JASA Club 76 Older Adult Center

(212) 712-0170

120 W 76th Street 3rd Floor, NY, NY 10023

January 2026 Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOTE: Calendar is subject to change All Activities in Person				**01.** **New Year** **JASA CLUB 76 OAC** **Will be closed** **Happy 2026!**	**02.** **11am-12pm** Color your stress away & meditation music **12pm-1pm** Kosher Lunch **1PM-3PM:**Movie FrankenStein (2025)	**03.**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
04.	**05.** **11am-12pm** Chair Yoga w/ Elena (Hybrid) **12pm-1pm** Kosher Lunch **1pm-2pm** Leisure Bingo **2pm-3pm** Technology Class/computer lab w Ronen	**06.** **10am-12pm** Art w/ Nadia **12pm-1pm** Kosher Lunch + Travel Tuesday (TBD) **1pm-2pm** Belly Dancing w/ Chantal **2:15pm-3:15pm** Current Events (Hybrid)	**07.** **11am-12pm** Drama w/ Jim **12pm-1pm** Kosher Lunch **1pm-2pm** Pilates Class w/ Dallas **1:30pm-3pm** Chess w/ Jonathan **230pm-330pm** Tech Drop In Hour w/ Ron	**08.** **11am-12:30pm** Sewing w/ Lisa **12pm-1pm** Kosher Lunch **1pm-2pm**: Zumba w/ Des **130pm-230pm** Mixed Media Arts w/ Uniqua (Monthly) **2pm-3:30pm** Creative Writing with Royal Alvis	**09.** **11am-12pm** Chair Stretch w/ Youtube & Staff **12pm-1pm** Kosher Lunch **1PM-3PM:** Movie LaLa Land (2016)	**10.**
11.OPEN SUNDAY **11am-12pm** Coffee & Paint **12pm-1pm** Kosher Lunch, RSVP **1pm-3pm** Karaoke and Mocktails with DJ Woody	**12.** **11am-12pm** Chair Yoga w/ Elena (Hybrid) **12pm-1pm** Kosher Lunch **1pm-2pm** Leisure Bingo **2pm-3pm** Technology Class/computer lab w Ronen	**13.** **11am-12pm** Color your stress away & meditation music **12pm-1pm** Kosher Lunch + Travel Tuesday (TBD) **1pm-2pm** Belly Dancing w/ Chantal **2:15pm-3:15pm** Current Events (Hybrid)	**14.** **11am-12pm** Drama w/ Jim **12pm-1pm** Kosher Lunch **1pm-2pm** Pilates Class w/ Dallas **1:30pm-3pm** Chess w/ Jonathan **230pm-330pm** Tech Drop In Hour w/ Ron	**15.** **1030am-12pm** Puzzle Time w/ Janet **11am-12pm** Advisory Council Meeting **12pm-1pm** Kosher Lunch **1pm-2pm** Zumba w/ Des **2pm-3:30pm** Creative Writing with Royal Alvis (Hybrid)	**16.** **11am-12pm** Tea & Talk w/ Fiona (Support Group) **12pm-1pm** Kosher Lunch+ Health Presentation w/ Staff **1PM-3PM:** Movie The Butler (2013)	**17.**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18.	**19.** **In Observance of Martin Luther King Jr.** **JASA Club 76 OAC Will be closed**	**20.** **10am-12pm** Art w/ Nadia **12pm-1pm** Kosher Lunch + Travel Tuesday (TBD) **1pm-2pm** Belly Dancing w/ Chantal **2:15pm-3:15pm** Current Events (Hybrid)	**21.** **11am-12pm** Drama w/ Jim **12pm-1pm** Kosher Lunch **1pm-2pm** Pilates Class w/ Dallas **1:30pm-3pm** Chess w/ Jonathan **230pm-330pm** Tech Drop In Hour w/ Ron	**22.** **11am-1230pm** Sewing w/ Lisa **12pm-1pm** Kosher Lunch, RSVP **1pm-3pm** Unclaimed funds event with the Assemblymember and the Comptroller's office	**23.** **11am-12pm** Chair Stretch w/ Youtube & Staff **12pm-1pm** Kosher Lunch **1PM-3PM:** Movie Selma (2014)	**24.**
25.	**26.** **11am-12pm** Chair Yoga w/ Elena (Hybrid) **12pm-1pm** Kosher Lunch **1pm-2pm** Leisure Bingo **2pm-3pm** Technology Class/computer lab w Ronen	**27.** **11am-12pm** Color your stress away & meditation music **12pm-1pm** Kosher Lunch + Travel Tuesday (TBD) **1pm-2pm** Belly Dancing w/ Chantal **2:15pm-3:15pm** Current Events (Hybrid)	**28. PARTY** **11am-12pm** Drama w/ Jim **12pm-1pm** Kosher Lunch, RSVP **1pm -3pm** January Birthday Party + Cake **Theme:** Broadway **Entertainment:** Drama Group Presentation	**29.** **1030am-12pm** Puzzle Time w/ Janet **12pm-1pm** Kosher Lunch **+** Thyroid Screening Presentation /w Lisa **1pm-2pm** Zumba w/ Des **2pm-3:30pm** Creative Writing with Royal Alvis (Hybrid)	**30.** **11am-12pm** Tea & Talk w/ Fiona (Support Group) **12pm-1pm** Kosher Lunch **1PM-3PM:** Movie Walk the line (2005)	**31.**

