



SEPTEMBER

DREISER SENIOR CENTER

MONDAY

Chair Yoga w/ Charles Tyler

Time: 10:00 am to 11:00 am

Join Zoom Meeting
<https://zoom.us/j/99565341173>

+1 646 876 9923 US
(New York) Mondays
Meeting ID: 948 6880 5136

TUESDAY

Music Therapy

Time: 11:00am- 12:00am
ZOOM Call in number
1646-876-9923

Meeting ID:
935-5178-1563

7 week EB Plant Based
Eating workshop Sept 22
1pm-2Pm

WEDNESDAY

Game Day

Time: 1:00pm-2:00pm
Zoom link and phone number

Join Zoom Meeting
<https://scarsdaleschools.zoom.us/j/93969423460?pwd=U09lQ09TRTEyenVleHE4VlhIMXI1QT09>

Online Passcode: 6q5fBh
Telephone:
+1 929 205 6099
Meeting ID: 939 6942 3460

THURSDAY

Meditation w/ Charles Tyler

Time:
10:00am-11:00am
Join Zoom Meeting
<https://zoom.us/j/94868805136>

+1 646 876 9923 US
(New York) Thursday
Meeting ID: 948 6880 5136
Hispanic Heritage
month Celebration Sept
25, 2:00pm-4:00pm

FRIDAY

Concerts in Motion

Time:
11:00 am-12:00pm

To join the Zoom meeting,
go to this link:
<https://us02web.zoom.us/j/86991640881>

Or you can dial in by
phone:
+1-646-558-8656 (New
York)
+1-312-626-6799 US

The meeting ID is: 869
9164 0881

CONTACT

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MORE INFORMTAION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out www.jasa.org/events/senior-center-virtual-events



September 25

Hispanic Heritage Month

**Dreiser Senior Center
in collaboration with
Einstein Senior center
Presents**

**“An Hispanic American
Story”**

2:00pm-4:00pm

**A celebration of
Hispanic Culture and
Contribution to the
American Society.**

**Please call 718-320-1345
to sign up and get
ZOOM link**

September 22

**Evidence Based Plant
Based Eating and
Education Workshop**

7 week workshop

1:00pm-2:00pm

**Please call 718-320-1345
to sign up and get
ZOOM link**