30PM-3PM SuCasa - Line Dancing w/ Shell</p>	<p>29 10:00am-1:00pm Mah Jongg, Bridge and Canasta Play 10:30am 42nd Street East or West Art Deco w/ Art Deco Society Webinar 11:00am Daily Exercise w/ Mary Grace 12:30pm HealthFirst Rethink Your Drink Presentation w Jennifer 2PM National Soft Pretzel Day presentation w Alma</p>	<p>30 10:00am Bridge Tournament/ Supervision w/ David 11:00am Daily Exercise w/ Mary Grace 12:30pm TechWorks- Assistive Technology Lecture & Mobile Van w/ Melinda & Peter 1:00pm Hollis Knitting Club w/ Florence 2:00PM Ice Cream social w/ Ernest</p>	

Holliswood OAC April 2026 Menu

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Program are subject to change HABLAMOS ESPANOL AQUI	6 Omelet Steamed Green Beans Apple	7 Baked Fish Israeli Salad Orange	8 JASA Holliswood OAC CLOSED For Passover	9 JASA Holliswood OAC CLOSED For Passover	10 Chicken Breast Potato Kugel Carrot Tzimmes Applesauce
	13 Swedish Meatballs (Turkey) Egg Noodles Steamed Sliced Carrots Apple	14 Chickpea Curry Stew with Butternut Squash White Rice Green Beans Orange	15 Shepherd's Pie Tossed Salad with Dressing Kiwis (2)	16 Teriyaki Baked Fish Springtime Fried Brown Rice Steamed Green Beans Pear	17 PIZZA PARTY
	20 Chicken Spaghetti Casserole Tossed Salad with Dressing Apple	21 Kasha Knish Hummus Chickpeas Israeli Salad Orange	22 Stuffed Cabbage with Beef Kasha Varnishkes Steamed Carrots Kiwis (2)	23 Fish Francaise Cucumber Dill Salad Mashed Potatoes Pear	24 Hawaiian Chicken Roasted Sweet Potato Slices Capri Blend Vegetables Applesauce
26 Lunch to be served from 12:00PM to 1:00PM	27 Chicken Marsala White Rice Steamed Broccoli Apple	28 Meaty Vegetarian Moussaka Tossed Salad with Dressing Orange	29 Sweet and Sour Beef Meatballs Egg Barley Spinach Souffle Kiwis (2)	30 Gefilte Fish Orzo Beets and Onion Salad Pear	