



# OCTOBER 2020

## Bartow Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Oct 20, 2020@3pm Medicare Presentation With Ms. Dorrette Brown MPH</p>	<p>Health and Wellness Support Group 10am-11am</p> <p>Bereavement Hour 2pm-3pm</p> <p>Creative Hour With Sister Grace 5:30pm-6:30pm</p>	<p>“Arts with Laura” 10am-12noon Technology Class Smartphone and Tablet 1pm-2pm Oct 22, 2020 @1pm Breast Cancer Awareness Guest Speaker Dr. A Moadel-Robblee PH.D Director of Montefiore BOLD Cancer Wellness Program</p>	<p>“Stretch and Tone” With Ola 1pm-2pm</p> <p>Oct 23, 2020 @11am Eye Care Presentation With Dr. K. Bass</p>

### CONTACT

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### MORE INFORMATION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out [www.jasa.org/events/senior-center-virtual-events](http://www.jasa.org/events/senior-center-virtual-events)

