



JASA Senior Alliance Older Adult Center

Phone Number (718)646-4100

161 Corbin Place, Brooklyn, NY, 11235

May 2024 Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30am TRIP to Brooklyn Botanic Garden 10:00am-4:00pm TECH 101 Tablets Free Time 10:30am-11:30am Exercise Class - Iouri 11:00am-12:30pm NEW !!! ART CLASS with Katya 12:00pm-1:00pm Blood Pressure 2:15pm-3:45pm ESL – Elementary with Lana	2 9:00am-9:45am Hybrid SAIL 10:00am-10:45am Zumba with Lisa 10:00am-11:00am Hybrid Computer with Anatoly 10:00am-4:00pm TECH 101 10:00am-12:00pm Book Club with Zoya 12:00pm-1:30pm ESL-MID with Lyuba 12:00pm- 2:00pm “Dance with Us” Irina	3 9:30am-10:30am Chair Exercise with Mike 10:00am-11:00am Current Events Discussion Club 11:00am-12:30pm Hybrid Technology with Marina 11:45am-12:45pm Exercise Class with Iouri 12:30pm-2:00pm ESL Class with Yelena advanced 1:00pm -2:00pm CONCERT - LIVE MUSIC Cinco de Mayo Celebration & refreshments	4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	<p>6</p> <p>9:30am-10:30am Silver Sneakers with Mike</p> <p>10:00am -11:00am Current Events Discussion</p> <p>10:00am - 4:00pm Tablets Free Time Library</p> <p>12:00pm-1:30pm ESL – Elementary with Lana</p>	<p>7</p> <p>9:00am-9:45am Hybrid SAIL with Anatoly</p> <p>10:00am-11:00am Hybrid Computer with Anatoly</p> <p>10:00am - 4:00pm TabletsFree Time Library</p> <p>11:00am-2:00pm FAN Distribution</p> <p>11:00am-12:30pm “Ladies Pearl Club”</p> <p>12:00pm-1:00pm Crochet Club</p> <p>12:00pm-2:00pm “Dance with Us” with Irina</p> <p>1:30pm- 2:30pm ESL for Beginners</p>	<p>8</p> <p>10:00am-4:00pm TECH 101</p> <p>Tablets Free Time</p> <p>10:30am-11:30am Exercise Class - Iouri</p> <p>11:00am-12:00pm Fire Safety Presentation</p> <p>11:00am-12:30pm NEW !!!</p> <p>ART CLASS with Katya</p> <p>11:00am-2:00pm FAN Distribution</p> <p>12:00pm- 1:00pm Blood Pressure</p> <p>2:15pm-3:45pm ESL – Elementary with Lana</p>	<p>9</p> <p>9:00am-9:45am Hybrid SAIL</p> <p>10:00am-11:00am Hybrid Computer with Anatoly</p> <p>10:00am-4:00pm TECH 101</p> <p>10:00am-12:00pm Book Club with Zoya</p> <p>12:00pm-1:30pm ESL-MID with Lyuba</p> <p>12:00pm- 2:00pm “Dance with Us” Irina</p>	<p>10</p> <p>9:30am-10:30am Chair Exercise with Mike</p> <p>10:00am-11:00am Current Events Discussion Club</p> <p>10:30am-11:15am Dance Class with Angela</p> <p>12:30pm-2:00pm ESL Class with Yelena advanced</p> <p>1:00pm-2:00pm Spirituality Hour with Rabbi Barry Melman</p>	11

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13 9:30am-10:30am Silver Sneaker with Mike 10:00am -11:00am Current Events Discussion 10:00am - 4:00pm Tablets Free Time Library 10:30am-11:15am Dance Class with Angela 11:00am-12:00pm HAPPY MOTHER'S DAY ICE-CREAM PARTY 12:00pm-1:30pm ESL – Elementary with Lana	14 9:00am-9:45am Hybrid SAIL with Anatoly 10:00am-10:45am Zumba with Lisa 10:00am-11:00am Hybrid Computer with Anatoly 10:00am - 4:00pm TabletsFree Time Library 12:00pm-1:00pm Crochet Club 12:00pm-2:00pm “Dance with Us” with Irina 1:30pm- 2:30pm ESL for Beginners	15 10:00am-4:00pm TECH 101 Tablets Free Time 10:30am-11:30am Exercise Class - Iouri 11:00am-12:30pm NEW !!! ART CLASS with Katya 12:00pm-1:00pm Blood Pressure 1:00pm-2:00pm ISRAEL'S INDEPENDENCE DAY CONCERT-LIVE MUSIC 2:15pm-3:45pm ESL – Elementary with Lana	16 9:00am-9:45am Hybrid SAIL 10:00am-10:45am Zumba with Lisa 10:00am-11:00am Hybrid Computer with Anatoly 10:00am-4:00pm TECH 101 10:00am-12:00pm Book Club with Zoya 12:00pm-1:30pm ESL-MID with Lyuba 12:00pm- 2:00pm “Dance with Us” Irina	17 9:30am-10:30am Chair Exercise with Mike 10:00am-11:00am Current Events Discussion Club 10:30am-11:15am Dance Class with Angela 11:00am-12:30pm Hybrid Technology with Marina 12:30pm-2:00pm ESL Class with Yelena advanced 1:00pm-2:00pm Spirituality Hour with Rabbi Barry Melman	18

