



Coney Island Active Aging - NORC

(718) 943-7812

2950 West 35th Street, 2nd Floor, Brooklyn, NY 11224. Elevator in the lobby.

March 2025 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
3 11:00AM-5:00PM GAME DAY 11:30AM- 12:30PM Dance Fitness	4 9:00AM- 5:00PM VNS Nurse 12:00PM-1:30PM Pre-monthly celebration 1:30PM- 2:30PM Aerobics	5 12:30 P.M Health Presentation- "Myths about fall prevention"- L.I.U Nursing Students	6 9:00AM-5:00PM VNS Nurse 1:30PM-2:30PM Aerobics	7 9:00AM-5:00PM VNS Nurse 11:30AM-12:30PM Yoga Class 12:30PM-2:00PM Painting Class

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10 9:30AM-TRIP-Walmart Registration Required</p> <p>11:00AM-5:00PM GAME DAY</p> <p>11:30AM- 12:30PM Dance Fitness</p> <p>12:30PM- 1:30PM Self Defense Presentation</p>	<p>11 9:00AM-5:00PM VNS Nurse</p> <p>1:30PM-2:30PM Aerobics</p>	<p>12 9:30 A.M. <u>TRIP</u>- Trader's Joe @ Registration Required</p>	<p>13 9:00AM-5:00PM VNS Nurse</p> <p>1:30PM- 2:30PM Aerobics</p>	<p>14 9:00AM-5:00PM VNS Nurse</p> <p>11:30AM-12:30PM Yoga Class</p> <p>12:30PM-2:00PM Painting Class</p>
<p>17 12:30PM- 1:30 PM <u>Event</u>- Discover Live Tour & Pizza- "NORWICH,ENGLAND" Registration Required</p>	<p>18 9:00AM-5:00PM VNS Nurse</p> <p>Movie TRIP- Sheepshead Bay Movie Theatre @ 11:15 A.M. Bus Leaving. Registration Required</p>	<p>19 12:00PM <u>Presentation</u>- Burn With Weill Cornell</p>	<p>20 9:00AM-5:00PM VNS Nurse</p> <p>NYCHA Mobil Tech. Van @ 9:00 A.M. Registration Required</p> <p>1:30PM- 2:30PM Aerobics</p>	<p>21 9:00AM-5:00PM VNS Nurse</p> <p>11:30AM-12:30PM Yoga Class</p> <p>12:30PM-2:00PM Painting Class</p>

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1:30PM-2:30PM Aerobics</p>			
<p>24 11:00AM-5:00PM GAME DAY</p> <p>11:30AM- 12:30PM New Class- Dance Fitness</p> <p>12:30 PM Focus Group- What is the NORC?</p>	<p>25 9:00AM-5:00PM VNS Nurse</p> <p>1:30PM-2:30PM Aerobics</p>	<p>26 12:00PM Monthly Celebration Registration Required</p>	<p>27 9:00AM-5:00PM VNS Nurse</p> <p>1:30PM-2:30PM Aerobics</p>	<p>28 9:00AM-5:00PM VNS Nurse</p> <p>11:30AM-12:30PM Yoga Class</p> <p>12:30PM-2:00PM Painting Class</p>



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www.jasa.org

Special Event

****Saturday, March 22nd- Event- Paint & Sip @ 12 P.M. Registration Required**

Hours

Mondays - Fridays 9:00am - 5:00pm

Closed for Federal and Jewish Holidays

Donna Bailey, Program Director- dbailey@jasa.org

If You Are Interested In Participating In Any Activities, Please call 718-943-7812 for any additional information.

Other Services: Assistance with Benefits/Entitlements, Documentation Translation, Home Visits, Referrals for Meals on Wheels & Home Health Aide services, Shopping Assistance, Supportive Counseling, Tax forms, Transportation, etc.

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