



Dreiser Older Adult Center


Phone Number (718) 320 1345

177 Dreiser Loop Room #7 Bronx NY 10475

June 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 9:00am-10:00am- Weekend Recap Discussion Room#7</p> <p>10:00am-11:00am- Stay Well Exercise w/ Denise Auditorium A</p> <p>12:00pm-1:00pm-Lunch Room#4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p>	<p>2 10am-4pm: Trip to Hobby Lobby</p> <p>10:30am-11:30pm- Art w/Gerry Room#2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p> <p>1:00pm-2:00pm- Zumba w/Ola Auditorium A</p> <p>1:00pm-2:00pm- Crafts w/ Roselen Room #7</p> <p>2:00pm-3:00pm- Tai Chi w/Jimmy Auditorium A</p> <p>6:30pm-7:30pm- Computer & Tablet class w/Ralph (Virtual)</p>	<p>3 10:00am-11:00am- Current Events Room#7</p> <p>11:00am-12:00pm: Arthritis Exercise w/Damion Auditorium A</p> <p>10:30am-12pm: Bread & Sip Event w/ Brenda *Sign Up Required* Room # 2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:15 pm-2:15 pm- Technology Class w/ Steve Room#7</p> <p>1:30 pm-3:30 pm- Drama Club w/ Amelia Room#2</p>	<p>4 10am-4pm: Trip to Little Island Park</p> <p>10:00am-11:00am-Morning News Discussions Room#7</p> <p>11:00am-12:00pm- Cardio Exercise w/ Gail Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-2:00pm- Body in Motion w/ Ola Auditorium A</p> <p>1:15pm-2:15pm- Music, Memory Story Circe w/ Su Casa Room #2</p> <p>2:00pm-4:00pm-Leisure TV Room#7</p>	<p>5 9am- 4pm: Trip to Walmart - Monroe</p> <p>9:00am-11:00pm- Sewing Class w/ Joy Room #2</p> <p>10:00am-11:00pm- Alert and Alive with Cathy and Essie Room #4</p> <p>10:00am-12:00pm- Knitting and Crocheting Room #7</p> <p>11:00am-12:00pm- Line Dance w/Sassy Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-2:50pm Bingo w/ Gay Room#2</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8 9am-4pm: Katz Deli</p> <p>9:00am-10:00am- Weekend Recap Discussion Room#7</p> <p>10:00am-11:00am- Stay Well Exercise w/ Denise Auditorium A</p> <p>11:00am-12:00pm- Piano Sing Along Class w/ Seth (Twice a month) Room#2</p> <p>12:00pm-1:00pm-Lunch Room#4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p>	<p>9 9am-4pm- Untermyer Gardens</p> <p>10:00am-11:00am- Current Events Room#7</p> <p>10:30am-11:30pm- Art w/Gerry Room#2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-2:00pm- Zumba w/Ola Auditorium A</p> <p>2:00pm-3:30pm- Leisure Games w/Clara Room#2</p> <p>2:00pm-3:00pm- Tai Chi w/Jimmy Auditorium A</p> <p>6:30pm-7:30pm- Computer & Tablet class w/Ralph (Virtual)</p>	<p>10 10:00am-11:00am- Current Events Room#7</p> <p>11:00am-12:00pm: Arthritis Exercise w/Damion Auditorium A</p> <p>11:00am-12:00pm- Bead & Jewelry w/ Brenda *On break* Room #4</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:15 pm-2:15 pm- Technology Class w/ Steve Room#7</p> <p>1:30 pm-3:30 pm- Drama Club w/ Amelia Room#2</p>	<p>11 10:00am-11:00am- Morning News Discussions Room#7</p> <p>11:00am-12:00pm- Cardio Exercise w/ Gail Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-2:00pm- Body in Motion w/ Ola Auditorium A</p> <p>1:15pm-2:15pm- Music, Memory Story Circe w/ Su Casa Room #2</p> <p>2:00pm-4:00pm-Leisure TV Room#7</p>	<p>12 9:00am-11:00pm- Sewing Class w/ Joy Room #2</p> <p>10:00am-11:00pm- Alert and Alive with Cathy and Essie Room #4</p> <p>10:00am-12:00pm- Knitting and Crocheting Room #7</p> <p>11:00am-12:00pm- Line Dance w/Sassy Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-2:50pm Bingo w/ Gay Room#2</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>15 9:00am-10:00am- Weekend Recap Discussion Room#7</p> <p>10:00am-11:00am- Stay Well Exercise w/ Denise Auditorium A</p> <p>11:00am-12:00am-Leisure TV Room#7</p> <p>12:00pm-1:00pm-Lunch Room#4</p> <p>1:00pm-2:00pm- Technology Trial Class w/ Irina Room#7</p> <p>2:00pm-3:30pm- Leisure Games w/Clara Room#2</p>	<p>16 10am-4pm: South Street Seaport</p> <p>10:00am-11:00am- Current Events Room#7</p> <p>10:30am-11:30pm- Art w/Gerry Room#2</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p> <p>1:00pm-2:00pm- Zumba w/Ola Auditorium A</p> <p>1:00pm-2:00pm- Crafts w/ Roselen Room #7</p> <p>2:00pm-3:00pm- Tai Chi w/Jimmy Auditorium A</p> <p>6:30pm-7:30pm- Computer & Tablet class w/Ralph (Virtual)</p>	<p>17 10:00am-11:00am- Current Events Room#7</p> <p>11:00am-12:00pm: Arthritis Exercise w/Damion Auditorium A</p> <p>11:00am-12:00pm- Bead & Jewelry w/ Brenda *On break* Room #4</p> <p>12:00pm-1:00pm- Lunch Room#4</p> <p>1pm-3pm- Drama Club Showcase Room#2</p>	<p>18 10:00am-11:00am- Morning News Discussions Room#7</p> <p>11:00am-12:00pm- Cardio Exercise w/ Gail Auditorium A</p> <p>12:00pm-1:00pm- Father's Day Lunch Room #4</p> <p>1:00pm-2:00pm- Body in Motion w/ Ola Auditorium A</p> <p>1:15pm-2:15pm- Music, Memory Story Circe w/ Su Casa Room #2</p> <p>2:00pm-4:00pm-Leisure TV Room#7</p>	<p>19</p> <p>CLOSED IN OBSERVANCE OF JUNETEENTH</p>  <p>JUNETEENTH FREEDOM DAY JUNE 19</p>

