Holliswood Older Adult Center November 2026 Activity Calendar

86-25 Francis Lewis Blvd., Jamaica, NY 11427T.: 718-454-6157 Holliswoodevents@jasa.org

Days of Operation: Mon. –Fri. Hours of Operation: 8:00am to 4:00pm Kosher Lunches are served: Noon to 1:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Program are subject to change HABLAMOS ESPANOL AQUI	2 10:00am Canasta Play/Mah Jongg Play 11:00am Modern Dance w/ Rudy 12:30pm Health Management w/Dr. Rick 2:00 pm Bingo w/ Alma	3 10:00am Daily Exercise w/ Mary Grace 11AM Trivia Games w/ Alma 12:15pm Medicare presentation w/Insurance Agent Eilene 1:00PM Line Dancing w/ Shell 2:00pm Pokeno Play w/ Debra	4 10:00am Canasta/Mah jongg Play 11:00am Daily Exercise w/Mary Grace 12:30pm Town Hall Meeting w/Alma and Advisory Council Election Q&A w/ Mariah 1:15PM Jewelry Making w/ Theresa 2:30pm Rummikub Play	5 10:00am Bridge Supervision w David 11:00am Daily Exercise w/Mary Grace 1:00pm Hollis Knitting Club w/Florence 2:00pm Men's Support Group w/Steve	6 10:00am Daily Exercise w Mary Grace 11:00am In-house Games w /Alma 1:30pm Senior Tech Help/Information w/Mariah 2:00pm Karaoke w Alma *Voting for Advisory Council Election Begins*
	9 10:00am Canasta Play/Mah Jongg Play 11:00am Modern Dance w/ Rudy 12:30pm Nutrition Lesson w/Dr. Rick 2:00pm Paint by Sticker w/ Mariah	10 10:00am Daily Exercise w/ Mary Grace 11AM Book Club Discussion: *Be Ready When the Luck Happens* w/ Librarian Cristina 1:00PM Line Dancing w/ Shell 2:00pm Pokeno Play w/ Debra	11 10:00am Canasta/Mah jongg Play 11:00am Daily Exercise w/Mary Grace 12:30pm HealthFirst Mental Health Presentation w/ Russell 1:15pm Celebrating November Birthdays w/Ernest 2:00pm Significance of Veteran's Day w/Alma 2:30pm Rummikub Play	12 10:00am Bridge Supervision w David 11:00am Daily Exercise w/Mary Grace 12:30pm Trust & Will Presentation w/ Financial Advisor Aaron 1:00pm Hollis Knitting Club w/Florence 2:00pm Men's Support Group w/Steve	13 10:00am Bridge Lessons w/David 10:30am Chair Yoga w/Laura 1:15pm Senior Tech Help/Information w/Mariah 2:00pm Significance of Friday the 13th Presentation & WindChime Craft w/ Mariah *Advisory Council Candidate Interest Form Deadline*
	16 10:00am Canasta Play/Mah Jongg Play 11:00am Modern Dance w/ Rudy 12:30pm Health Management w/Dr. Rick 2:00pm Rhinestone Art Work w/ Mariah	17 10:00am Daily Exercise w/ Mary Grace 11AM Trivia Games w/Alma 12:15pm National Baklava Day presentation w / Mariah 1:00PM Line Dancing w/ Shell 2:00pm Pokeno Play w/ Debra	18 10:00am Canasta/Mah jongg Play 11:00am Daily Exercise w/Mary Grace 12:30pm Blood Pressure screening w/Dalia 1:15PM Jewelry Making w/ Theresa 1:15PM Ice Cream social w/Ernest & Mariah 2:30pm Karaoke w/Alma	19 10:00am Bridge Supervision w David 11:00am Daily Exercise w/Mary Grace 12:15pm Access to Home Program w/ CIDNY Crystal & Perla 1:00pm Hollis Knitting Club w/Florence 2:00pm Men's Support Group w/Steve 3:00pm Holliswood Thanksgiving Group Decoration w / Alma	20 ***Holliswood OAC Special Thanksgiving Celebration***
	23 10:00am Canasta Play/Mah Jongg Play 11:00am Modern Dance w/ Rudy 12:30pm Nutrition Lesson w/Dr. Rick 2:00pm Bingo w/Alma	24 10:00am Daily Exercise w/ Mary Grace 11AM Puzzle Social 12:15pm Emergency Preparedness w/ Ready NY 1:00PM Line Dancing w/ Shell 2:00pm Pokeno Play w/ Debra	25 10:00am Canasta/Mah jongg Play 11:00am Daily Exercise w/Mary Grace 12:30pm Understanding Medicare Now presentation w/Gary 1:30PM Native American Heritage Month Presentation & Basket Weaving w/ Mariah	26 ***JASA Holliswood Closed for Thanksgiving***	27 ***JASA Holliswood Closed for Thanksgiving***
	30 10:00am Canasta Play/Mah Jongg Play 11:00am Modern Dance w/ Rudy 12:30pm Health Management w/Dr. Rick 2:00pm In-house Games w/ Alma	***Program Director*** ALMA GONZALEZ, ***X2203*** ***AGONZALEZ@JASA.ORG*** ***Assistant Program Director*** Mariah Bailey, **X2198** MBAILEY@JASA.ORG ***Case Management & Social Work Supervisor*** Terri Miller, TMILLER2@JASA.ORG			

