



Nov 2020

DREISER SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chair Yoga w/ Charles Tyler Time: 10:00 am to 11:00 am</p>	<p>Music Therapy Time: 11:00am- 12:00am</p> <p>-----</p> <p>Zumba class every Tuesday 1:00pm-2:00pm</p>	<p>Game Day Time: 1:00pm-2:00pm</p>	<p>Meditation w/ Charles Tyler Time: 10:00am-11:00am</p>	<p>November 13, 2020 11:00am-12:00PM Virtual Tour of Queens Botanical Garden Email pogando@jasa.org for zoom info.</p> <p>Friday ART CLASS COMING SOON.</p>

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