



# November 2021

## Cooper Park Senior Center

### MONDAY

**Chair Massage with Mr.Rosa**  
**TBA( In person )**  
**Time**  
**11:00 AM-12:00 PM.**

**Congregate Hot Meals ( served**  
**in the center )**  
**12:00 PM-1:00 PM**

**Cooper Park SC Thanksgiving**  
**Celebration ( In person )**  
**11/22/21**  
**12:00PM -1:00 PM**

### TUESDAY

**Grab & Go Meals**  
**( Pick up at the center )**  
**12:00 - 2:00 PM**

**Bingo ( In Person))**  
**Time: 3:00 PM – 4:30 PM**  
**Please register in advance this**  
**class will be conducted at the**  
**center.**

**Elder Abuse presentation /NYPD**  
**( In person)**  
**Tuesday November 16,2021**  
**Time : 1:00 PM - 2:00 PM**

### WEDNESDAY

**Cooper Park Chat &**  
**Chill Support Group**  
**( In Person)**

**Time: 11:00 PM -12:00**  
**PM**

**Congregate Hot Meals**  
**( served in the center )**  
**12:00 PM-1:00 PM**

### THURSDAY

**Grab & Go Meals**  
**( Pick up at the center )**  
**12:00 PM - 2:00 PM**

**Bingo ( In Person )**  
**Time: 3:00 PM – 4:30 PM**  
**Please register in advance**  
**this class will be conducted at**  
**the center.**

### FRIDAY

**Grab & Go Meals**  
**( Pick up at the center )**  
**12:00 PM - 2:00 PM**

**11/12/21 - NY Common Pantry**  
**Distribution**  
**10:00 AM -12:00 PM**

**Cultural Arts class w/ Ms. Grant**  
**1:00 PM – 2:00 PM**  
**\*Please register in advance this**  
**class will be conducted at the**  
**center. ( In Person )**

### CONTACT

**Name:** **Melissa Williams**  
**EMAIL:** **Mwilliams@jasa.org**  
**PHONE #:** **718.408.6328**  
**ADDRESS:** **288 Frost Street, Brooklyn, NY 11222**

### MORE INFORMATION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out [www.jasa.org/events/senior-center-virtual-events](http://www.jasa.org/events/senior-center-virtual-events)

