Scheuer House of CI Older Adult Center

Phone Number (718) 373-3954

3601 Surf Avenue, Brooklyn, NY, 11224

November 2026 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30am-11:30am Chinese Karaoke 11:00am-1:00pm Fine Art Class 11:30am-1:00pm Congregate Lunch 1:00pm-3:00pm Crochet Class 3:15pm-4:00pm Exercise Class with Anatoliy 4:00pm-5:00pm Technology Class	**3** 10:00am-11:00am Blood Pressure Screening 10:00am-11:00am Garden Club 11:30am-1:00pm Congregate Lunch **1:00pm Health Lecture by Yeshiva University Students and RN** 1:00pm-5:00pm Neighborhood Tech Help **1:00pm-2:00pm NEW Dance Class with Oksana**	**4** 10:00am-11:00am Blood Pressure Screening 11:30am-1:00pm Congregate Lunch **2:00pm-3:00pm Art of Calm Group with Sofya** 3:15pm-4:00pm Exercise Class with Anatoliy 4:00pm-5:00pm Technology Class	**5** **Trip to Brooklyn Museum** 10:30am-11:30am Aerobics 11:00am-1:00pm Library and Book Discussion 11:30am-1:00pm Congregate Lunch 12:30pm-2:00pm Jewelry Design **1:00pm Health Lecture by Yeshiva University Students and RN** **1:00pm-2:00pm NEW ESL Class with Oksana** 2:00pm-4:00pm Chinese Karaoke	**6** **10:00am ESL with Irina** 11:30am-1:00pm Congregate Lunch 12:45pm-1:45pm Chair Yoga with Dinara 3:00pm-5:00pm Leisure Games

Department for the Aging

Calendar is subject to change*

PROUD PARTNER UJA Federation NEW YORK

Monday	Tuesday	Wednesday	Thursday	Friday
9 9:30am-11:30am Chinese Karaoke 11:00am-1:00pm Fine Art Class 11:30am-1:00pm Congregate Lunch 1:00pm-3:00pm Crochet Class **No Exercise or Computer class**	**10** **Trip to Central Synagogue - Organ Concert** 10:00am-11:00am Blood Pressure Screening 10:00am-11:00am Garden Club 11:30am-1:00pm Congregate Lunch **1:00pm Health Lecture by Yeshiva University Students and RN** 1:00pm-5:00pm Neighborhood Tech Help **1:00pm-2:00pm NEW Dance Class with Oksana**	**11** 10:00am-11:00am Blood Pressure Screening 11:30am-1:00pm Congregate Lunch **2:00pm-3:00pm Art of Calm Group with Sofya** 3:15pm-4:00pm Exercise Class with Anatoliy 4:00pm-5:00pm Technology Class	**12** **Trip to Ceasar's Bay Plaza** 10:30am-11:30am Aerobics 11:00am-1:00pm Library and Book Discussion 11:30am-1:00pm Congregate Lunch 12:30pm-2:00pm Jewelry Design **1:00pm Health Lecture by Yeshiva University Students and RN** **1:00pm-2:00pm NEW ESL Class with Oksana** 2:00pm-4:00pm Chinese Karaoke **2:00pm Russian Social Club - "Andalusia" Malaga**	**13** **10:00am ESL with Irina** 11:30am-1:00pm Congregate Lunch 12:00pm-1:00pm Health Lecture 12:45pm-1:45pm Chair Yoga with Dinara 3:00pm-5:00pm Leisure Games
16 9:30am-11:30am Chinese Karaoke 11:00am-1:00pm Fine Art Class 11:30am-1:00pm Congregate Lunch 1:00pm-3:00pm Crochet Class 3:15pm-4:00pm Exercise Class with Anatoliy 4:00pm-5:00pm Technology Class	**17** 10:00am-11:00am Blood Pressure Screening 10:00am-11:00am Garden Club 11:30am-1:00pm Congregate Lunch **1:00pm Health Lecture by Yeshiva University Students and RN** 1:00pm-5:00pm Neighborhood Tech Help **1:00pm-2:00pm NEW Dance Class with Oksana** **2:00pm New "Sharing Reflections" group in Russian**	**18** 10:00am-11:00am Blood Pressure Screening 11:30am-1:00pm Congregate Lunch **2:00pm-3:00pm Art of Calm Group with Sofya** 3:15pm-4:00pm Exercise Class with Anatoliy 4:00pm-5:00pm Technology Class	**19** **Trip Medieval Times** 10:30am-11:30am Aerobics 11:00am-1:00pm Library and Book Discussion 11:30am-1:00pm Congregate Lunch 12:30pm-2:00pm Jewelry Design **1:00pm Health Lecture by Yeshiva University Students and RN** **1:00pm-2:00pm NEW ESL Class with Oksana** 2:00pm-4:00pm Chinese Karaoke	**20** **10:00am ESL with Irina** 11:30am-1:00pm Congregate Lunch 12:45pm-1:45pm Chair Yoga with Dinara **2:30pm Special Program-Shared Stories/Shared Tables** 3:00pm-5:00pm Leisure Games

