



SEPTEMBER

Bartow Senior Center

MONDAY

September 14, 2020
Disaster Preparedness 101 with
Tony Barzelatto
1pm-2pm
929-205-6099
AC;98398206940

September 21, 2020
"A Caregivers Story"
A presentation in recognition
of Alzheimer's Awareness Day
1pm-2pm

TUESDAY

WEDNESDAY

Health and Wellness Support
Group
10am-11am
"Zumba with Ola"
1pm-2pm
Bereavement Hour
2pm-3pm
September 3rd, 2020
Fall Prevention Presentation
11:30am-12:30pm

THURSDAY

"Arts with Laura"
10am-12noon
Join Zoom Meeting
<https://zoom.us/j/95185448175?pwd=bIRneHNLL3YrTkREdjByQ2JOUTRNdz09> Meeting ID: 951
8544 8175 Passcode: 952410
One tap mobile +19292056099

Technology Class
Smartphone and Tablet
1pm-2pm
929-205-6099; AC;98196033514

FRIDAY

"Stretch and Tone"
With Ola
1pm-2pm
Join Zoom Meeting
<https://zoom.us/j/95615045368?pwd=Q1BuRTdj0lvTjVTcngxQStuZW1LUT09> Meeting ID: 956 1504
5368 Password: 353063 One tap
mobile +19292056099

CONTACT

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MORE INFORMATION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out www.jasa.org/events/senior-center-virtual-events