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January 2026 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOTE: Menu is subject to change **Meals are first come, First served.** *For Grab and Go Meals, meals are frozen, and must be picked up daily, during the lunch hour 12pm-1pm*				**01.** **New Year** **JASA CLUB 76 OAC** **Will be closed**	**02.** BBQ Chicken Leg Quarters Pasta w/ Kasha Green Beans Challah Bread Fruit **1% Low Fat Milk to go**	**03.**
04.	**05.** Fish w/ Garlic Sauce CousCous Carrots Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**06.** Chicken & Veggie Cacciatore Saghetti String Beans Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**07. Vegetarian** Eggplant & Chickpea Stew Egg Barley Mixed vegetables Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**08.** Dairy-Free Ziti w/ Beef Mixed vegetables Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**09.** Baked Chicken Quarters Apple Kugel Zuccini Challah Bread Fruit **1% Low Fat Milk to go**	**10.**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11. Open Sunday Grilled Chicken Breast Mash Potatoes Spinach Garlic Bread Fruit **1% Low Fat Milk to go**	**12. Vegetarian** Tofu Stir Fry Barley Mixed vegetables Whole Wheat Bread Fruit +Soup **1% Low Fat Milk to go**	**13.** Chicken Gumbo CousCous Eggplant Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**14.** Tuna Salad Basic Pasta Salad Coleslaw Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**15.** Lemon Salmon Yellow Rice Green Beans Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**16.** BBQ Chicken Leg quarters Baked Potato Mixed vegetables Challah Bread Fruit **1% Low Fat Milk to go**	**17.**
18.	**19.** **In Observance of Martin Luther King Jr. JASA Club 76 OAC Will be closed**	**20.** Moroccan Salmon Roasted Potatoes Mixed vegetables Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**21.** Beef Meatloaf Brown Rice String Beans Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**22. Vegetarian** Black Beans Yellow Rice Mixed vegetables Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**23.** Roasted Chicken Legs Spinach Kugel Mixed vegetables Challah Bread Fruit **1% Low Fat Milk to go**	**24.**
25.	**26.** Moroccan salmon Rice Mixed vegetables Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**27. Vegetarian** Vegetable Cutlet Roasted Potatoes Coleslaw Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**28. PARTY** Chicken Gumbo Couscous Green Beans Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**29.** Beef Meatballs in Tomato Sauce Spaghetti Mixed vegetables Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**30.** Baked Chicken Quarters Potato Kugel Mixed vegetables Challah Bread Fruit **1% Low Fat Milk to go**	**31.**

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Mondays - Fridays 8:00am - 4:00pm

Closed for Federal and Jewish Holidays

Upcoming Closure: January 01 and 19, 2026

Daily Kosher Lunch

Mondays - Fridays

12:00pm - 1:00pm - 3rd floor Ballroom

Club 76 Older Adult Center Staff

Jessica Infante, Program Director, jinfante@jasa.org

Joselyn Feliciano M.S.W, Assistant Director, jfeliciano@jasa.org

Vivian Gelberman L.M.S.W, Case Manager, vgelberman@jasa.org

January 2026 Activities/Programming

Open Sunday on January 11, RSVP

Unclaimed Funds Event with Assemblymember on January 22, RSVP

Monthly Birthday Party on January 28, RSVP

Note: Walking Club will resume in the spring

And Tai Chi sessions are temporarily paused

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