<p>22 9am-4pm: Trip to Green Acres Mall</p> <p>9:00am-10:00am- Weekend Recap Discussion Room#7</p> <p>10:00am-11:00am- Stay Well Exercise w/ Denise Auditorium A</p> <p>11:00am-12:00pm- Piano Sing Along Class w/ Seth (Twice a month) Room#2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p>	<p>23 11am-4pm: Bowlerland</p> <p>10:00am-11:00am- Current Events Room#7</p> <p>10:30am-11:30pm- Art w/Gerry Room#2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p> <p>1:00pm-2:00pm- Zumba w/Ola Auditorium A</p> <p>1:00pm-2:00pm- Crafts w/ Roselen Room #7</p> <p>2:00pm-3:00pm- Tai Chi w/Jimmy Auditorium A</p> <p>6:30pm-7:30pm- Computer & Tablet class w/Ralph (Virtual)</p>	<p>24 10:00am-11:00am- Current Events Room#7</p> <p>11:00am-12:00pm: Arthritis Exercise w/Damion Auditorium A</p> <p>11:00am-12:00pm- Bead & Jewelry w/ Brenda *On break* Room #4</p> <p>12:00pm-1:00pm- Lunch/ Birthday Celebration Room#4</p> <p>1:00 pm-2:00 pm- Nutrition Presentation; Health Hydration w/ Tiana Room#4</p> <p>2:00pm-4:00pm-Leisure TV Room#7</p>	<p>25 11am-3pm: Lunch @ City Island</p> <p>10:00am-11:00am- Morning News Discussions Room#7</p> <p>11:00am-12:00pm- Cardio Exercise w/ Gail Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-2:00pm- Body in Motion w/ Ola Auditorium A</p> <p>2:00pm-4:00pm-Leisure TV Room#7</p>	<p>26 9:00am-11:00pm- Sewing Class w/ Joy Room #2</p> <p>10:00am-11:00pm- Alert and Alive with Cathy and Essie Room #4</p> <p>10:00am-12:00pm- Knitting and Crocheting Room #7</p> <p>11:00am-12:00pm- Line Dance w/Sassy Auditorium A</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-2:50pm Bingo w/ Gay Room#2</p>
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>29 9:00am-10:00am- Weekend Recap Discussion Room#7</p> <p>10:00am-11:00am- Stay Well Exercise w/ Denise Auditorium A</p> <p>12:00pm-1:00pm-Lunch Room#4</p> <p>1:00pm-2:00pm- Crafts w/ Roselen Room #7</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p>	<p>30 10:00am-11:00am- Current Events Room#7</p> <p>10:30am-11:30pm- Art w/Gerry Room#2</p> <p>12:00pm-1:00pm- Lunch Room #4</p> <p>1:00pm-3:30pm- Leisure Games w/Clara Room#2</p> <p>1:00pm-2:00pm- Zumba w/Ola Auditorium A</p> <p>1:00pm-2:00pm- Crafts w/ Roselen Room #7</p> <p>2:00pm-3:00pm- Tai Chi w/Jimmy Auditorium A</p> <p>6:30pm-7:30pm- Computer & Tablet class w/Ralph (Virtual)</p>			


