





Coney Island Active Aging/ NORC

Virtual & In-person Programs 718-943-7812

*January 2022 Calendar **Case Managers Available Daily***

<u>DAYS</u>	<u>TIME</u>	<u>EVENTS</u>
Mondays 	10:00AM- 11:30AM	ESL Class- Zoom
Tuesdays 	9:00AM- 3:00PM 1:30PM- 2:30PM	Nurse- In-person-RiverSpring Aerobics (Virtual- Zoom)
Wednesdays 	9:00AM- 5:00PM See Special Events.	Nurse- Virtually Virtual- Zoom Programs
Thursdays 	9:00AM- 5:00PM 11:00AM- 5:00PM 1:30PM- 2:30PM 3:30PM- 4:30PM	Nurse- In-person- GAME DAY- POKE-NO (Virtual) Aerobics (Virtual- Zoom ONLY) Circle of Friends- English Virtual- Zoom
Fridays 	9:00AM- 3:00PM 10:00am- 11:00am 12:30pm- 2:00pm 12:00PM- 1:00PM	Nurse- In-person- RiverSpring Salsa (Virtual- Zoom ONLY) Painting (Virtual- Zoom ONLY) Circle of Friends- Russian (Bi-weekly) Virtual- Zoom

JASA/ CIAA is conducted in partnership with RiverSpring. This project is supported by funding from the New York State Office for the Aging. Its contents are solely the responsibility of the grantee and do not necessarily represent the official view of the New York State Office for the Aging, DFTA, O' Dwyer NYCHA housing, and a grant secured by Honorable Mark Treyger, NYC Councilman.



Coney Island Active Aging/ NORC

Virtual & In-person Programs 718-943-7812

Special Events: Happy New Year, 2022

- **Tuesday, January 11th- Technology Workshop- Brooklyn Public Library- Russian Speaker @ 11:00am- Zoom.**
- ** Wednesday, January 12th-Nutrition & culinary workshop- Virtually- Stellar Farmers Market- 2:00pm- Bilingual-Zoom.**
- ** Monday, January 17th- CLOSED- Martin Luther King, Jr. Day!**
- ** Tuesday, January 18th- Health Lecture- NORC Nurse- Olha @ 12:15pm- Virtual- Zoom**
- ** Wednesday, January 19th- New Year's/Holiday Party- Zoom @ 12:00pm**
- ** Saturday, January 29th- Technology Workshop- Brooklyn Public Library- English Speakers- @ 11:00am-Zoom**
- **Group Discussion- English- (Biweekly) & Russian(Weekly)- Time To Be Announced.**
- **CUNY Nursing Student- Mondays- 9am-3pm @ CIAA-NORC & PACE Nursing Students- Thursdays- 9am-3pm- Virtually**

If You Are Interested In Participating In Any Classes, Please call 718- 943- 7812 For Any Additional Information.

Other Services: Assistance with Benefits/Entitlements, Documentation Translation, Home Visits, Referrals for Meals on Wheels & Home Health Aide services, Shopping Assistance, Supportive Counseling, Tax forms, Transportation, etc.

JASA/ CIAA is conducted in partnership with RiverSpring. This project is supported by funding from the New York State Office for the Aging. Its contents are solely the responsibility of the grantee and do not necessarily represent the official view of the New York State Office for the Aging, DFTA, O' Dwyer NYCHA housing, and a grant secured by Honorable Mark Treyger, NYC Councilman.