NYC Department for the Aging

Calendar is subject to change*

PROUD PARTNER UJA Federation NEW YORK

Monday	Tuesday	Wednesday	Thursday	Friday
23 **Trip to Hobby Lobby** 9:30am-11:30am Chinese Karaoke 11:00am-1:00pm Fine Art Class 11:30am-1:00pm Congregate Lunch 1:00pm-3:00pm Crochet Class 3:15pm-4:00pm Exercise Class with Anatoliy 4:00pm-5:00pm Technology Clas	**24** 10:00am-11:00am Blood Pressure Screening 10:00am-11:00am Garden Club 11:30am-1:00pm Congregate Lunch **11:00am National Sardines Day** **1:30pm Thanksgiving Concert- Popular Toons** 1:00pm-5:00pm Neighborhood Tech Help **1:00pm-2:00pm NEW Dance Class with Oksana**	**25** 10:00am-11:00am Blood Pressure Screening 11:30am-1:00pm Congregate Lunch **2:00pm-3:00pm Art of Calm Group with Sofya** **No Exercise or Computer class**	**26** **Center is closed Thanksgiving Day**	**27** **Center is Closed Thanksgiving Day**
30 9:30am-11:30am Chinese Karaoke 11:00am-1:00pm Fine Art Class 11:30am-1:00pm Congregate Lunch 1:00pm-3:00pm Crochet Class 3:15pm-4:00pm Exercise Class with Anatoly 4:00pm-5:00pm Technology Class				

Scheuer House of CI Older Adult Center

Phone Number (718) 373-3954

3601 Surf Avenue, Brooklyn, NY, 11224

November 2026 Lunch Menu

Menu subject to change depending on food availability

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pepper Steak Vegetable Lo Mein Steamed Broccoli Bread Fruit Milk	**3** Shepherd Pie with Turkey Corn, Black Bean and pepper salad Tomato and Cucumber Salad and the Dressing Bread Fruit Milk	**4** Salmon Cakes with Dill Lemon Sauce Cous Cous Cucumber Salad Bread Fruit Milk	**5** Curry Chickpea Stew Brown Rice Tossed Salad with Dressing Bread Fruit Milk	**6** Baked Asian Style Honey Chicken Roasted Spiced Red Potatoes Savory Braised Cabbage Bread Fruit Milk
9 Turkey Chilli con Carne Brown Rice Steamed carrots Wholegrain yellow corn tortillas Bread Fruit Milk	**10** Kasha Knish Israeli Salad Chickpeas Bread Fruit Milk	**11** Baked Breaded Fish Fillets Rice A Roni Creamy Spinach Bread Fruit Milk	**12** Beef Pot Roast Coleslaw Mashed Sweet Potatoes Bread Fruit Milk	**13** Hawaiian Chicken Potato Souffle Steamed Carrots Bread Fruit Milk