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June 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 <u>Kosher</u> Moroccan Salmon Rice w Vegetables Vegetable Mix</p> <p><u>Non Kosher</u> Beef Meat Sauce w Peppers & Onions White Rice & Quinoa Steamed Green Beans</p>	<p>2 <u>Kosher(Plant Based)</u> Breaded Vegetable Cutlet Garlic & Rosemary Roasted Potatoes Cole Slaw</p> <p><u>Non Kosher(Plant Based)</u> Buffalo Chickpea Power Grain Bowl Macaroni Salad</p>	<p>3 <u>Kosher</u> Chicken Gumbo Mediterranean Couscous Steamed Green Beans</p> <p><u>Non Kosher</u> Jerk Fish Black Beans & Rice Steamed Kale</p>	<p>4 <u>Kosher</u> Beef Meatballs in Tomato Sauce Spaghetti Capri Blend Vegetables</p> <p><u>Non Kosher</u> Sweet & Sour Pork w Pineapple Baked Red Potato Wedges Steamed Sliced Carrots</p>	<p>5 <u>Kosher</u> Baked Chicken Quarters Potato Kugel Normandy Blend</p> <p><u>Non Kosher</u> Curried Chicken Legs White Rice Cooked Cabbage w Shredded Carrots</p>
<p>8 <u>Kosher(Plant Based)</u> Comforting Red Lentil Bolognese Pearled Barley Spiced Mixed Vegetables</p> <p><u>Non Kosher</u> Pork Roast w Mango Chutney Brown Rice Cooked Cabbage w Shredded Carrots</p>	<p>9 <u>Kosher (Cold)</u> Chicken Salad Potato Salad Cabbage & Beet Salad</p> <p><u>Non Kosher</u> Baked Chicken Thighs Mashed Sweet Potatoes California Blend Vegetables</p>	<p>10 <u>Kosher</u> Teriyaki Baked Fish Mexican Confetti Rice Steamed Yellow Squash</p> <p><u>Non Kosher(Plant Based)</u> Blackeye Pea Curry w Potatoes & Tomatoes Mashed Potatoes Steamed Broccoli</p>	<p>11 <u>Kosher</u> Beef & String Beans Brown Rice Vegetable Mix</p> <p><u>Non Kosher</u> Dairy Free Baked Ziti w Turkey Baby Carrots & Parsley</p>	<p>12 <u>Kosher</u> BBQ Chicken Leg Quarters Spinach Noodle Kugel Capri Blend Vegetables</p> <p><u>Non Kosher</u> Spanish Chicken w Potatoes & Garlic Yellow Rice Steamed Green Beans</p>

