JASA Club 76 Older Adult Center

(212) 712-0170

120 W 76th Street 3rd Floor, NY, NY 10023

November 2026 Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOTE: **Calendar is subject to change** **All Activities in Person** ***Call 212-712-0170 for appointments with Case Assistance or further info***	**2.** **11am-12pm** Chair Yoga w/ Elena (Hybrid) **12pm-1pm** Kosher Lunch **1pm-2pm** Bingo (Bi-weekly) **230pm-330pm** Drama w/ Jim	**3. Election Day** **11am-12pm** TaiChi for Arthritis w/ Nami **12pm-1pm** Kosher Lunch + Travel Tuesday **1pm-2pm** Belly Dancing w/ Chantal **2:15pm-3:15pm** Current Events (Hybrid	**4.** **11am-12pm** Tech Class w/ Ronen **12pm-1pm** Kosher Lunch **1pm-2pm** Pilates Class w/ Chris Avery **1:30pm-3pm** Chess w/ Jonathan **230pm-3:30pm** Tech Drop In Hour w/ Ron	**5. TRIP** **9:30AM-1:00PM** **Trip to Costco** **Limited, RSVP** **11am-12pm** Word Search Hour **12pm-1pm** Kosher Lunch **1pm-2pm** Line Dancing w/ Des **2pm-3:30pm** Creative Writing w/ Royal Alvis (Hybrid)	**6.** **11am-12:30pm** Sew, Knit & Crochet w/Lisa **12pm-1pm** Kosher Lunch **1PM-2PM** Occupational Therapy Workshop with Interns	**7.**

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08.	**09.** **11am-12pm** Chair Yoga w/ Elena (Hybrid) **12pm-1pm** Kosher Lunch **1pm-230pm** Leisure Games **230pm-330pm** Drama w/ Jim	**10.** **10am-12pm** Freestyle Art w/ Nadia **11am-12pm** TaiChi for Arthritis w/ Nami **12pm-1pm** Kosher Lunch + travel tuesday **1pm-2pm** Belly Dancing w/ Chantal **2:15pm-3:15pm** Current Events (Hybrid	**11. Veteran's Day** **11am-12pm** Tech Class w/ Ronen **12pm-1pm** Kosher Lunch +acknowledge our Veterans at Club 76 **1pm-2pm** Pilates Class w/ Chris Avery **1:30pm-3pm** Chess w/ Jonathan **230pm-3:30pm** Tech Drop In Hour w/ Ron	**12.** **11am-12pm** Advisory Council Meeting **12pm-1pm** Kosher Lunch **1pm-2pm** Line Dancing w/ Des **130pm-230pm** Mix media Art w/ Uniqua (monthly) **2pm-3:30pm** Creative Writing w/ Royal Alvis (Hybrid)	**13.** **11am-12pm** Story Telling/w Shoon + cookies **12pm-1pm** Kosher Lunch **1PM-3PM** Dreamcatcher Weaving w/ Staff **National Native American Heritage Month**	**14.**
15.	**16.** **11am-12pm** Chair Yoga w/ Elena (Hybrid) **12pm-1pm** Kosher Lunch **1pm-2pm** Bingo (Bi-weekly) **230pm-330pm** Drama w/ Jim	**17.** **11am-12pm** TaiChi for Arthritis w/ Nami **12pm-1pm** Kosher Lunch + Presentation/w Medicare Rights Center, RSVP **1pm-2pm** Belly Dancing w/ Chantal **2:15pm-3:15pm** Current Event (Hybrid)	**18.** **11am-12pm** Tech Class w/ Ronen **12pm-1pm** Kosher Lunch + Nutrition Presentation w/ Lisa **1pm-2pm** Pilates Class w/ Chris Avery **1:30pm-3pm** Chess w/ Jonathan **230pm-3:30pm** Tech Drop In Hour w/ Ron	**19. Special Event** **11am-12pm**: Word Search hour **12pm-1pm** Thanksgiving Luncheon + Dessert, RSVP **1pm-2pm** Line Dancing w/ Des **2pm-3:30pm** Creative Writing w/Royal (Hybrid)	**20.** **11am-12:30pm** Sew, Knit & Crochet w/Lisa **12pm-1pm** Kosher Lunch **1PM-2PM** Occupational Therapy Workshop with Interns	**21.**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22. **11am-12pm** Color your stress away and Meditation Music **12pm-1pm** Kosher Lunch **1pm-3pm** Glamour Gals Manicure: Filing & Painting only! (RSVP) + dessert	**23.** **11am-12pm** Chair Yoga w/ Elena (Hybrid) **12pm-1pm** Kosher Lunch **1pm-230pm** Leisure Games **230pm-330pm** Drama w/ Jim	**24.** **11am-12pm** TaiChi for Arthritis w/ Nami **12pm-1pm** Kosher Lunch **1pm-3pm** Movie: Casablanca (1942)	**25.** **11am-12pm** Tech Class w/ Ronen **12pm-1pm** Kosher Lunch +Nutrition Presentation w/ Tiana Rainford (JASA) **1pm-2pm** Pilates Class w/ Chris Avery **Early Closure: 3pm**	**26.** **THANKGIVING Holidays JASA CLUB 76 OAC Will be closed!**	**27.** **THANKGIVING Holidays JASA CLUB 76 OAC Will be closed!**	**28.**
29.	**30. PARTY** **11am-12pm** Chair Yoga w/ Elena (Hybrid) **12pm-1pm** Kosher Lunch **1pm-3pm** November Birthday Party +Cake Theme: Camping wear plaid if possible					