Holliswood OAC November 2026 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Program are subject to change HABLAMOS ESPANOL AQUI	2 Pepper Steak Vegetable Lo Mein Steamed Broccoli Apple	3 Shepherd Pie with Turkey Corn, Black Bean and Pepper Salad Tomato and Cucumber Salad with Dressing Applesauce	4 Salmon Salad Red Cabbage Slaw and Black Bean, Corn & Red Pepper Salad Kiwis (2)	5 Curry Chickpea Stew Brown Rice Tossed Salad with Dressing Banana	6 Baked Asian Style Honey Chicken Springtime Fried Brown Rice California Blend Vegetables Orange
	9 Turkey Chili con Carne Brown Rice Whole Grain Yellow Corn Tortillas Steamed Carrots Kiwis (2)	10 Kasha Knish Hummus Israeli Salad with Chickpeas Apple	11 Baked Breaded Fish Fillets Rice A Roni Creamy Spinach Applesauce	12 Beef Pot Roast Mashed Sweet Potatoes Coleslaw Orange	13 Hawaiian Chicken Potato Souffle Steamed Carrots Banana
	16 Individual Chicken Pot Pie Tossed Salad with Chickpeas and Dressing Applesauce	17 Sweet and Sour Beef Meatballs Toasted Acini de Pepe with Onions Spinach Souffle Orange	18 Aromatic Lentil Stew with Carrots and Turnips Brown Rice Steamed Broccoli Kiwis (2)	19 Teriyaki Baked Fish Springtime Fried Brown Rice Steamed Green Beans Pear	20 Holliswood OAC Thanksgiving Celebration
	23 Fish Francaise Mashed Potatoes Green Bean Salad Orange	24 Whole Wheat Bean Burrito Brown Rice Garden Salad Pear	25 Stuffed Cabbage with Beef Steamed Carrots Apple	26 *JASA Holliswood Closed for Thanksgiving*	27 *JASA Holliswood Closed for Thanksgiving*
	30 Beef Hamburger Roasted Spiced Red Potatoes Coleslaw Pear	***Program Director*** ALMA GONZALEZ, ***X2203*** ***AGONZALEZ@JASA.ORG*** ***Assistant Program Director*** Mariah Bailey, **X2198** MBAILEY@JASA.ORG ***Case Management & Social Work Supervisor*** Terri Miller, TMILLER2@JASA.ORG			