NYC Department for the Aging

Calendar is subject to change*

PROUD PARTNER UJA Federation NEW YORK

Monday	Tuesday	Wednesday	Thursday	Friday
16 Individual Chicken Pot Pie Tossed Salad with Chickpeas and Dressing Bread Fruit Milk	**17** Sweet and Sour Beef Meatballs Toasted Acini de Pepe with Onions Spinach Souffle Bread Fruit Milk	**18** Aromatic Lentil Stew with Carrots and Turnips Brown Rice Steamed Broccoli Bread Fruit Milk	**19** Teriyaki Baked Fish Springtime Fried Brown Rice Steamed Green Beans Bread Fruit Milk	**20** Roasted Chicken Carrot Tzimmes Roasted Potatoes Bread Fruit Milk
23 Fish Francaise Green Bean Salad Mashed Potatoes Bread Fruit Milk	**24** Traditional Whole Wheat Bean Burrito Brown Rice Garden Salad Bread Fruit Milk	**25** Stuffed Cabbage with Beef Steamed Carrots Bread Fruit Milk	**26** Shepherd Pie Beets and Onion Salad Chickpeas Bread Fruit Milk	**27** Baked Breaded Chicken Cutlet Brown Gravy Whole Wheat Pasta Primavera Health Slaw Bread Fruit Milk
30 Beef Hamburger Coleslaw Roasted Spiced Red Potatoes Bread Fruit Milk	**1** No Noodle Chicken Chicken Fried Brown Rice Vegetable Mix Bread Fruit Milk	**2** Baked Salmon Rice Pilaf Israeli Salad Bread Fruit Milk	**3** Meaty Vegetarian Moussaka Beet Salad Bread Fruit Milk	**4** Chicken Shawarma Spiced Majadra(Middle eastern Brown rice, Lentils, caramelized onions) Carrot salad Bread Fruit Milk

NYC Department for the Aging

Calendar is subject to change*

PROUD PARTNER UJA Federation NEW YORK

Scheuer House of CI Older Adult Center
3601 Surf Ave, Brooklyn, NY 11224 (718) 373-3954
Email www.jasa.org

Hours
Mondays - Fridays 9:00am - 5:00pm
Closed for Federal and Jewish Holidays

Daily Lunch Mondays - Fridays
11:30am - 1:00pm - Dining Room

Scheuer House of CI Older Adult Center Staff
Diana Vinnitsky, Program Director, dvinnitsky@jasa.org
Anatoli Kardiukov, Assistant Director, akardiukov@jasa.org
Tetyana Fulcar, Program Coordinator, tfulcar@jasa.org
Lyubov Liberman, Case Manager lliberman2@jasa.org

Food Tech Jacob Kaplan
Food Tech Lorana Alexandre

NYC Department for the Aging

Calendar is subject to change*

PROUD PARTNER UJA Federation NEW YORK

November 2026 New Activities/Programming

November 3rd - 1pm-2pm New Dance Class with Oksana
November 4th - 2pm-3pm Art of Calm Group with Sofia
November 5th - Trip to Brooklyn Museum
November 5th - 1pm-2pm New ESL Class with Oksana
November 9th - No Classes with Anatoliy
November 10th -Trip to Central Synagogue - Organ concert
November 10th - 1pm-2pm New Dance Class with Oksana
November 11th - 2pm-3pm Art of Calm Group with Sofia
November 12th - Trip to Ceasar's Bay Plaza
November 12th - 1pm-2pm New ESL Class with Oksana
November 12th - 2:30pm Russian Social Club "Andalusia Malaga"
November 17th - 1pm-2pm New Dance Class with Oksana
November 17th - 2:00pm NEW "Sharing Reflections" Group in Russian
November 18th - 2pm-3pm Art of Calm Group with Sofia
November 19th - Trip Medieval Times
November 19th - 1pm-2pm New ESL Class with Oksana
November 20th - 2:30pm Shared Stories/ Shared Tables
November 23rd - Trip to Hobby Lobby
November 24th - 1:30pm - Thanksgiving Concert (Popular Toons)
November 24th - 1:00pm-2:00pm NEW Dance Class with Oksana
November 25th- 2pm-3pm Art of Calm Group with Sofia
November 25th - No Exercise or Computer class

November 25 and November 26th - Center is closed for Thanksgiving
Health Lectures Every Tuesday & Thursday by Ushiva University Students and Registered Nurses

NYC Department for the Aging

Calendar is subject to change*

PROUD PARTNER UJA Federation NEW YORK