jasa
Proud to be the go-to agency for older New Yorkers

April 2021
JASA Rockaway Park Senior Center

MONDAY

Tai-Chi with Joe
11:00 AM- 12:00 PM

Concerts in Motion
11:00 AM Classical

Creative writing with Elizabeth
1:00 PM -2:00 PM

TUESDAY

English Computer
10:00 AM-11:00 AM

Zoom/Yoga Dance with Christine
11:00 AM- 12:00 PM

Current Events with Ed Sommerfeld
12:30 PM-2:00 PM

Virtual Tour & Travel with Christina
1:30-2:30

WEDNESDAY

NIA Stretching with Monica
11:00 AM-12:00 PM

Nutritional Lecture with Stephanie Cordaro
April 21 at 12:30 PM

Boardwalk Talks with OHEL Discussion Group
April 14 & 28 at 12:00 PM

Concerts In Motion: Broadway
12:00 PM-1:00 PM

Queens Theater/Golden Hits Wellness Trivia Every Wednesday
2:00 PM

THURSDAY

English Computer
10:00 AM-11:00 PM

Zoom/Yoga with Christine
11:00 AM-12:00 PM

Concerts In motion
11AM Variety

Trivia with Christina
1:00 PM- 2:00 PM

FRIDAY

NIA Stretching with Monica
9:00 AM-10:00 AM

Tai Chi With Ken Gray
10:00 AM-11:00AM

Concerts in Motion
Latin/ Spanish
12:00 PM
Jewish/Klezmer
1:00 PM
Motown/Soul/R&B
2:00 PM

CONTACT

Fay Schwimmer
Fschwimmer@jasa.org
106-20 Shorefront Parkway
Rockaway Park NY 11694
718-634-3044
Additional funding with generous grants from Councilman Eric Ulrich

MORE INFORMATION

JASA offers hundreds of additional FREE virtual classes through our other senior centers. Check out www.jasa.org/events/senior-center-virtual-events

NYC Department for the Aging

PROUD PARTNER UJA FEDERATION