



OCTOBER

Einstein Senior Center

MONDAY

'Body in Motion With Ola
11am-12noon

" The Journey to be
Recognized"
An LGBT Presentation with
Steven Wilkinson (SAGE)
Sept 26
1pm-2pm

TUESDAY

"Art with Laura"
10am-12noon

Arthritis Exercise With
Damion
11am-12noon

WEDNESDAY

Virtual Computer Class
With Ralph
At 1pm

929-205-6099
Meeting ID: 295 955 2471
Password: 259554

THURSDAY

Health and Wellness
Support Group
10-11am

Art with Laura
10am-12noon

Oct 29, 2020 @ 1pm
NSHOPP Presentation
With Alex Mendes

FRIDAY

CONTACT

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MORE INFORMTAION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out www.jasa.org/events/senior-center-virtual-events