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<p>15 <u>Kosher</u> Beef Hamburger Baked Red Potato Wedges Health Slaw</p> <p><u>Non Kosher</u> Pork Spare Ribs Garlic Mashed Potatoes Steamed Collard Greens</p>	<p>16 <u>Kosher(Plant Based)</u> Chickpea Curry Medley Brown Rice Roasted Eggplant</p> <p><u>Non Kosher(Plant Based)</u> Latin Sweet Potato & Red Bean Chilli White Rice Steamed Cauliflower</p>	<p>17 <u>Kosher</u> Puerto Rice Chicken Stew California Blend Vegetables</p> <p><u>Non Kosher</u> Jumbo Stuffed Shells w Meat Sauce Vegetables Mix</p>	<p>18 <u>Kosher</u> Ginger & Lime Salmon Baked Sweet Potato Prince Edward Blend Vegetables</p> <p><u>Non Kosher</u> Baked Asian Style Honey Chicken White Rice & Quinoa Steamed Broccoli</p>	<p>19 CLOSED IN OBSERVANCE OF JUNETEENTH</p> 
<p>22 <u>Kosher</u> Baked Fish w Garlic Sauce Couscous w Peas & Lemon Steamed Carrot</p> <p><u>Non Kosher</u> BBQ Chicken Leg Quarters Baked Mac & Cheese Steamed Cabbage</p>	<p>23 <u>Kosher</u> Veggie Chicken Cacciatore Spaghetti Sauteed String Beans</p> <p><u>Non Kosher</u> Spanish Style Roast Pork White Rice California Blend Vegetables</p>	<p>24 <u>Kosher(Plant Based)</u> Eggplant Chickpea Tagine Egg Barley Vegetable Mix</p> <p><u>Non Kosher (Plant Based)</u> No Cheese Spring Vegetable Lasagna Sauteed Green Beans w Onions</p>	<p>25 <u>Kosher</u> Dairy Free Baked Ziti w Beef Capri Blend Vegetables</p> <p><u>Non Kosher</u> Baked Fish w Mushrooms & Peppers Yellow Rice Cauliflower w Carrots & Parsley</p>	<p>26 <u>Kosher</u> Baked Chicken Quarters Apple Noodle Kugel Roasted Zucchini</p> <p><u>Non Kosher</u> Grilled Caribbean Chicken Breast Pasta Cabbage Carrot Slaw</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>29</p> <p><u>Kosher</u></p> <p>Moroccan Salmon</p> <p>Rice</p> <p>Mix Vegetables</p> <p><u>Non Kosher</u></p>	<p>30</p> <p><u>Kosher (Plant Based)</u></p> <p>Breaded Vegetable Cutlet</p> <p>Tomato Sauce</p> <p>Mix Vegetables</p> <p><u>Non Kosher</u></p>			



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177 Dreiser Loop, Room#7, Bronx, NY 10475
(718) 320-1345
www.jasa.org

Hours

Mondays - Fridays 8:00am - 4:00pm
Closed for Federal and Jewish Holidays

Dreiser Older Adult Center Staff

Yvette Kouamenan, Program Director, ykouamenan@jasa.org

Dennis Hugee, Assistant Program Director, dhugee@jasa.org

Sandra Satchell, Program Coordinator, ssatchell@jasa.org

Partially funded by Councilman Kevin Riley

June Virtual Programming

Virtual Computer Class w/Ralph every Tuesday on Zoom

6:30pm-7:30pm

Meeting ID: 854 2963 5300

Passcode: Dreiser23