








# Coney Island Active Aging/ NORC

**2950 West 35th St., 2nd Fl. Brooklyn 718-943-7812**

*November 2022 Calendar \*\*Case Managers Available Daily\*\**

<u>DAYS</u>	<u>TIME</u>	<u>EVENTS</u>
<b>Mondays</b> 	<b>10:00 AM- 11:30 AM</b>	<b>ESL Class- Hybrid</b>
<b>Tuesdays</b> 	<b>9:00 AM- 4:00 PM</b> <b>1:30 PM- 2:30 PM</b>	<b>VNS Nurse- In-person</b> <b>Aerobics- Hybrid</b>
<b>Wednesdays</b> 	<b>9:00 AM- 5:00 PM</b>	<b>VNS Nurse- Zoom- Virtually</b>  <b>See Special Events.</b>
<b>Thursdays</b> 	<b>9:00 AM- 5:00 PM</b> <b>11:00 AM- 5:00 PM</b> <b>1:30 PM- 2:30 PM</b> <b>2:00 PM- 3:00 PM</b>	<b>VNS Nurse- In-person</b> <b>GAME DAY- POKE-NO</b> <b>Aerobics- Hybrid</b> <b>Group Discussion- Hybrid</b>
<b>Fridays</b> 	<b>10:00 AM- 11:00 AM</b> <b>12:30 PM- 2:00 PM</b>	<b>Salsa- Hybrid</b> <b>Painting- Hybrid</b>

JASA/ CIAA is conducted in partnership with RiverSpring. This project is supported by funding from the New York State Office for the Aging. Its contents are solely the responsibility of the grantee and do not necessarily represent the official view of the New York State Office for the Aging, DFTA, O' Dwyer NYCHA housing, and a grant secured by Honorable Mark Treyger, NYC Councilman.



# Coney Island Active Aging- NORC

2950 West 35th St., 2nd Fl. Brooklyn 718-943-7812

## ***Special Events: Happy Thanksgiving!***

**\*\* Wednesday, November 9th- CIIA- NORC Senior Advisory Meeting  
@ 10 AM**

**\*\* Thursday, November 10th- NYC Participatory Budgeting Meeting  
w/ Molly @ 10:30 AM**

**\*\* Monday, November 14th- Focus Group @ 1 PM**

**\*\* Friday, November 18th- Thanksgiving & Birthday Celebration  
@ 12 PM**

**Registration Required. Hybrid- In-person & Zoom**

**\*\* Tuesday, November 22nd- NY Common Pantry Distribution @ 11 AM  
Registration Required- CIIA- NORC courtyard**

**\*\* Thursday, November 24th- CLOSED-  
**HAPPY THANKSGIVING****

**\*\*Tuesday, November 29th- Health Lecture- NORC Nurse- Nancy @  
12:00 PM- Hybrid- In-person & Zoom**

**\*\* Tuesdays & Wednesdays- Tai Chi for Arthritis and Fall Prevention-  
Maimonides Medical Center @ 11 AM- Hybrid In-person & Zoom**

## **Coming In December:**

**\*\* Wednesday, December 7th- TRIP- Walmart @ 9:30 AM**

**\*\* Saturday, December 10th- Paint & Sip- Holiday Extravazanga- 12 PM**

**If You Are Interested In Participating In Any Classes, Please call 718- 943- 7812  
For Any Additional Information.**

***Other Services: Assistance with Benefits/Entitlements, Documentation  
Translation, Home Visits, Referrals for Meals on Wheels & Home Health Aide  
services, Shopping Assistance, Supportive Counseling, Tax forms,  
Transportation, etc.***