Partially funded by: Councilwoman Inna Vernikov

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <p>OPEN SUNDAY</p> <p>COMMUNITY OUTREACH DAY</p>	<p>20</p> <p>10:00am - 11:00am Current Events Discussion</p> <p>10:00am - 4:00pm Tablets Free Time Library</p> <p>10:30am-11:15am Dance Class with Angela</p> <p>12:00pm-1:30pm ESL – Elementary with Lana</p>	<p>21</p> <p>9:00am-9:45am Hybrid SAIL with Anatoly</p> <p>10:00am-10:45am Zumba with Lisa</p> <p>10:00am-11:00am Hybrid Computer with Anatoly</p> <p>10:00am - 4:00pm TabletsFree Time Library</p> <p>12:00pm-1:00pm Crochet Club</p> <p>12:00pm-2:00pm “Dance with Us” with Irina</p> <p>1:30pm- 2:30pm ESL for Beginners</p>	<p>22</p> <p>10:00am-4:00pm TECH 101 Tablets Free Time</p> <p>10:30am-11:30am Exercise Class - Iouri</p> <p>11:00am-12:30pm NEW !!! ART CLASS with Katya</p> <p>12:00pm-1:00pm Blood Pressure</p> <p>2:15pm-3:45pm ESL – Elementary with Lana</p>	<p>23</p> <p>9:00am-9:45am Hybrid SAIL</p> <p>10:00am-10:45am Zumba with Lisa</p> <p>10:00am-11:00am Hybrid Computer with Anatoly</p> <p>10:00am-4:00pm TECH 101</p> <p>10:00am-12:00pm Book Club with Zoya</p> <p>12:00pm-1:30pm ESL-MID with Lyuba</p> <p>12:00pm- 2:00pm “Dance with Us” Irina</p>	<p>24</p> <p>10:00am-11:00am Current Events Discussion Club</p> <p>10:30am-11:15am Dance Class with Angela</p> <p>11:00am-12:30pm Hybrid Technology with Marina</p> <p>11:45am-12:45pm Exercise Class with Iouri</p> <p>1:00pm-2:00pm Spirituality Hour with Rabbi Barry Melman</p>	<p>25</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 CENTER IS CLOSED MEMORIAL DAY	28 9:00am-9:45am Hybrid SAIL with Anatoly 10:00am-10:45am Zumba with Lisa 10:00am-11:00am Hybrid Computer with Anatoly 10:00am - 4:00pm TabletsFree Time Library 12:00pm-1:00pm Crochet Club	29 10:00am-4:00pm TECH 101 Tablets Free Time 10:30am-11:30am Exercise Class - Iouri 12:00pm-1:00pm Blood Pressure 12:00pm - 1:00pm MEMORIAL DAY CELEBRATION MINI BBQ 2:15pm-3:45pm ESL – Elementary with Lana	30 9:00am-9:45am Hybrid SAIL 10:00am-10:45am Zumba with Lisa 10:00am-11:00am Hybrid Computer with Anatoly 10:00am-4:00pm TECH 101 10:00am-12:00pm Book Club with Zoya	31 9:30am-10:30am Chair Exercise with Mike 10:00am-11:00am Current Events Discussion Club 10:30am-11:15am Dance Class with Angela 11:00am-12:30pm Hybrid Technology with Marina 11:45am-12:45pm Exercise Class with Iouri 12:30pm-2:00pm ESL Class with Yelena advanced 1:00pm-2:00pm Spirituality Hour with Rabbi Barry Melman	

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May 2024 Hot Kosher Lunch Menu (11:00am-2:00pm)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 BEEF POT ROAST ROASTED SWEET POTATO SLICES BROCCOLI KUGEL WHOLE WHEAT BREAD FRUIT MILK	2 TERIYAKI BAKED FISH WHITE RICE GREEN BEANS WHOLE WHEAT BREAD FRUIT MILK	3 CHICKEN SHAWARMA JEERA RICE (CUMIN SPICED RICE) ROASTED BEETS CHALLAH BREAD FRUIT MILK	4