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November 2026 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menu is subject to change **Meals are first come, First served.** *For Grab & Go Meals, meals are frozen, and must be picked up daily, during the lunch hour 12pm-1pm* **Note: you can only have a lunch meal to stay OR a frozen meal to go**	**2.** Pepper Steak Vegetable Lo Mein Broccoli Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**3.** Turkey Shepherd Pie Toss Salad with Dressing Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**4.** Salmon Salad Pasta Salad Red Cabbage Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**5. Vegetarian** Curry Chickpea Stew Brown Rice Toss Salad with dressing Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**6.** Asian Style Honey Chicken Red Potatoes Cabbage Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**7.**
08. **NOTE:** **Milk is distributed for those who would like it taken home.**	**09.** Turkey Chilli Brown Rice Carrots Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**10. Vegetarian** Kasha Kish Israeli Salad with Chickpeas Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**11.** Breaded Fish Fillets Rice A Roni Spinach Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**12.** Beef Pot Roast Sweet Potatoes Coleslaw Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**13.** Hawaiian Chicken Potato Souffle Carrots Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**14.**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15.	**16.** Chicken Pot Pie Toss Salad with dressing Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**17.** Beef Meatballs Acini de Pepe with onions Spinach Souffle Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**18. Vegetarian** Lentil Stew Brown Rice Broccoli Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**19. Special Menu** Turkey Breast with Stuffing Sweet Potatoes Green Beans With Tomatoes Gravy Cranberry Relish Fruit **1% Low Fat Milk to go**	**20.** Roasted Chicken Roasted Potatoes Carrots Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**21.**
22. Open Sunday Breaded Chicken Cutlet Sweet Potato Broccoli Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**23.** Fish Francaise Mash Potatoes Green Bean Salad Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**24. Vegetarian** Whole Wheat Bean Burrito Brown Rice Garden Salad with Dressing Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**25.** Beef Stuffed Cabbage Rice Carrots Whole Wheat Bread Fruit **1% Low Fat Milk to go**	**26.** **CLOSED** **Happy Thanksgiving!**	**27.** **CLOSED** **Happy Thanksgiving!**	**28.**
29.	**30.** Beef Hamburger Roasted Potatoes Coleslaw Whole Wheat Bread Fruit **1% Low Fat Milk to go**					

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Mondays - Fridays 8:00am - 4:00pm

Closed for Federal and Jewish Holidays

Upcoming Closure: November 26 and November 27, 2026

Daily Kosher Lunch

Mondays - Fridays

12:00pm - 1:00pm - 3rd floor Ballroom

Club 76 Older Adult Center Staff

Jessica Infante, Program Director, jinfante@jasa.org

Joselyn Feliciano M.S.W, Assistant Director, jfeliciano@jasa.org

Vivian Gelberman L.M.S.W, Case Manager, vgelberman@jasa.org

November 2026 Activities/Programming

Daylight Savings November 1, 2026: Clock falls back an hour

Line dancing Thursdays in November at 1pm, Zumba resumes in December

Veterans Luncheon November 11, 2026

Medicare Presentation November 17, 2026, RSVP

Open Sunday November 22, 2026, RSVP

Thanksgiving Luncheon on November 19, 2026, RSVP

November Birthday Party on November 30 , 2026, RSVP

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