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6 TURKEY MEATBALLS PASTA ITALIAN BLEND VEGETABLES GARLIC BREAD FRUIT MILK	7 HUMMUS KASHA KNISH CHICKPEAS ISRAELI SALAD WHOLE WHEAT BREAD FRUIT MILK	8 STUFFED CABBAGE WITH BEEF KASHA VARNISHKES STEAMED CARROTS WHOLE WHEAT BREAD FRUIT MILK	9 FISH FRANCAISE MASHED POTATOES SPINACH SOUFFLE WHOLE WHEAT BREAD FRUIT MILK	10 HAWAIIAN CHICKEN ROASTED SWEET POTATOES BLEND VEGETABLES CHALLAH BREAD FRUIT MILK	11
12	13 CHICKEN MARSALA WHITE RICE BLEND VEGETABLES WHOLE WHEAT BREAD FRUIT MILK	14 SHEPHERD PIE WITH TURKEY MASHED SWEET POTATOES GARDEN SALAD BREAD FRUIT MILK	15 SWEET AND SOUR BEEF MEATBALLS EGG BARLEY SPINACH SOUFFLE BREAD FRUIT MILK	16 VEGAN STUFFED BELL PEPPERS BROWN RICE STEAMED GREEN BEANS WHOLE WHEAT BREAD FRUIT MILK	17 ROASTED CHICKEN POTATO KUGEL CARROT TZIMMES CHALLAH BREAD FRUIT MILK	18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 OPEN SUNDAY HOT LUNCH WILL BE SERVED	20 TURKEY BURGER ROASTED SWEET POTATO SLICES BLEND VEGETABLES PITA FRUIT MILK	21 BEEF MEATLOAF WITH MUSHROOM GRAVY BROCCOLI KUGEL MASHED POTATOES BREAD FRUIT MILK	22 BAKED BREADED FISH DILL LEMON SAUCE RICE A RONI SAUTEED ZUCCHINI BREAD FRUIT MILK	23 VEGETARIAN MOUSSAKA TOSSED SALAD WITH DRESSING BREAD FRUIT MILK	24 CRANBERRY CHICKEN SWEET NOODLE KUGEL CUT GREEN BEANS CHALLAH FRUIT MILK	25

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 CHINESE STYLE PEPPER STEAK VEGETABLE LO MEIN STEAMED GREEN BEANS FRUIT BREAD MILK	28 TURKEY MEATLOAF ROASTED SWEET POTATO SLICES ITALIAN BLEND VEGETABLES FRUIT BREAD MILK	29 SALMON CAKE DILL LEMON SAUCE COUSCOUS ROASTED BUTTERNUT SQUASH BREAD FRUIT MILK	30 WHOLE WHEAT BEAN BURRITO BROWN RICE TOSSED SALAD WITH DRESSING BREAD FRUIT MILK	31 BAKED ASIAN STYLE HONEY CHICKEN WHITE RICE ORIENTAL BLEND VEGETABLES CHALLAH BREAD FRUIT MILK	

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www.jasa.org

Hours

Mondays - Fridays 9:00am - 5:00pm

Closed for Federal and Jewish Holidays

JASA Senior Alliance Older Adult Center Staff:

Anna Bella, Program Director abella@jasa.org (718) 646-4100 press 4

Diana Vinnitsky , Assistant Director (718) 646-4100 press 3

Natalya Koverzneva, Social Worker (718)646-4100 press 2

Jolanta Tomaszewski, Program Coordinator (718)646-4100 press 1

Oksana Anistratenko, Program Coordinator (718)646-4100 press 1

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Highlight Important Program or Activity:

NEW SESSION on Wednesdays 11:00am-12:30pm NEW !!! ART CLASS with Katya

Wednesday, May 1, 9:30am TRIP to Brooklyn Botanic Garden

Friday, May 3, 1:00pm-2:00pm Cinco de Mayo Celebration CONCERT - LIVE MUSIC & refreshments

Wednesday, May 8, 11:00am-12:00pm FIRE SAFETY PRESENTATION

Monday, May 13, 11:00am-12:00pm HAPPY MOTHER'S DAY ICE-CREAM PARTY

Wednesday, May 15 1:00pm-2:00pm ISRAEL'S INDEPENDENCE DAY CONCERT-LIVE MUSIC

Sunday, May 19, OPEN SUNDAY COMMUNITY OUTREACH DAY

Wednesday, May 29 12:00pm - 1:00pm MEMORIAL DAY CELEBRATION MINI BBQ



Partially funded by



or



UJA Federation

